South Africa

Alcohol and Drug Concerns
Elim Clinic - Tembisa Office
South African National Council on Alcoholism and Drug Dependence (SANCA) Nongoma Alcohol and Drug Help Centre
SANPARK Community Centre
Siyanqoba Youth Against Substance Abuse
Themba Trust Project Youth Camp
University of the North - Department of Social Work - Community Youth Outreach Project
University of Pretoria - Department of Psychology - Community Unit
Youth for Christ South Africa

Alcohol and Drug Concerns

What does Alcohol and Drug Concerns do?
Alcohol and Drug Concerns works in substance use prevention through a Youth to Youth programme targeting youth aged 14 to 21 years. The programme uses conferences for youth delivered by trained youths and adult mentor, the premise being that “one can have fun without drugs”. For the primary school youth, they use a workbook called “It’s My life” which exposes them to how to cope with their feelings and what substances are.

Where?
The project will be implemented in six schools in Soweto and Eldorado Park, south of Johannesburg, South Africa. The most commonly used and abused substances are alcohol, nicotine, cannabis and crack/cocaine. Other drugs are ecstasy and LSD that are used in rave nightclubs. Risk factors identified in the community are lack of awareness programmes on substance use and abuse in the schools, availability of substances, peer pressure and poor role models

The activities of Alcohol and Drug Concerns under the Global Initiative
The project will mobilise the school community to promote a safe environment for the prevention of psychoactive substance abuse among 13-20 years old young people through a “Youth to Youth” program. The project works through mentors from community based organisations and friendship groups established in the participating schools.

E-mail: thedaleonie@mweb.co.za

Elim Clinic - Tembisa Office

What does the Elim Clinic do?
Elim Clinic offers rehabilitation services for individuals with substance use related problems. Treatment programmes offered are in-patient, day-patient and after hour programmes. The clinic has also established an outreach programme aimed at prevention of substance use among the youth of the community of Tembisa. Prevention programmes include school-based activities, lifeskills training on substance abuse, capacity building for peer educators, volunteers and disadvantaged women as well as poverty alleviation.
Where?
Elim Clinic is based in Kempton Park, Johannesburg, South Africa. In Tembisa, the substances commonly used by young people are alcohol, nicotine (cigarettes and snuff), glue, cannabis and mandrax (methaqualone). Use is reported to be on the increase. Police records related to crime committed by youths under the influence of substances indicate a 40 percent increase. Report of a situation analysis done in 2001 indicates that values and norms of the community have an influence on substance use by young people. For example I) Birthday parties were said to involve more than an acceptable quantity of alcohol, examination bashes (celebrations) were also said to be a problem as it involves alcohol and iii) Young people are used by adults to sell the substance to get money.

The activities of the Elim Clinic under the Global Initiative
The project will implement an awareness raising and life skills training programme through peer education among students of the secondary schools and the technical college of the community. The project targets youths aged between 15 and 25 years.

E-mail: info@elimclin.co.za
http://www.elimclin.co.za/

South African National Council on Alcoholism and Drug Dependence (SANCA) Nongoma Alcohol and Drug Help Centre

What does SANCA Nongoma do?
SANCA is an established organization specializing in the prevention of substance abuse on a national, regional and district or community level. Although operating widely, the relevant SANCA portfolio is specially – but not exclusively - concerned with (a) historically disadvantaged informal and rural settlements as well as urban townships, and (b) women and young people. It has, for example, pioneered the mobilization and sustaining of Youth Peer Counselling and Teenagers Against Drug Abuse community programmes that emphasize active stakeholder participation. SANCA Nongoma has also introduced an integrated approach to prevention of substance abuse problem. The incorporation of HIV/AIDS has given impetus for forging ahead with intersectoral and partnership endeavours. It must be noted that when referring to South African National Council on Alcoholism and Drug Dependence, it is usually meant SANCA National Directorate (Head Office). In the case of Nongoma and other affiliated SANCA organizations, SANCA is meant to refer to the registered business name as it is referred to in the case of Nongoma as: SANCA Nongoma: Alcohol and Drug Help Centre.

