In collaboration with the International Micronutrient Malnutrition Prevention and Control Programme (IMMPaCt), Centers for Disease Control and Prevention (CDC)

Sponsored symposium: New global guidelines and tools for food fortification programmes in public health

Punta Cana, Dominican Republic, 8 - 12 November 2015
XVIII Latin American Congress of Nutrition
Nutrition for Sustainable Development

SCOPE AND PURPOSE

In Latin America and the Caribbean 42 of 48 countries require industrial fortification of only wheat flour or in combination with corn flour. In this region, the proportion of countries that mandate fortification of these flours is high.

One of the main challenges for the countries (worldwide), is to strengthen the systematic monitoring and periodic evaluation of their fortification programs, to make sure that they are running as expected and that they are having the intended impact on health. Many programming tools have become available to countries for monitoring, assessment and improvement of the design of food fortification programmes.

The expected audience (health professionals and students, researchers in the nutrition and public health field, people involved in the proposal of public health policies) will have the chance to learn about these new global guidelines and monitoring tools and consider how to apply them to their country context to improve their food fortification programmes.

Presentations

The symposium will encompass three fifteen-minute presentations followed by a 10 minute open discussion after each where participants will provide insights, questions, comments and critiques to the presentations as well as put forward issues that can take contribute to the discussion in the future. The session will be held in Spanish. The topics to be presented are (titles can be subject to change):

- New guidelines from the World Health Organization on fortification of staple foods in public health (Dr Juan Pablo Peña Rosas)
- WHO/CDC eCatalogue of indicators for monitoring and evaluation of micronutrient programmes (Dr María Elena del Socorro Jefferds)
- Monitoring wheat and corn flour fortification programmes in public health: a manual for programme managers (Dr. Helena Pachón)

Session chair: Dr Juan Pablo Peña-Rosas, Coordinator, Evidence and Programme Guidance, Nutrition for Health and Development, World Health Organization