**Foundation NAN – No to alcohol and drugs**

**What does NAN do?**
This NGO is among the first established in Russia in the substance abuse prevention area. It has 15 years of experience in this field and has developed a range of well-established preventive and rehabilitation programs. In particular, the organisation provides: education, vocational and life skills training for young people in schools; material, psychological and legal assistance to disadvantaged young people including street children; outreach among drug users to provide counselling on HIV/AIDS prevention and rehabilitation programs; and, promotes healthy life styles and community awareness and mobilisation.

**Where?**
The project will be implemented in Sergey-Pasad, which is located around 70 Km north of Moscow and is considered the centre of the Russian Orthodox Church. This religious tradition is quite strong also among young
people. However, during the last years there has been an increase in the use of alcohol and drugs (heroin) by youth, due to their easy availability and lack of objective information on effects and consequences of substance use.

The activities of NAN under the Global Initiative
NAN will train one group of specialists (teachers, medical workers, psychologists), one of parents and one of young people to develop and implement preventive activities in the community throughout the year (parenting skills training, peer-to-peer programs, alternative activities). A coordination centre will be established in the city administration, for the organisation and monitoring of the planned activities.

AIDS Infoshare

What does AIDS Infoshare do?
The organisation was established in 1993 with to help rebuild and improve the Russia's information infrastructure in the fields of HIV/AIDS and human rights. It provides resource materials to all Russian NGOs and GOs working in this field through an extensive library, a newsletter, and a web page. It also conducts social research in the area of health improvement and provides training for professionals and local NGOs on HIV/AIDS prevention, planning and information management, fundraising and NGO management, pre and post test counselling. The organisation works with people affected by HIV/AIDS virus by providing them the information and skills required in maintaining their health and safeguarding their human rights.

Where?
Moscow.

The activities of AIDS Infoshare under the Global Initiative
The aim of the project is to develop of anti-drugs behaviours among disadvantaged and street children, through their involvement in peer education activities and vocational skill workshops. Moreover, the project foresees training for psychologists and social workers of orphanages and social centres to create a supporting drug-free environment.

Youth Organisation Prospekt Mira

What does Prospekt Mira do?
The organisation has been operational since 1992 and participated at the "Youth Vision Jeunesse Drug Abuse Prevention Forum" held in Banff, Canada in 1998 by UNDCP. Their strategy is base on peer to peer education. Teen volunteers organise weekly gatherings with their peers to talk about substance abuse, organise meetings in schools, public events and summer camps for disadvantaged children.

Where?
The project will be in one of the northern district of Moscow, separated from the rest of the town by the river surrounding it. The total number of schools in the district is 15. The results of the local situation assessment showed that the most used substances among youth are alcohol (beer) and cannabis, which are generally not considered dangerous for health.
The activities of Prospekt Mira under the Global Initiative
The project will cover ten of the schools in the district while five will be left as control group. The project will produce a youth magazine to promote healthy lifestyles through news on issues interesting to young people, such as sport, music, and leisure time. 25% of such information will be on the consequences of use of psychoactive substances. The magazine will be published by the young people themselves (13-16 years) and distributed in the schools.

Research Institute on Mental Health

Where does the Institute work?
The Institute works in one of the southern industrial district of Moscow, populated by a high number of immigrants and unprivileged families. The level of alcoholism and drug use, as well as drug-related crimes, is the highest in Moscow. The age of initiation for smoking and drinking is 10-12 years, while for use of heroin and cannabis is 13-14.

The activities of Research Institute on Mental Health under the Global Initiative
The project will target young people from 10 to 21 years old (divided in 3 groups by age), parents and teachers. Young people will receive training in life and social skills, their parents will be involved parenting skills programs, school staff will be trained on effective methods of prevention in the school. Moreover, a computer program with tests and plays on drug use-related issues will be disseminated among young people and used as an incentive for their involvement in the project.

Association Duchovnoe Zdorovje

What does the Association do?
This NGO has developed a program on substance abuse prevention called "Thanks, no!". It consists of psychoanalytic and interactive training for young people, aimed at developing personal and cognitive skills (decision-making, problem-solving, self-control, self-esteem) that enable young people to say no to substance abuse.