Where?
One of SANCA’s programmes is based in Nongoma, a rural area in KwaZulu Natal. Service provided by this programme includes the area of Mahlabathini. SANCA Nongoma operational areas include: Hlabisa, UBombo, Ingwavuma and Simdlangentsha (Pongola) districts as well. However, SANCA Nongoma forms part of KwaZulu-Natal SANCA provincial structures of this region of South Africa. In most schools of the mentioned community there are no awareness programmes for substance abuse. In addition young people lack the necessary skill for employment.
The activities of the SANCA Nongoma under the Global Initiative
The project for the Global Initiative aims at developing a community based psychosocial support system that will include development of a peer you counselling project and vocational training for out of school and unemployed youths in computer literacy, security training, catering and flower arranging. These are the most possible areas of employment in this community. The project envisages forming a working relationship in partnership with school visiting nurses, for a combined programme of prevention of substance abuse, HIV/AIDS and related health and social problems among youth at schools.

SANPARK Community Centre

What does SANPARK community centre do?
Sanpark Community Support Centre is a psycho- social health centre offering a multi -faceted service. The programme is holistic and provides treatment and prevention of alcohol and drug abuse services. Prevention programmes target mainly youths and children living on the street. The centre is also involved in training for unemployment people and assisting with establishment of more business ventures.

Where?
Sanpark Community Centre is located near Klerksdorp in the North West Province of South Africa. The NorthWest community is mainly a rural setting with lesser-developed towns. Most of the people live below the poverty datum line. Unemployment is high. The province has the highest alcohol consumption rang (34lt - 68lt per capita). Cannabis is the other commonly abused substance. Substance abuse is also high in institutions of learning especially secondary and tertiary institutions. Apart from poverty, substance abuse among the youth is linked to peer pressure, family problems, and lack sufficient skills or information on substance abuse. Children of addicted parents have 60-80% chance of developing dependency problems themselves whereas children living on the streets have 100% chance of abusing or experimenting with drugs.

The activities of SANPARK under the Global Initiative
The objective of the project will be to prevent drug abuse among high risk youths mentioned above, aged 12 to 18 years of Klerksdorp in the North West Province through youth empowerment, promotion of a healthy lifestyle and dissemination of life skills and knowledge.

E-mail: sanpark@lantic.net

Siyanqoba Youth Against Substance Abuse

What does Siyonqoba do?
Siyanqoba is a community-based organisation that was established in 1998. It is involved in prevention of use of alcohol and other drugs and related crime among young people.

Where?
Siyanqoba Youth Against Substance Abuse is based in the historically disadvantaged communities of Mamelodi East in the city of Pretoria, South Africa. The commonly used substances are alcohol, cigarettes, glue, and
shaaba (rape pill). A majority of young people involved in substance abuse is generally from very family background. These young people are also likely to be school dropouts, ex-convicts, unemployed, rape victims, victims of domestic violence, homeless, orphans and crime perpetrators

**The activities of Siyonqoba under the Global Initiative**
The project will involve stakeholders in the community to organise awareness programmes, leisure activities, life skills training, and lobbying for the creation of employment opportunities for young people. The idea is to organise and implement a programme that will help youths that are in school and those that are out of school develop skills that will help them cope with demands and changes in life situations and find alternatives to substance use and abuse.

**Themba Trust Project Youth Camp**

**What does Themba Trust do?**
Themba Trust was established in 1984. Its work focuses on the prevention of substance use, especially within historically disadvantaged sectors, e.g. rural communities. Mpumalanga Province supplemented with specialised inpatient treatment facilities. It also operates a Youth Camp for school going young people and is also involved in prevention of HIV/AIDS, social exclusion and crime among young people. Courses run aim at equipping youth to respond effectively to the demands and problems of life and include: communication, creative problem solving, self-concept enhancement, conflict resolution, etc.

**Where?**
The Trust runs community outreach programmes within approximately seven rural districts of South Eastern Mpumalanga. The camp is situated in the Madlangampise Mountain and environmental education forms part of the lecture material. Unemployment is very high in this community. Young people have difficulty furthering their studies. These factors put them at high risk of using and abusing substances. The most commonly abused substances are alcohol, cannabis and nicotine. New drugs like mandrax (methaqualone) are being introduced to the young people.

