Family Health Trust Anti AIDS Project

What does the Trust do?
The Trust is involved in the prevention and control of further spread of HIV in Zambia. It also provides care and support to those affected with HIV/AIDS in order to enhance their quality of life. The Trust works through three specialised projects: the Anti AIDS Project, the Lusaka Home Based Care Project and the Children in Distress project. The Anti AIDS Project works mainly through Anti AIDS clubs that are found throughout the country and are started by young people. The project provides and organises education and communication materials, letter answering, drop-in resource centre, and training, supports micro-business ventures and organises sporting activities.

Where?
The Trust works throughout the Zambia. The Global Initiative Project is based in George Compound of Lusaka. Over 50% of young people aged 8 to 25 years abuse psychoactive substances in George Compound of Lusaka. Substances abused are locally obtained and include: cannabis (Marijuana), alcohol, petrol, glue (bostik) and illicit brew. Most of the young people use a mixture of substances. Risk factors for substance abuse include: lack of psychosocial life skills, early exposure to substance use, dropping out of school due to lack of support, low self esteem, high poverty levels, family disruptions due to divorce/separations high illiteracy levels, lack of positive perception of school, availability of cheap substances and presence of parent/adult abusers.

The activities of Family Health Trust Under the Global Initiative
Activities of the global Initiative aim at promoting healthier life styles among children and young people. Activities are planned for young people aged 10 – 24 years. The activities involve increasing awareness among children and young people regarding substance abuse and HIV/AIDS and sexual reproductive health. This is done through both print and electronic media in partnership with other organisations. Other activities include developing a psychosocial life skills programme for substance abuse and HIV/AIDS/STDs using community /school club setting.

Family Health Trust is also reaching out to children and young people through the Mobile Video Unit, theatre using Anti AIDS/Drug Clubs in schools and also through its well trained Peer Educators who are placed within George Compound.
Family Life Movement of Zambia

What does the Family Life Movement of Zambia do?
The Family Life Movement’s main objective is to promote a happy and healthy family life through the services it provides to the community. The organisation offers a variety of services through three programmes. The first programme is the Family Life Education (FLE) programme that targets in and out of school youths. Through this programme, young people are provided with information and education on issues of family life, human sexuality and reproduction, STDs/HIV/AIDS and substance abuse. The Parent Elder Education Programme complements the FLE programme by targeting parents, guardians, churches and community leaders to provide knowledge and skills needed to promote positive human sexuality, reproduction and STDs/HIV/AIDS and related issues. FLMZ also promotes the formation of support groups called Family Life Groups (FLG) among the target groups to ensure continuity of FLE programme in the communities.

Where?
Activities of the Global Initiative will be undertaken in George compound, which is one of the oldest and largest compounds situated in the west of Lusaka City in Zambia. George compound has a total population 173,331, and out of this population 18% are youths. Substances used and abused by young people are cannabis (chamba), alcohol (including an illicit brew Kachasu), glue, petrol, jenkem (fermented human excreta) and valium. Risk factors for substance use are the presence of several alcohol outlets, availability and accessibility of substances, peer influence and lack of recreational facilities.

The activities of Family Life Movement of Zambia Under the Global Initiative
Activities of the Global Initiative include raising awareness of young people on issues related to substance use, providing opportunities for positive recreation, developing income generating activities and promoting fundraising events.

E-mail: Flmz@zamnet.zm

Kanyama Youth Programme Trust (KYPT)

What does the Kanyama Youth Programme Trust do?
Kanyama Youth programme Trust is a community based youth NGO that offers vocational life skills to underprivileged youths from the community especially those from Kanyama constituency. The courses offered are Carpentry, Tailoring, Bricklaying, Catering, Auto-Mechanics and Auto-electrical. The organisation also offers short courses in Batik tie and dyes, and Basic Business Management. In addition, the programme provides accommodation to four community-based groups namely Kanyama Writers Group, Chibolya Community Anti-AIDS Club, Chic Choc Drama Group and the Kanyama Art Club.
Where?
KYPT is located in two densely populated areas of Kanyama and Chibolya 500 metres from the city centre south of Lusaka. Common psychoactive substances used by young people in the area are cannabis, tobacco, hashish, glue, and alcohol including illicit brews and diazepam. Young people of both sexes are involved in substance abuse. Use of substances has been reported from the age of 10 years. Risk factors include peer pressure, lack of knowledge about the consequences of substance use, poverty, lack of recreation activities and facilities and lack of survival skills.

