**Tonga**

**Total population:** 105,000  
**Income Group:** Upper middle

**Percentage of population living in urban areas:** 23.4%  
**Population proportion between ages 30 and 70 years:** 32.7%

### Premature mortality due to NCDs*

**Cardiovascular Diseases**  
**Chronic Respiratory Diseases**  
**Cancers**  
**Diabetes**

![No Data Available](image)

**Total deaths:** 700

### National systems response to NCDs

- Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent: **Yes**
- Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors: **Yes**
- Has an operational policy, strategy or action plan to reduce the harmful use of alcohol: **Yes**
- Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity: **Yes**
- Has an operational policy, strategy or action plan to reduce the burden of tobacco use: **Yes**
- Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets: **Yes**
- Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach: **No**
- Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets: **No**
- Has a national, population-based cancer registry: **No**

### Adult risk factors

- **Current tobacco smoking (2011)**  
  - Males: 43%  
  - Females: 12%  
  - Total: 27%
- **Total alcohol per capita consumption, in litres of pure alcohol (2010)**  
  - Males: 3.0  
  - Females: 0.2  
  - Total: 1.6
- **Raised blood pressure (2008)**  
  - Males: 32.6%  
  - Females: 27.5%  
  - Total: 30.0%
- **Obesity (2008)**  
  - Males: 46.6%  
  - Females: 68.5%  
  - Total: 57.6%

* See Explanatory Notes