Where?
The project will be undertaken in Ivanovo, an industrial town located around 100km north of Moscow. The most popular psychoactive substances among young people are nicotine, alcohol (beer), cannabis, heroin, and inhalants (glue, petrol). The starting age for smoking is 9-11 years, for drinking (beer) is 10-12 years, for opioids and cannabis 13-15 years, and for inhalants 8-10 years. The main reasons of using drugs are the wish to be as everyone, to escape from everyday problems, peer pressure or just curiosity.

The activities of the Association under the Global Initiative
The project will strengthen anti-drugs attitudes in young people, through psychoanalytic and interactive training, aimed at developing personal and cognitive skills (decision-making, self-control, self-esteem, peer relationships) that will enable them to resist to peer and mass-media influence and spread anti-drugs behaviours among their peer. The target
group is 13-16 years old youth and their parents.

**Institute of Pedagogical Innovations**

**Where does the Institute work?**
The project will be undertaken in 3 schools of the northern district of Moscow embracing two main city’s airports and railways station. Therefore, this is a main point of illegal drugs trafficking, with youth and children very often used as drug traffickers. The age of first using drugs is 14-15 years.

**The activities of the Institute under the Global Initiative**
The project will create supporting environments in the community to enable young people to choose healthy behaviours. Training will be held for educational and social services staff, as well as for police inspectors, on effective methods of prevention work. Moreover, students aged 14-15 will be involved in peer education programs and in the organisation of alternative activities, with the involvement of all the community.

**Club UNESCO Optimalist Podmoskovja**

**What does the Club do?**
The organisation works in correctional institutions for young people as a high number of young inmates have problems related to substance abuse. The organisation provides training among prisoners in personal skills development and creates groups of "leaders" that conduct prevention work with their peers in the facilities.

**Where?**
The project will be undertaken in two correctional institutions for young people (15-21 years), located south of Moscow. The total number of inmates is around 800. From the assessment, it resulted that 97% use alcohol, 94% smoke, and 61% has/had problems related to drug use. The number of injecting drug users is also high.

**The activities of the Club under the Global Initiative**
The project will train prisoners in personal and social skills development to reinforce anti-drug behaviours and the ability to cope with peer pressure. Moreover, the project includes seminars with the staff of the institutions and with the parents, to strengthen family bonds.
What does the Centre do?
The organisation works for the development and support of youth volunteers as a tool for personal and social skills development. Groups of youth volunteers are involved in several community service activities, such as assistance to the elderly, work with disadvantaged children and in orphanages. Ecological activities during summer camps are also carried out. The organisation considers youth involvement in community service activities as a way of developing self-esteem, responsibility, and life and social skills.

Where?
The organisation works in a privileged district of Moscow. In this community, the most popular substances are alcohol, tobacco, cannabis, amphetamines and sedatives, since they are not considered dangerous for health. The use of tobacco and alcohol is considered a norm, since they are used in almost all families. Peer pressure and the desire of being as everyone are the main causes of using psychoactive substances.

The activities of the Centre under the Global Initiative
The project will promote antidrug social norms, through the involvement of families in training and consultations in parenting skills, and the involvement of community members in the mini-films and documentaries made by young people. A youth video-photo centre will be established, to be used by young people as a vocational skill workshop, an alternative activity and an awareness raising tool.

Centre Of Psycho-Pedagogical Rehabilitation Of Children And Youth

Where does the Centre work?
The organisation works in Mitishi, located north of Moscow, which is one of the main centres of illegal drug production and trafficking. Injecting heroin is the most common method of drug use, followed by amphetamines. The starting age for drug use is 15-16 years. Among drug users, 52% is from disadvantaged and poor families.

The activities of the Centre under the Global Initiative
The project will promote healthy lifestyles through the active involvement of all the community. There will be seminars with the local administration, the police, school personnel, social workers and their involvement in the development of alternative activities together with young leaders.

New Century

What does New Century do?
The focus of this organisation is health promotion and the prevention of HIV/AIDS/STD and substance abuse among young people. It provides and organises: seminars for medical personnel; training of trainers for young people who will be involved in peer education programs; mass events (discos, street action, shows, etc.); and, information campaigns in close cooperation with mass media to attract attention of teenagers on issues, such as safe sex and substance dependence, and increase awareness of
Where?
The organisation works in Kazan, which is the main city of the Republic of Tatarstan, one of oldest and most developed regions of Russia. Due to its location in the centre of Russia, Kazan is used as transit route to move drugs from Central Asia to Western Russia. This fact has contributed to a rapid increase in the number of drug users in the city, 85% of which are young 14-28 years old people. Tobacco and alcohol start to be used at the age of 12.

