Timor-Leste

Total population: 1,114,000
Income Group: Lower middle

Percentage of population living in urban areas: 28.3%
Population proportion between ages 30 and 70 years: 22.3%

Adult risk factors

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Males</th>
<th>Females</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current tobacco smoking (2011)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total alcohol per capita consumption, in litres of pure alcohol (2010)</td>
<td>1.0</td>
<td>0.1</td>
<td>0.6</td>
</tr>
<tr>
<td>Raised blood pressure (2008)</td>
<td>24.6%</td>
<td>20.8%</td>
<td>22.7%</td>
</tr>
<tr>
<td>Obesity (2008)</td>
<td>1.4%</td>
<td>4.0%</td>
<td>2.7%</td>
</tr>
</tbody>
</table>

National systems response to NCDs

- Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent: ND
- Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors: ND
- Has an operational policy, strategy or action plan to reduce the harmful use of alcohol: ND
- Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity: ND
- Has an operational policy, strategy or action plan to reduce the burden of tobacco use: ND
- Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets: ND
- Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach: ND
- Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets: ND
- Has a national, population-based cancer registry: ND

*The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).
ND = Country did not respond to country capacity survey
… = no data available