The activities of Kanyama Youth Training Centre Under the Global Initiative
Activities of the Global Initiative target youths from the age of 7 to 21 who have not yet started using psychoactive substances. These involve advocating for the law enforcement against the trading of harmful substances, sensitisation of the public through use of the media and drama performances, producing IEC materials, organisation of recreation activities for young people, provision of counselling services, vocational and psychosocial life skills training to young people.

E-mail: kafuli2001@yahoo.uk

Mental Health Association of Zambia

What does the Association do?
The Mental Health Association of Zambia aims at promoting the mental health of the people of Zambia. The association works through Mental Health Clubs that have been established in various communities providing and organising: community awareness on mental health, skills training and advocacy. The association is engaged in mental health education including substance abuse education targeting the youth in schools.

Where?
For the Global Initiative the association has activities in Kamanga and Chelstone areas in the City of Lusaka. Kamanga Compound is one of the squatter compounds In Lusaka and is located about 10 kilometres from the city centre. Chelstone Compound comprises of a mixture of low, medium and high-density areas. Commons substances abused by young people are cannabis, alcohol, tablets like diazepam, benzhexol and phenobarbitone. Inhalants such as petrol, glue and biogas are also involved. Reported risk factors are lack of recreation facilities, high unemployment, poverty, peer pressure and availability of substance within the community.

The activities of Mental Health Association of Zambia Under the Global Initiative
Activities of the Global Initiative in the selected communities involve young people who are still at school and those who are out of school, aged between 14 and 21 years include production and distribution of IEC materials, integration of substance abuse into school and community based vocational skills training programmes.
Programme Urban Self-Help (PUSH)

What does PUSH do?
PUSH provides community development services through creation of community assets aimed at improving the health, economic and social status of unplanned urban and peri-urban settlements in Zambia. These activities are done through community based participatory approaches including labour based work techniques; provision of temporary employment for low-income members of the settlements, and life skills training. PUSH provides and organises functional literacy, enterpreneurship, family life education and reproductive health, counselling and other.

Where?
Activities of the Global Initiative are being implemented in Monze District of Zambia. In this community most youths involved in substance abuse have either dropped out of school or have never been to school. The substances commonly used in the district are cannabis and alcohol. Risk factors for substance abuse are premature exit from school, unemployment, low self-esteem, poverty, and misconceptions about substance abuse, peer pressure, uncontrolled sale of alcohol and drugs leading to easy access and lack of parental care and guidance.

The activities of PUSH under the Global Initiative
Activities of the Global Initiative include conducting awareness/educational campaigns, training of peer educators in life skills and recreation, functional literacy and entrepreneurship.

E-mail: pushprog@zamtel.zm

Society for Teenage Entrepreneurs

What does the Society do?
The society trains young people in various vocational skills. The youths involved are mainly those who drop out of school due to socio-economic problems. The skills imparted are welding, basic motor mechanics, vehicle driving, tailoring and upholster. The society is also involved in training youths in prevention of substance abuse.

Where?
Chinika area is located on the overspill of Kanyama Compound of Lusaka, Zambia. Commonly available substances in Chinika compound are alcohol, tobacco, cigarettes, marijuana, petrol, and bolstick (glue). Coincidentally, these are the same substances which are reportedly to be widely and extensively abused by the community members. Those abusing the drugs are young people coming from relatively poorer and disintegrated families. Most of these young people are orphans and out of school youths. The main causes of substance abuse are peer pressure, economic strains on parents (i.e. parents failing to look after many children, parents failing to send their children to school), lack of employment opportunities for young people, poverty (hunger at home); orphanhood, and lack of recreation facilities.