The activities of New Century under the Global Initiative
As the main risk factors for starting drug use by young people have been identified in poorly developed personal and social skills, the project will provide life and social skills training for 12-16 years old youth, who will in turn hold peer education training in their schools. In this way, around 2000 young people will be covered by the project activities.

Centre Innovations

What does the Centre do?
The organisation targets street children in St. Petersburg. It has established two social-medical points that provide first aid, medical consultations, treatment, food, clothing and laundering, legal support, educational programs in vocational skills development, counselling and prevention with parents. The centre operates a free-time club for teenagers to arrange free time activities for unprivileged children and developing vocational skills (computing, English classes, design and others).

Where?
The project will be undertaken among the street children of one of the biggest districts of St. Petersburg. The results of the local situation assessment showed that 30% of street children use psychoactive substances, in particular tobacco, alcohol, inhalants and heroin. Heroin is more common among 15-16 years old, while the other listed substances are used by 10-12 years old youth.

The activities of the Centre under the Global Initiative
The organisation has established two social-medical points. The project will train a group of 20 street children regularly visiting the points in life and social skills, and will involve them in peer education activities among their friends. These will include: the development and dissemination of booklets, stickers and other gadgets, the organisation of theatre performances and sport activities, and the provision of vocational skills training in computer and design classes.

Drug Prevention Centre

What does the Drug Prevention Centre do?
The organisation has been established by a group of specialists who have been working in substance abuse prevention for several years. The organisation has produced literature on school and family based prevention and has established a youth volunteer group that carries out prevention programs among young people. This includes peer education training and
promotion of anti-drugs behaviours in discos and youth clubs.

Where?
The project will be undertaken in a small village (6,000 inhabitants) just out of St. Petersburg, which has registered in the last year a rise of drug use among young people. The most popular used substances are inhalants (45%), alcohol (37,5%), cannabis (28%), and heroin (22%).

The activities of the Drug Prevention Centre under the Global Initiative
In this community, the main risk factors have been identified in the absence of any kind of entertainment centres/ clubs for young people (the only meeting point is the school) and family disruption. Therefore, the project will provide parenting skills training and will organise a youth volunteer group to involve young people in peer education activities. A youth centre will be established in the school premises, and the first trained group of volunteers (20 teens) will organise peer education activities in cooperation with the school personnel.

City Centre For Drug Use Prevention Among Young People

Where does the Centre work?
The project will be undertaken in Lomonosov, a small town of around 40,000 inhabitants, close to St. Petersburg. The spread of substance use has been very rapid in recent years, reaching the level of 10% of the total young population. Along with alcohol and tobacco, very popular are cannabis, heroin, stimulants and inhalants.

The activities of the Centre under the Global Initiative
A youth movement promoting anti-drugs behaviour was recently set up by a group of young people in the town. The project will strengthen the capacity of this youth group through the provision of training on effective prevention methods and the involvement of the trained youth in peer education activities in the community, including training in schools, promotion of volunteerism and healthy lifestyles, involvement of parents in ‘family programs’.

Medical Prevention Centre

What does the Medical Prevention Centre do?
The Centre works on several issues related to the protection and promotion of health, including substance abuse prevention. It offers different services that range from medical consultations and treatment to information programs on radio and TV. Lectures are conducted in schools and youth centres. The Centre also organises public events and other activities at the community level that include the active participation of young people.

Where?
The organisation works in Kaliningrad, one of the Russian cities with the highest level of drug use and HIV/AIDS. The last statistics show that the age of drug users is dramatically decreasing, with 10 years old children already smoking. This is mainly due to the use of substances such as tobacco and alcohol in the family (e.g. 70% of men and 40% of women smoke).
The activities of the Medical Prevention Centre under the Global Initiative
The project will focus on family-based prevention programs, involving children from 6 to 9 years old and their parents. A cycle of parenting skills training will be held for a total of 90-120 parents, which will include the organisation of ‘family activities’ together with children. The most active parents will be then spread the acquired information and skills among other parents, through the organisation of meetings and school-based activities.

