References


152. Siekmann JH et al. Kenyan school children have multiple micronutrient deficiencies, but increased plasma vitamin B-12 is the only detectable micronutrient response to meat or milk supplementation. *Journal of Nutrition*, 2003, 133:3972S–3980S.


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Further reading

Part I. The role of food fortification in the control of micronutrient malnutrition (Chapters 1 and 2)


Part II. Evaluating the public health significance of micronutrient malnutrition (Chapters 3 and 4)


Part III. Fortificants: physical characteristics, selection and use with specific food vehicles (Chapters 5 and 6)


Part IV. Implementing effective and sustainable food fortification programmes (Chapters 7–11)

Monitoring and evaluation (Chapter 8)


National food law (Chapter 11)
