ESWATINI

RISK OF PREMATURE DEATH DUE TO NCDS (%)*

PROPORTIONAL MORTALITY*

- 13% Cardiovascular diseases
- 10% Other NCDs
- 6% Cancers
- 54% Communicable, maternal, perinatal and nutritional conditions
- 3% Chronic respiratory diseases
- 10% Injuries
- 6% Diabetes

NATIONAL TARGET SET DATA YEAR MALES FEMALES TOTAL

MORTALITY*

- Premature mortality from NCDs
  - Total NCD deaths
    - Risk of premature death between 30-70 years (%) 2016 30 24 27

- Suicide mortality
  - Suicide mortality rate (per 100 000 population) 2016 - - 13

RISK FACTORS

- Harmful use of alcohol
  - Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol) 2016 17 3 10

- Physical inactivity
  - Physical inactivity, adults aged 18+ (%) 2016 22 31 27

- Salt/Sodium intake
  - Mean population salt intake, adults aged 20+ (g/day) 2016 7 6 6

- Tobacco use
  - Current tobacco smoking, adults aged 15+ (%) 2016 15 2 8

- Raised blood pressure
  - Raised blood pressure, adults aged 18+ (%) 2015 21 23 22

- Diabetes
  - Obesity, adults aged 18+ (%) 2016 4 22 14
  - Obesity, adolescents aged 10-19 (%) 2016 2 8 5

- Ambient air pollution
  - Exceedance of WHO guidelines level for annual PM2.5 concentration (proportion) 2016 - - 2

- Household air pollution
  - Population with primary reliance on polluting fuels and technologies (%) 2016 - - 50

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

- % of the population

OBSERVATION

- % of the population

RAISED BLOOD PRESSURE

- % of the population

NATIONAL SYSTEMS RESPONSE

- Drug therapy to prevent heart attacks and strokes
  - Proportion of population at high risk for CVD or with existing CVD (%) 2014 9
  - Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%) 2014 43
  - Proportion of primary health care centres reported as offering CVD risk stratification 2017 None
  - Reported having CVD guidelines that are utilized in at least 50% of health facilities 2017 No

- Essential NCD medicines and basic technologies to treat major NCDs
  - Number of essential NCD medicines reported as "generally available" 2017 10 out of 10
  - Number of essential NCD technologies reported as "generally available" 2017 4 out of 6

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)