Look At the Future

What does Look At The Future do?
The organisation targets schools and orphanages providing life skills training. Methods used include role-plays and other participatory methods to improve personal and social skills, and indirectly provide information on the harmful effects of using substances.

Where?
The organisation works in Kaliningrad and in particular in orphanages, the total number of which in Kaliningrad is 23. The use of substances among young people living in the orphanages is quite high. Due to lack of money, inhalants and hallucinogens, together with tobacco and alcohol are the most used substances. Moreover, the results of the assessment showed a low level of knowledge on substance use related issues among the personnel of the orphanages.

The activities of Look At The Future under the Global Initiative
The project will provide training for the teachers and social workers of the orphanages on effective methods of preventive work with young people. It will also train young people in life and social skills. Following this, different alternative activities will be organised by the children and staff in the orphanages, and peer education training will be undertaken by the most active and communicative teens.

Anti-Crisis Centre For Youth

Where does the Centre work?
The organisation works in Kaliningrad with students of primary and secondary schools. The results of the local situation assessment, undertaken among 1500 young students, showed that the use of drugs is considered an element of the new youth sub-culture. Half of respondents periodically use psychoactive substances, in particular cannabis. The first use of drugs generally occurs at the age of 13-15. The assessment also identified a lack of objective information on the effects and consequences of drug use in the community, as well as a low involvement the community in prevention work.

The activities of the Centre under the Global Initiative
The project will actively involve schools, families and young people in the undertaking of preventive activities. Training on effective methods of prevention work will be organised for school personnel, parents and students and then each group will develop prevention programs to be realised at the
community level. These will include cultural and sport activities, peer education training, and school-based programs. The best programs will be then undertaken with the support of the organisation.

**Consulting Point For Teenagers Post**

*What does Post do?*
Post provides specialised counselling to young people on several issues related to physical and psychological health. It combines interactive training and individual consultation. Young people are offered alternative activities, such as sport, music, excursions. These trips are combined with "extreme sport activities" that mobilise capacities and resources of young people and act on their understanding of risk behaviours.

*Where?*
The organisation works in one of the most unprivileged district of Kaliningrad. The most used substances among young people are alcohol, cannabis, stimulants and heroin. The majority of youth using substances are 13-14 years old, but alcohol and tobacco start to be used at the age of 10. The risk factors that have been identified are: availability, peer pressure, family conflicts.

*The activities of Post under the Global Initiative*
The project will organise life and social skills training in 5 schools of the district and psychological consultations for youth and parents on the basis of the consulting point. Moreover, the project will organise various alternative activities for young people, such as sport competitions, cultural events, graffiti and design competitions, excursions in the nature combined with extreme sport activities to develop social coping skills and change their understanding of risk behaviours.

**AIDS STOP**

*What does AIDS STOP do?*
AIDS STOP implements HIV/AIDS prevention activities among injecting drug users and commercial sex workers, including outreach, counselling and distribution of information materials. The organisation also operates as a resource centre and provides training for specialists and young volunteers. These youth volunteers are involved in the organisation of cultural and musical events in discos and youth clubs.

*Where?*
The organisation works in Novorossijsk, a city of 250,000 inhabitants on the Black Sea. In recent years, heroin has become the most used drug among young people, and this has been linked to a rapid spread of HIV/AIDS in the region. The majority of youth using drugs are 17-18 years old, with an increase in the number of girls.

*The activities of AIDS STOP under the Global Initiative*
The project will train the teachers of 4 High schools who will develop and undertake training with their students together with the NGO. These training will include personal and social skills development, as well as leadership and communication skills. The most active youth will then conduct peer education programs in the schools, with the assistance of teachers and NGO.
Moreover, the project will involve young people in volunteer work, so the trained youth will be motivated in working as consultants of the help-line service of the NGO and as organisers of alternative preventive activities among street children.

**Support Centre For Children And Youth Light**

Where does Light work?
The organisation works in a small town of southern Russia, Volshkij that has registered a rapid increase in the number of drug users in recent years, with a particular spread of heroin use. 69.6% of young people from 13-16 years old involved in the assessment have used substances. The main risk factors identifies are the lack of entertainment centres and of employment.

The activities of Light under the Global Initiative
The project will involve young people in volunteer activities and vocational skills programs. Training in life, social and vocational skills will be held in schools for around 200 young people (13-15 years old), who will be involved as volunteers in the organisation of different activities (peer education training, theatre performances, radio youth programmes, establishment of a youth employment service and a help-line service for young people) during the whole year.

