### TIMOR-LESTE

**RISK OF PREMATURE DEATH DUE TO NCDs (%)**

- **Cardiovascular diseases**: 18%
- **Other NCDs**: 10%
- **Cancers**: 12%
- **Communicable, maternal, perinatal and nutritional conditions**: 46%
- **Chronic respiratory diseases**: 4%
- **Injuries**: 9%
- **Diabetes**: 1%

**PROPORTIONAL MORTALITY**

- **Total NCD deaths**: 2016 - 3,300
- **Risk of premature death between 30-70 years (%)**: 2016 - 20
- **Suicide mortality rate (per 100,000 population)**: 2016 - 5

**RISK FACTORS**

- **Harmful use of alcohol**: 2016 - 2
- **Physical inactivity**: 2016 - 17
- **Salt/Sodium intake**: 2010 - 11
- **Tobacco use**: 2016 - 42
- **Raised blood pressure**: 2015 - 21
- **Diabetes**: 2016 - 3
- **Obesity**: 2016 - 93

**SELECTED ADULT RISK FACTOR TRENDS**

- **CURRENT TOBACCO SMOKING**
- **OBESITY**
- **RAISED BLOOD PRESSURE**

**NATIONAL SYSTEMS RESPONSE**

- **Drug therapy to prevent heart attacks and strokes**: 2014 - 1
- **Essential NCD medicines and basic technologies to treat major NCDs**: 2017 - 6 out of 10

*The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).*

---