The activities of Society for Teenage Entrepreneurs under the Global
Initiative
Activities for the Global Initiative include training young people in vocational skills as well as substance abuse prevention. The project also includes promotion of various sporting activities that are accessible to the disadvantaged youths.

Youth Alive Zambia (YAZ)

What does YAZ do?
YAZ is run by youths for youths. The organisation is involved in organising a number of activities. The Adventure Unlimited programme is a behaviour formation programme for 9-14 years old children. A life skills programme is organised to empower youths with skills that help them to live more resourceful and healthy lives. There is also a Schools Outreach Programme for students in secondary schools as well as community base programmes focusing on out-of-school youths. Open forum discussions is an advocacy initiative to lobby government, NGOs and the public on issues that are important to youth through radio, television, talent shows, debate, drama, musical and sport shows. YAZ is involved in HIV/AIDS prevention activities. It also has a behaviour change programme called Education for Life Process.

Where?
YAZ are implementing activities of the Global Initiative in Kaunda Square, in Lusaka Zambia. Commonly used substances are cannabis, alcohol and inhalants. Important risk factors for substance use and abuse among young people are availability of substances, high unemployment levels, lack of knowledge on substance abuse issues and lack of recreational facilities.

The activities of Youth Alive Zambia under the Global Initiative
Activities of the Global Initiative include building capacity of youth leaders based in Matero and Northmead community clubs on substance abuse issues. Activities focus on development of psychosocial skills that promote healthy lifestyles in young people.

E-mail: yaz@zamnet.zm

Zambia Red Cross Society

What does the Association do?
The Society has a nation-wide network of branches consisting of members groups with registered volunteers. It is involved in providing assistance to the sick and wounded in times of war, organising relief services to all disaster victims of both natural and man made and assisting the authorities in improvement of health services and prevention of disease.

Where?
The Society co-ordinates the street children project in Lusaka. The goal of the project is to empty the streets of Lusaka of the street kids through rehabilitation and re-unification of some of the street kids with their parents and guardians. Beneficiaries of the Global Initiative Project are street kids at the Red Cross Centre and the streets of Lusaka and also in and out of school youths at the Garden Compound and surrounding areas. Young people in
school use substances due to peer pressure. Boys are more affected than girls. About 80% of street children use psychoactive substances. Risk factors are loss of loved one, boredom and neglect. Commonly used substances are alcohol, cannabis, tobacco, stimulants, inhalants and diazepines.

The activities of Zambia Red Cross Society under the Global Initiative
Activities of the Global Initiative include promoting healthy behaviours and development of income generating activities. Specifically activities involve offering peer education services, dissemination of information, organising sporting activities, providing training in vocational skills and placing trained youths in existing income generating projects.

E-mail: zics@zamnet.zm

Zambia Schools Anti-AIDS Club Patron Association

What does the Anti-AIDS Association do?
The association is involved in Health Education in institutions of learning particularly HIV/AIDS and other related areas. The group provides and organises health education to students, trains peer educators in schools, provides reading materials for teachers, youths and the community.

Where?
The project for the Global Initiative is based in selected schools in Kabwe town in the Central Province of Zambia. Young people are noted to use substances when they are at school are away from school. Risk factors are peer pressure, lack of adequate information on substance abuse issues and availability of substances.

The activities of Zambia Schools Anti-AIDS Club Patron Association under the Global Initiative
Activities of the Global Initiative include development of a lifeskills programme for pupils aged between 13 and 15 years and designing and dissemination of IEC materials on substance abuse. Activities are organised through the existing Anti-AIDS clubs.

E-mail: mailto:denniehim2001@yahoo.com