ENVIRONMENTAL AND SOCIAL HEALTH DETERMINANTS IN ZANZIBAR
INTRODUCTION

- Zanzibar part of the United Republic of Tanzania

- Comprises of 2 main Islands Unguja and Pemba which covers an area of 2328 sq.km.
HEALTH STATUS.

- Zanzibar population is 984,625 (2002 census)
- 50% below 50 years
- Annual growth rate of 3.1%
- Population density 400/sq.km.
- Life expectancy 48 years
- Infant mortality 83/1000
- Under 5 mortality 166/1000
- Maternal mortality 377/100000 live births
- 33% live in urban areas
- Malnutrition rate among children 30% by 2000
- 70% of children between 12 to 23 month have received complete immunization before 1st birthday
100% live within 10 km of Health care facilities and 95% within 5Km

- 127 Primary Health Care Units, 4 Primary Health Care Centres, 3 regional Hospitals in Pemba with capacity of 80 to 100 beds an 400 bed referral hospital in Zanzibar Town.
HEALTH SERVICES
INFRASTRUCTURE contd..

- 100 private clinics, 3 private hospitals, 66 pharmacies and 206 OTC shops

- Population per physician ratio is estimated at about 11,000
CONSTRAINTS.

- Despite this impressive status health delivery in Zanzibar is not optimum due to a number of contextual problems.
- Downturn of the economy made it difficult for the state to adequately finance social service sector including health.
- Increased population growth rates and resurgence of diseases like HIV/AIDS significantly increased the demand for services beyond what public health infrastructure can provide.
- Barrier to access to services are socioeconomic, gender and low health knowledge.
CONSTRAINTS. Contd..

- Reduction in Direct Donor support
- About 50% of the Population lives below poverty line.
- Per capita income is 250 USD with a lot of disparity and inequality between Unguja & Pemba and between rural and urban areas.
- Health expenditure per capita is 5.9 USD.
INTERVENTIONS.

POLICY ENVIRONMENT

- Vision 2020 with an overall objective of eradicating poverty.
  - To raise health and Nutritional standards of the community in general and specifically for women and children.
  - To give priority on child immunization
  - To channel more resources for preventive services.
  - To provide special emphasis on the war against the spread of HIV/AIDS
POLICY ENVIRONMENT contd..

- Zanzibar Poverty reduction plan
  - Provides measure to decrease income poverty and to increase access to social services and to contain extreme vulnerability.
  - High priorities sectors for ZPRP are Education, Health Water & sanitation, Environment and Good governance
  - The over-arching objective is to develop health sector with a capacity to provide basic health care services to the poor in both urban and rural areas
POLICY ENVIRONMENT AT SECTOR LEVEL

- **Zanzibar’s Health Policy**
  - To have equal opportunity of access of basic and essential quality health care
  - To increase the focus on financing the overall health care system
  - To use cost sharing as a means of providing health care services while protecting the rights of the poor and disadvantaged
  - To ensure the disadvantaged and other vulnerable groups are protected and their special needs catered for.

- **Health Policy Goals**
  - Ensuring universal and equitable access to primary health care services.
  - Ensure availability of financial resources to support health services, training program
Policy Environment at Sector Level Contd..

Health Sector Reform Strategic Plan

- To provide care that respond to the needs of people and on equitable basis.
- Health reform strategic areas:
  - Organization and management
  - Human resources development
  - Health care financing
  - Material resources for health activities
  - Health legislation
  - Health research
  - Strengthen Secondary and Referral Hospital Services.
  - Health care delivery system
  - Public and Private Partnership in Health services delivery
  - Social Services/Welfare
  - Donor coordination
Women protection and development policy

- aim to rectify historical gender imbalances, the policy identify roles and responsibilities to address gender issues by all sectors.
POLICY ENVIRONMENT AT SECTOR LEVEL Contd..

- Zanzibar Population Policy for sustainable development

  - Overall goal of achieving improved quality of life and standard of living of all Zanzibaris through better population management and development process.

  - Targets.
  - Improve health facilities from 90% within 5km to 90% within 4 km by 2010
  - Reduce HIV prevalence of 0.6% by 50% by 2010
  - Reduce malnutrition rate of 31% by 50% by 2010
  - Improve exposure to family planning education from existing 60% in 200 to 90% by 2010
Environment

- Formulation of environmental guidelines for various aspects of natural resources management, training of environmental personnel, educate Public on the need to integrate environmental protection process in their daily activities.
- Prepare National Environmental Management and Action plans
- Success has been achieved in combating land degradation and biodiversity conservation
People with Disability

Zanzibar has greatly changed its perception of disability from charity/welfare perspective to recognition of the rights and contribution made by people with disability in the society.
ACHIEVEMENTS

Education:

- Gross Enrollment Rate has increased from 98.1% in 2002 to 99.1 in 2003 and 100% in 2005
- Pupils Teacher ratio has improved to 33:1
- Teachers Trained 922 in 2001, 1455 in 2003. Literacy rate is 73.4% (2002)
ACHIEVEMENTS contd..

- **Water and sanitation**
  - Water Policy approved by Cabinet in 2003
  - More than 60% of rural and urban population is now enjoying clean and safe water

- **Communication**
  - More than 130 kilometers of tarmac road constructed in Unguja and Pemba in the last five years to ease transport and hence access to health care
WAY FORWARD.

- There is a need to conduct scientific study to evaluate the social determinants of Health and their impact on delivery of Health services in Zanzibar.
- Conduct demographic, health and labour force surveys
- Convert the many policies and plan into reality, this will require political commitment, increase level of awareness and drastic improvement in the economy with more close partnership with donor community and community involvement in planing health care facilities
ZANZIBAR
AHSANTENI NA KARIBUNI ZANZIBAR.