TURKMENISTAN

RISK OF PREMATURE DEATH DUE TO NCDs (%)*

PROPORTIONAL MORTALITY*

- 47% Cardiovascular diseases
- 15% Other NCDs
- 11% Cancers
- 17% Communicable, maternal, perinatal and nutritional conditions
- 2% Injuries

NATIONAL TARGET SET DATA YEAR MALES FEMALES TOTAL

MORTALITY*

- Premature mortality from NCDs
  - Total NCD deaths 2016 16 100 14 000 30 100
  - Risk of premature death between 30-70 years (%) 2016 37 23 29
- Suicide mortality
  - Suicide mortality rate (per 100 000 population) 2016 - - 7

RISK FACTORS

- Harmful use of alcohol
  - Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol) 2016 10 2 5
- Physical inactivity
  - Physical inactivity, adults aged 18+ (%) 2016 ...
- Salt/Sodium intake
  - Mean population salt intake, adults aged 20+ (g/day) 2010 14 13 14
- Tobacco use
  - Current tobacco smoking, adults aged 15+ (%) 2016 ...
- Raised blood pressure
  - Raised blood pressure, adults aged 18+ (%) 2015 23 21 22
- Diabetes
  - Raised blood glucose, adults aged 18+ (%) 2014 10 10 10
  - Obesity, adults aged 18+ (%) 2016 15 20 18
  - Obesity, adolescents aged 10-19 (%) 2016 5 3 4
- Ambient air pollution
  - Exceedance of WHO guidelines level for annual PM2.5 concentration (proportion) 2016 - - 2
- Household air pollution
  - Population with primary reliance on polluting fuels and technologies (%) 2016 - - <5

25 900 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO “BEST BUYS”

NATIONAL SYSTEMS RESPONSE

- Drug therapy to prevent heart attacks and strokes
  - Proportion of population at high risk for CVD or with existing CVD (%) 2013 20
  - Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%) 2013 80
  - Proportion of primary health care centres reported as offering CVD risk stratification 2017 25% to 50%
  - Reported having CVD guidelines that are utilized in at least 50% of health facilities 2017 Yes

- Essential NCD medicines and basic technologies to treat major NCDs
  - Number of essential NCD medicines reported as “generally available” 2017 9 out of 10
  - Number of essential NCD technologies reported as “generally available” 2017 5 out of 6

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)