TAJIKISTAN

**RISK OF PREMATURE DEATH DUE TO NCDs (%)**

- Cardiovascular diseases: 42%
- Other NCDs: 12%
- Cancers: 10%
- Communicable, maternal, perinatal and nutritional conditions: 23%
- Chronic respiratory diseases: 4%
- Injuries: 8%
- Diabetes: 2%

**PROPORTIONAL MORTALITY**

- Total NCD deaths: 31,900
- Suicide mortality rate: 2 per 100,000 population
- Total alcohol per capita consumption: 3 litres of pure alcohol
- Physical inactivity: 37%
- Mean population salt intake: 14 g/day
- Current tobacco smoking: 30%
- Raised blood pressure: 21%
- Obesity: 13%

**CURRENT TOBACCO SMOKING**

- Current tobacco smoking: 30%
- Projected linear trends: Past trends, Global targets

**CURRENT TOBACCO SMOKING OBESITY RAISED BLOOD PRESSURE**

**SELECTED ADULT RISK FACTOR TRENDS**

- Alcohol use: X
- Physical inactivity: ✓
- Salt/Sodium intake: X
- Tobacco use: ✓
- Raised blood pressure: ✓
- Diabetes: X
- Obesity: ✓
- Ambient air pollution: -
- Household air pollution: -

**NATIONAL SYSTEMS RESPONSE**

- Drug therapy to prevent heart attacks and strokes: X
- Essential NCD medicines and basic technologies to treat major NCDs: X

**9 300 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO “BEST BUYS”**

- Male projected linear trends: Past trends, Global targets
- Female projected linear trends: Past trends, Global targets

**SELECTED PRINCIPAL UNDERLYING CAUSES OF DEATH (%)**

- Cardiovascular diseases: 42%
- Cancers: 23%
- Communicable, maternal, perinatal and nutritional conditions: 8%
- Injuries: 22%
- Chronic respiratory diseases: 10%
- Diabetes: 7%

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*The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)*

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