**Zimbabwe**

**Total population:** 13 724 000  
**Income Group:** Low

**Percentage of population living in urban areas:** 38.6%  
**Population proportion between ages 30 and 70 years:** 24.1%

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**Premature mortality due to NCDs**

The probability of dying between ages 30 and 70 years from the 4 main NCDs is 19%.

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**Adult risk factors**

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>males</th>
<th>females</th>
<th>total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current tobacco smoking (2011)</td>
<td>25%</td>
<td>&lt;1%</td>
<td>12%</td>
</tr>
<tr>
<td>Total alcohol per capita consumption, in litres of pure alcohol (2010)</td>
<td>10.8</td>
<td>0.8</td>
<td>5.7</td>
</tr>
<tr>
<td>Raised blood pressure (2008)</td>
<td>30.1%</td>
<td>31.6%</td>
<td>30.9%</td>
</tr>
<tr>
<td>Obesity (2008)</td>
<td>2.4%</td>
<td>11.6%</td>
<td>7.0%</td>
</tr>
</tbody>
</table>

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**National systems response to NCDs**

- Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent: Yes
- Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors: No
- Has an operational policy, strategy or action plan to reduce the harmful use of alcohol: No
- Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity: No
- Has an operational policy, strategy or action plan to reduce the burden of tobacco use: No
- Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets: No
- Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach: No
- Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets: No
- Has a national, population-based cancer registry: No

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*The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).*