**The activities of Themba Trust under the Global Initiative**
Activities of the Trust for the Global Initiative target youths under the age of 12 years from local primary schools, 12-18 years of age from local senior primary schools and the out of school youths up to 24 years of age in the township and on the farms around Dierksdorp.

The project will organise social skills development, awareness raining programmes and lobbying for enforcement of existing laws for the youths.

E-mail: thembatrust@vlr.dorea.co.za
University of the North - Department of Social Work - Community Youth Outreach Project

What does the Department of Social Work do?
In partnership with social workers, teachers, nurses and civic society groups as part of its social work training programme and social responsibility activities, the Department of Social Work at the University of The North has been operating a community development outreach project since 1981. The focus of the project is youth development and empowerment, especially of young people in historically neglected rural communities and informal settlements in the Northern Province. These groups are vulnerable to substance use, HIV/AIDS and violence.

Where?
The project will be implemented in the Greater Mankweng area, Limpopo Province in South Africa. The Mankweng area is divided into villages that are far apart from each other. Each village has its own chief and follows its own customs and religion. Commonly abused substances in the area are alcohol, tobacco, cannabis, inhalants and home brewed concoctions. Identified risk factors include poverty, lack of employment opportunities for young people, peer pressure, boredom and lack of recreational facilities as well as lack of parental care.

The activities of the Outreach Programme Department of Social Work, University of the North under the Global Initiative
The objective of the project will be to reduce substance use in the Greater Mankweng area by 40% by the year 2002 amongst youths aged between 12 and 30 years and develop self-help skills among youths aged between 18 and 30 by 2002. The project will target both students in five rural schools and out of school youths.

E-mail: malakad@unin.unorth.ac.za

University of Pretoria - Department of Psychology - Community Unit

What does the Community Unit do?
The Department of Psychology train students to develop and implement community development programmes by doing practical projects in the community. Post-graduate students of the Department take part in the projects each year. The Department also have links with multi-disciplinary service providers and NGO’s in the community to provide preventive interventions in community settings. The programme is built into the curriculum of the Department of Psychology and managed by staff and senior students.

Where?
The project will be implemented in Greater Pretoria, South Africa. Drinking alcohol seems to be part of the perceived peer group norm in this area. Other substances used in the area are cannabis, cocaine, crack and mandrax. Major risk factors are perceived peer group norms - substance abuse is perceived as common behaviour, lack of skills on how to handle a risk situation involving substances, psychosocial problems of the youth and limited psychological support services in the community.
The activities of the Community Unit under the Global Initiative
The project is aimed at substance use prevention among young people through empowering them to meet the challenges of daily living. Special emphasis is placed on developing research and community driven intervention models for use in related communities in other provinces. The objective of the project will be to prevent high-risk behaviour such as substance abuse, sexual activity that can result in the spread of HIV/AIDS, and violence on a primary level amongst the secondary school learners.

E-mail: mjvisser@postino.up.ac.za

Youth for Christ South Africa

What does Youth for Christ South Africa Do?
Youth for Christ South Africa has been active in youth development since 1946. In the past three years, main activities have included life skills in schools, working with homeless children, youth leadership development, working with awaiting-trial juvenile prisoners, community development and job creation.

Where?
Youth For Christ has 18 offices based throughout South Africa. Many people in the districts where YFC operate live in economically depressed communities where unemployment and crime combine to create an extremely high-risk environment for young people. Violence and gangsterism are abound in these communities, and are nearly always related closely with drug and alcohol abuse. A lack of positive role models is also a risk factor in many of these communities. In fact, in many communities, it is the gangsters and drug dealers who are often looked up to and idolised by young people.

The activities of Youth for Christ under the Global Initiative
The over-all aim of the Substance Abuse Prevention Programme is to reduce the rate of Substance Abuse in selected school communities through promotion of balanced development in the four basic aspects of life: Physical, Mental, Social and Spiritual. Activities of the project that include implementing peer education and life skills training will target 13-17 year old people in the schools in The Greater Pretoria district of Gauteng Province, The Warmbaths District of the Northern Province (Bela-bela).

E-mail: info@yfc.co.za
http://www.yfc.co.za/