**Republican Centre For Drug And Alcohol Use Prevention Among Children And Youth**

Where does the Centre work?
The organisation works in Vladikavkaz, which is located in the Caucasus region, near the border with Chechnya and Georgia and is a main transit point for illegal drug trafficking, in particular opioids. Together with heroin, the most popular substances are cannabis, alcohol, tramal. The average age initiation is 15-17, but alcohol and tobacco are used already at the age of 12-13. One of the main risk factors that have been identified is family conflict, even if from the assessment, it results that family is also a very important value among young people.

The activities of the Centre under the Global Initiative
The project will train group of 30 14-16 year old youth in life and social skills, as well as in peer education techniques, while their parents will be trained in parenting skills. Following this, both groups will undertake peer education activities, aimed at involving other persons in the project, raising awareness in the community and promoting volunteerism among young people as a style of life’.

Training youth
**Pervouralsk Without Drugs**

**What does Pervouralsk Without Drugs do?**
"Pervouralsk without drugs" focuses on substance abuse and HIV/AIDS prevention through the provision of life skills training for young people, parent-skills training for parents and educational programs on substance abuse prevention for teachers and social workers. The organisation also has two HIV/AIDS prevention programmes among injecting drug users and commercial sex workers.

**Where?**
The organisation works in Pervouralsk, a town of 160,000 inhabitants, 40 km from Ekaterinburg. The low socio-economic situation has led to deterioration in the overall population’s health, as well as a rapid increase in the number of drug users. Approximately 12-15% of 14-18 year old has used drugs. The most popular illicit substances are cannabis and heroin. The main risk factors identified are: poor social and personal skills, as well as difficult relationships in the family.

**The activities of Pervouralsk Without Drugs under the Global Initiative**
The project will develop personal and communication skills in young people and enhance family caring and bonding. In three schools, three groups of 13-15 year old youth will participate in life skills training and their parents in parenting skills training. At the end, they will participate together in a training session, aimed at practice the new acquired skills in family relationship. The total number of people involved in the project is 400 (200 youth, 200 parents).

**Take Care**

**What does Take Care do?**
The aim of the organisation is to develop the civil society in health promotion in the Ural region. As an information and resource centre, the organisation produces and distributes material on HIV/AIDS, sexually transmitted infections, and substance abuse prevention for young people and specialists. It also organises training to promote healthy life styles and substance abuse prevention. In addition, it provides counselling on health-related issues through an help-line service.

**Where?**
The organisation works in Cheljabinsk, the second largest town in the Ural region. The assessment undertaken among 13-16 year old showed that, along with drugs such as cannabis, inhalants and heroin, tobacco and alcohol are the most common substances used. It also resulted that the starting age for
drug use is 13-14, while for smoking and alcohol is 11-12.

**The activities of Take Care under the Global Initiative**
The project will target 11-12 year old children and their parents. The NGO, together with teachers of two primary schools, will develop a prevention program to be included in the school curriculum and that will include interactive education methods to involving children in the active discussion of tobacco, alcohol and drug use. As an incentive, children will receive different gifts depending on the level of their participation. Parents will participate in parenting skills training and will be involved in ‘homework making’ together with their children.

**Charitable Foundation Assistance 2000**

**What does Assistance 2000 do ?**
The organisation works together with health institutions, providing education programs on HIV/AIDS, sexually transmitted infections and substance abuse prevention for young people, teachers, and parents. Vocational and life skills training for young people in schools and orphanages are also provided.

**Where ?**
Assistance 2000 works in Ekaterinburg. Due to its position almost in the centre of the country, it is used as transit point to move drugs from Central Asia to Europe. The most popular drugs are opioids, together with a high level of alcohol use. 53% of 15-16 year old regularly use alcohol and tobacco. Generally, they have started when they were 11-12 years old. A major risk group is children living in orphanages, but no program is being implemented in these institutions at the moment.

The activities of Assistance 2000 under the Global Initiative
The project will target the children of three orphanages, 12-17 years old. A series of life and social skills training will be held for a total of 120 children, who will then be involved with the rest of children in sport activities and vocational skills workshops. Moreover, a seminar on prevention among young people will be organised for the staff of the three orphanages.

