UGANDA

RISK OF PREMATURE DEATH DUE TO NCDs (%)*

![Graph showing risk of premature death due to NCDs over time for males and females.

PROPORTIONAL MORTALITY*

- 10% Cardiovascular diseases
- 11% Other NCDs
- 9% Cancers
- 54% Communicable, maternal, perinatal and nutritional conditions
- 2% Chronic respiratory diseases
- 13% Injuries

NCDs are estimated to account for 33% of all deaths.

SELECTED ADULT RISK FACTOR TRENDS

MORTALITY*

- Premature mortality from NCDs
  - Total NCD deaths: 2016 49 700, 2016 47 800, 2016 97 600
  - Risk of premature death between 30-70 years (%): 2016 24, 2016 20, 2016 22
- Suicide mortality
  - Suicide mortality rate (per 100 000 population): 2016 -

RISK FACTORS

- Harmful use of alcohol
- Physical inactivity
  - Physical inactivity, adults aged 18+ (%): 2016 5, 2016 6, 2016 5
- Salt/Sodium intake
  - Mean population salt intake, adults aged 20+ (g/day): 2010 5
- Tobacco use
  - Current tobacco smoking, adults aged 15+ (%): 2016 15, 2016 3, 2016 9
- Raised blood pressure
  - Raised blood pressure, adults aged 18+ (%): 2015 20, 2015 19, 2015 20
- Diabetes
- Obesity
  - Obesity, adults aged 18+ (%): 2016 2, 2016 7, 2016 4
  - Obesity, adolescents aged 10-19 (%): 2016 0, 2016 2, 2016 1
- Ambient air pollution
  - Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of): 2016 -
- Household air pollution
  - Population with primary reliance on polluting fuels and technologies (%): 2016 -

5 800 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO “BEST BUYS”

- Drug therapy to prevent heart attacks and strokes
  - Proportion of population at high risk for CVD or with existing CVD (%): 2014 11
  - Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%): 2014 14
  - Proportion of primary health care centres reported as offering CVD risk stratification: 2017 Less than 25%
  - Reported having CVD guidelines that are utilized in at least 50% of health facilities: 2017 Yes
- Essential NCD medicines and basic technologies to treat major NCDs
  - Number of essential NCD medicines reported as “generally available”: 2017 5 out of 10
  - Number of essential NCD technologies reported as “generally available”: 2017 4 out of 6

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)