**Togo**

Total population: 6 643 000  
Income Group: Low

Percentage of population living in urban areas: 38.0%  
Population proportion between ages 30 and 70 years: 28.2%

**Premature mortality due to NCDs***

The probability of dying between ages 30 and 70 years from the 4 main NCDs is 20%.

**Proportional mortality (% of total deaths, all ages, both sexes)**

Cardiovascular diseases 11%  
Cancers 4%  
Chronic respiratory diseases 1%  
Diabetes 2%  
Other NCDs 12%

Total deaths: 65,000  
NCDs are estimated to account for 30% of total deaths.

**Adult risk factors**

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Males</th>
<th>Females</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current tobacco smoking (2011)</td>
<td>14%</td>
<td>2%</td>
<td>8%</td>
</tr>
<tr>
<td>Total alcohol per capita consumption, in litres of pure alcohol (2010)</td>
<td>3.8</td>
<td>0.9</td>
<td>2.3</td>
</tr>
<tr>
<td>Raised blood pressure (2008)</td>
<td>33.3%</td>
<td>29.8%</td>
<td>31.5%</td>
</tr>
<tr>
<td>Obesity (2008)</td>
<td>2.8%</td>
<td>5.7%</td>
<td>4.3%</td>
</tr>
</tbody>
</table>

**National systems response to NCDs**

- Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent  
  Yes
- Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors  
  Yes
- Has an operational policy, strategy or action plan to reduce the harmful use of alcohol  
  Yes
- Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity  
  Yes
- Has an operational policy, strategy or action plan to reduce the burden of tobacco use  
  Yes
- Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets  
  Yes
- Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach  
  No
- Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets  
  No
- Has a national, population-based cancer registry  
  No

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).