**Mothers Against Drugs**

**Where does Mothers Against Drugs work ?**
The organisation works in Tjumen and in particular in a detention centre for young offenders (18-30 year old). The total number of offenders is 1500, 30% of which have been condemned for drug-related crimes. This represents
a serious risk factor for those who don’t use drugs. In fact, the assessment revealed that 1/3 of them started using drugs in prison, also because of the availability of drugs such as heroin and cannabis and the lack of prospective for the future.

The activities of Mothers Against Drugs under the Global Initiative
The project will target 18-25 year old youth divided in two groups: those who have almost finished their detention term and then would be able to work in peer education programs in the community, and those who have a long term and would work among other prisoners. Each group will participate in life and social skills training and will conduct peer education training with the assistance of the NGO. Moreover, the project will organise vocational skills training through the organisation of computer classes and manufacturing workshops. The staff of the detention centre will also be trained and involved.

Recreational activities

Vocational skills training

Siberian Initiative

What does the Initiative do?
The organisation works in the area of HIV/AIDS prevention among injecting drug users through outreach, counselling, and training for parents and specialists. The organisation conducts training for young people in peer education and operates as a resource centre, providing information services on HIV/AIDS, sexually transmitted infections, substance abuse, and health promotion through a library, a web-site and printed material.

Where?
The organisation works in Barnaul, the main city of Republic of Altay, situated in southern-west Siberia near the border with Mongolia and Kazakhstan. Drug use has been increasing since 1995, with a progressively
rise of injecting drug users. Along with heroin, very popular is the so-called ‘chanka’, a home made opioid of very poor quality. 60% of drug users are young people under 20, 35% of which started using drugs at the age of 14-15.

The activities of the Initiative under the Global Initiative
The project mobilise the community in prevention work, through the involvement of parents, specialists and young people in the conduction of peer education programs. Each group (40 persons each) will participate in ‘training of trainers’ to strengthen communication and social skills and then will conduct different activities at the community level (meetings, peer education training, public events) promoting healthy lifestyles and anti-drugs behaviours.

Union of Women of the Republic of Altay

What does the Union do?
The organisation promotes women rights and the protection of disadvantaged groups, such as women and adolescents, that have experiences a dramatic situation or psychological trauma. It provides legal and psychological counselling, an help-line service, and, leadership and social skills development programs.

Where?
The organisation works in Gorno-Altay in the Republic of Altay, which is situated in southern-west Siberia near the border with Mongolia and Kazakhstan. Injecting opioids is the main way of drug use among young people. The main risk factors identified are: peer pressure, curiosity, desire to feel new emotions, lack of real information on the effects and consequences of drug use.

The activities of the Union under the Global Initiative
The project will organise a summer camp with representatives of several villages and small centres around the city which are affected by drug use. Participants will include young people, who will be trained in life and social skills, and specialists, who will be trained in effective methods of prevention work among young people. After the camp, each group will develop a program of prevention activities to be implemented in their own community, which will include peer education training, seminars for teachers and parents, and alternative activities. The NGO will coordinate, support and monitoring the implementation of these programs.

Summer camp
**Siberia AIDS Aid**

**What does Siberia AIDS Aid do?**
The activities of the organisation can be divided in two main fields: information services and training. The first includes the production and distribution of information material and methodological literature on HIV/AIDS and substance abuse prevention and health promotion. The organisation has a web-site and a library and organises special public events. The second trains young people in peer education and parents and specialists (teachers, social workers, etc.) on how to work and involve young people in prevention programmes.

**Where?**
The organisation works in Tomsk, which is a town with many young people because of the presence of numerous universities and educational institutions. Unfortunately, this also means that 69% of drug users are 16-18 years old and 21.5% are aged 14-15. Along with opioids, alcohol is the most common substance, with 10-12 aged children already using it. The main risk factors that have been identified are: peer pressure and lack of resistance skills.

**The activities of Siberia AIDS Aid under the Global Initiative**
The project will involve young people in peer education programs promoting healthy lifestyles. A group of 30 youth (15-17 year old) will be trained in communication and social skills and will conduct peer education training among 12-14 aged children in 10 schools. Moreover, a seminar for teachers will be conducted to involve them in the implementation of school-based prevention activities.

**Humanitarian Project**

**What does Humanitarian Project do?**
The aim of the organisation is to promote humanitarian principles and healthy life styles among the population and, in particular, young people. It provides information services (distribution of literature and material on health related issues), counselling, also through a help-line, training in peer education in schools as well as training for specialists and parents on several issues, such as HIV/AIDS, sexually transmitted infections, and substance abuse.

**Where?**
One of the biggest cities of Siberia, Novosibirsk is the main centre of illegal drug trafficking in the region. Around 10% of the total population uses of
drugs, mostly heroin. The starting age for drug use is 14-15, and 84.5% of drug users are young people (15-25 years old). The assessment showed that the main risk groups are children from either disadvantaged or very rich families.

The activities of Humanitarian Project under the Global Initiative
The project will organise seminars with teachers, psychologists and social workers of youth centres, police inspectors and parents to establish a coordinating group and develop a common plan of activities. Moreover, a group of 50 youth will be trained in ‘peer to peer’ techniques and will conduct peer education training in the schools. The project will be implemented in one specific district.

Russian Women Movement

What does the Russian Women Movement do?
The organisation promotes women and children rights through community participation in social problems solving (among these, substance abuse). Seminars, forums and capacity building activities for local community groups to support them in problems solving are also organised.

Where?
Located in north-western Russia, Syktyvkar registers a very low level of population health, with a particularly high level of juvenile mortality. Drug use is spread among university students, who represent 70% of drug users. The assessment revealed that all ongoing prevention programs are not effective because they don’t foresee the active participation of young people themselves.

The activities of Russian Women Movement under the Global Initiative
The project will target university students and involve them in the implementation of the program. A group of students will be trained in project planning and management and will develop and implement substance use prevention projects among their peers. Another group will produce 5 ‘social advertising breaks’ to be showed on TV and 8 advertising posters. Students of the faculty of journalism will publish articles on drug-related issue on the local press.

Committee Of Women For The Protection Of Children From Drug Use

What does the Committee do?
This organisation was established three years ago in response to the rapidly increasing problem of substance abuse among young people in the town of Omsk. The organisation provides and organises educational programs among young people, parent skills programs, and information campaigns to increase community awareness and participation.

Where?
The organisation works in Omsk, which occupies one of the top places for substance use among young people. Cannabis and heroin are the most common, but the use of cocaine and amphetamines has also been recently introduced. 80% of drug users are students. The majority of youth using drugs are 15-17 years old. According to the statistics of the narcological
dispensaries, one of the major risk factors is poor family attachments.

The activities of the Committee under the Global Initiative
The project will strengthen anti-drugs norms in the community, through the implementation of preventive activities in all community settings, including school and family. The project will organise competitions in schools, round tables with community members, awareness campaigns through mass media. Life and social skills training will be held for 40 youth volunteers, who will conduct peer education training in schools and organise public activities. Moreover, parenting skills training will be conducted for family members.

Siberian Alternative

What does Siberian Alternative do ?
The organisation works with young people in peer education training and creates groups of youth volunteers to be involved in preventive activities among young people at the community level. Together with these youth volunteers, awareness campaigns are organised for community mobilisation. Information materials on HIV/AIDS and substance abuse prevention are also produced.

Where?
The organisation works in Omsk. The results of the local situation assessment revealed that the main problem in the community is alcohol use. 10-12 is the starting age, with 13% of children under 14 regularly using alcohol. Among other drugs, the most common are heroin, cannabis, and stimulants. In recent years, there has been an increase in the number of girls using alcohol, tobacco and other drugs.

The activities of Siberian Alternative under the Global Initiative
The project will be implemented in a specific district and will target 11-16 year old youth and their parents, for a total of 400 persons. A group of 20 young volunteers (15-17 years old) will be trained in peer education methodologies and will conduct a series of training and/or meetings on life and social skills among 11-16 aged students in schools. In cooperation with the schools, meetings will also be held with parents in effective parenting skills.

Bajkal Regional Union of Women Angara

What does the Union do ?
Founded in 1992 as initiative of a small group of women of the city of Irkutsk, the organisation has now 26 affiliated branches all over the region. The main areas of work of the organisation are: support to women and youth initiatives through provision of technical assistance; production of methodological material on leadership, gender issues, children rights; organisation of seminars and round-tables on various social problems, including substance abuse among young people.

Where?
The organisation works in Irkutsk, on the Lake Bajkal. The city has recently registered a dramatic spread of HIV/AIDS, due to an increase in the number of injecting drug users. Heroin and cannabis are the most popular substances among young people, together with alcohol and tobacco. The starting age
The activities of the Union under the Global Initiative
The project will create a drug-free zone in a district through the mobilisation of all community members. A coordination group will be established, including representatives of city administration, youth, parents, social services, schools, sport and entertainment centres. Each month the group will meet and plan the activities for the next month. These will include peer education training held by youth volunteers, parenting skills programs, school-based activities organised by teachers and students, and, community wide awareness campaigns.

Foundation Harmony

Where does the Foundation work?
The organisation works in Shelekov, a small centre not far from Irkutsk, on the Lake Bajkal. Heroin and cannabis are the most used drugs, and the number of HIV/AIDS cases has been raising in the last year. One main problem in the region is lack of services for youth in villages, this contributing to the spreading of drug use.

The activities of Foundation Harmony under the Global Initiative
The project will organise seminars in schools for 14-16 year old youth, who will then conduct peer education activities in four villages around Shelekov. Moreover, a youth magazine and a radio program will be developed with the participation of the youth volunteers and distributed and broadcasted in the villages.

Centre Harmony

What does the Centre do?
The organisation acts as a community development agency, providing technical assistance to local groups and supporting community initiatives. This is done through the production of specialised literature and the organisation of seminars and forums involving mass media. Because of difficulty in finding jobs, the organisation also acts as employment agency for young people, providing counselling, vocational courses and information on available jobs.

Where?
The organisation works in Ulan-Ude, on the east side of Lake Bajkal, the main city of the Republic of Buriaita, one of the most depressed areas of Russia. Mortality is higher than nativity, with an increasing number of suicides among young people. The low socio-economic conditions are very much linked to the growth of substance use among youth. The main risk groups are children from poor families and unemployed persons. 67% of drug users inject heroin.

The activities of the Centre under the Global Initiative
The project will be implemented in one school for children of poor and disadvantaged families where teachers will organise interactive plays for small children (7-9 years) and life skills training for teens (11-13 years) to develop their personal and social skills. The project will also organise sport
and cultural activities and vocational skill training, such as computer courses and counselling on employment orientation.

**Association Of Humanitarian Initiatives**

**What does the Association do?**
The association works in several fields related to the promotion of civil society and democratisation. It provides assistance to women and children victims of physical and psychological abuse through an help-line service, counselling, self-support groups, and the promotion of community and family participation in problem-solving. It also organises education programs for youth volunteers to be involved in community service activities.

**Where?**
The organisation works in Mirny, a town of approximately 80,000 inhabitants, in north-eastern Siberia. Despite its position (far from the biggest Russian cities), almost all kind of drugs are available, in particular opiates, amphetamines and hallucinogens. Along with the use of these substances, alcoholism is the main problem among young people.

**The activities of the Association under the Global Initiative**
The project will organise a summer camp for a group of young people and specialists working with youth (40 persons), during which they will be trained on methods of prevention work, as well as in social and communication skills. After the camp, the group of youth will develop project ideas on prevention activities and the more interesting will be implemented with the support of the NGO. Moreover, help-lines services for young people will be established and part of the youth will be involved in working as volunteers in this service.

**Anti-AIDS Organisation**

**What does the Organisation do?**
The main objective of the organisation is to increase the level of knowledge of the population, and in particular of young people, on risk behaviours and on HIV/AIDS and substance abuse prevention. To this end, it provides and organises counselling, information training and seminars, and awareness campaigns.

**Where?**
The organisation works in Yushno-Sakalin, the main city of Sakhalin Island, in the Pacific ocean near Japan. The social and economical condition of the region is very poor. In some districts, the unemployment rate is of 15% and this is one of the main risk factors for substance use among young people. Alcohol is at the first place, followed by opiates, cannabis and ephedrine, illegally imported from China. The majority of youth using drugs are 14-18 years old.

**The activities of the Organisation under the Global Initiative**
The project will organise a summer camp for 30/40 young people (14-17 years old) and teachers. Training in life and social skills will be held for the youth group and seminars on school-based prevention programs for teachers. After that, the two trained groups will implement different activities in the
schools during the whole year, including peer education programs, theatre performances, competitions, sport activities that will involve also parents. Moreover, the project includes a seminar for police inspectors, since they are the only specialists working with at risk youth in the villages.