FRANCE

Recorded adult per capita consumption (age 15+)

Sources: FAO (Food and Agriculture Organization of the United Nations), World Drink Trends 2003

Last year abstainers

Estimates from key alcohol experts show that the proportion of adult males and females who had been abstaining (last year before the survey) was 12% (males) and 16% (females). Data is for after year 1995.2

A 2000 national survey of about 1000 respondents aged 18 to 64 years conducted by the European Comparative Alcohol Study (ECAS) project found the rate of abstainers to be 13% among males and 27% among females (based on the most frequently consumed beverage for each respondent).3

A 2000 national survey of 13,685 subjects aged 12 to 75 years found the rate of last year abstainers to be 7.3% (males) and 11.1% (females).4 In the same survey, it was also found that for those aged 18 and above, on average, among those who drank the previous night, men drank 3.0 glasses and women 1.7. Daily consumers drank on average 2.8 glasses, weekly drinkers 2.3 and monthly or occasional drinkers 1.7. Consumption during the weekend is much greater than that during the week (number of glasses on average for drinkers: 2.4 from Monday to Thursday, against 2.6 for Friday and 2.9 for Saturday and Sunday).5

Data from the WHO GENACIS study. National survey conducted in 1999 (age group 20 to 64 years). Total sample size n = 10,624; males n = 4,725 and females n = 5,899.1
Heavy and hazardous drinkers (among drinkers)

A survey conducted among 1619 men and 1559 women aged between 35 and 64 years living in three French areas (Lille, Strasbourg and Toulouse) found that the rate of heavy drinking was 14.4% among males and 9% among females. Heavy drinking was defined for men as consuming 60 g or more of ethanol a day and for women 30 g or more of ethanol a day.\textsuperscript{6}

A 2000 national survey of 13 685 subjects aged 12 to 75 years found that for the subsample age group 60–75 years old (sample size unknown), the rate of regular drinkers was 67.6% among males and 37% among females. Regular drinking was defined as having drunk alcohol at least three times in the last week.\textsuperscript{7}

Heavy episodic drinkers (among drinkers)

A national survey conducted in 2000 of a sample representative of the adult population aged 18–64 years found that the percentage of binge drinking occasions of all drinking occasions in the last 12 months was 9% among male drinkers and 5% among female drinkers. Binge drinking was defined as an occasion when the respondent had consumed at least one bottle of wine, 25 centilitres of spirits or four cans of beer.\textsuperscript{3}

In a 2000 nationally representative sample of subjects aged 18–64 years, the annual frequency of binge drinking in the past year was 11.4 among males and 3.3 among females. Binge drinking was defined as consuming at least a bottle of wine, 25 centilitres of spirits or 4 cans of beer.\textsuperscript{8}

Youth drinking (last month consumers)

Data from the WHO GENACIS study. National survey conducted in 1999 (age group 20 to 64 years). Total sample size $n = 10624$; males $n = 4725$ and females $n = 5899$. Definition used: average consumption of 40 g or more of pure alcohol a day for males and 20 g or more of pure alcohol a day for females. Data is for among drinkers only.\textsuperscript{1}

Data from the WHO GENACIS study. National survey conducted in 2000 (age group 20 to 64 years). Total sample size $n = 970$; males $n = 464$ and females $n = 506$. Definition used: consumption of 75 g or more of pure alcohol in one sitting at least once a month in the last year (among drinkers only).\textsuperscript{1}

Data from the 2002 ESCAPAD (Enquête sur l’Ar Santé et les Consommations lors de l’Appel de Préparation à la Défense) survey (total sample size $n = 16668$, males $n = 8341$ and females $n = 8327$; aged 17 to 19 years).\textsuperscript{9}
The same survey also found the rate of lifetime prevalence of use to be 93.6% (total), 94.1% (males) and 93.1% (females).  

**Youth drinking (drink at least weekly)**

According to the 1997/1998 HBSC survey (total sample size \( n = 1245 \)), 31% of 15-year-old boys and 15% of 15-year-old girls reported drinking beer, wine or spirits at least weekly. Note that this was not a nationally representative sample but a regional sample of France (Nancy-Lorraine and Toulouse-midi-Pyrénées).  

According to the 1999 ESPAD survey (total sample size \( n = 2284 \), males \( n = 1174 \) and females \( n = 1110 \); age group 15 to 16 years), the rate of alcohol consumers was 20% (total), 28% (males) and 13% (females). Alcohol consumer was defined as lifetime use of 40 times or more.  

According to a 2001 national survey of 1028 adolescents aged between 13 and 20 years old, 13% of the sample were lifetime abstainers. 21% of the total population sampled were frequent consumers of alcohol (having 10 or more drinks a month) – 30% of males and 12% of females.  

The 2002 ESCAPAD survey of 16 668 adolescents (8341 males and 8327 females) aged 17 to 19 years found that the rate of regular drinkers was 12.4% (total), 18.5% (males) and 6% (females). Regular drinking was defined as consumption of alcohol 10 times or more in the last 30 days.  

The 2003 ESPAD survey of 16 833 adolescents aged 12 to 18 years found that among 14–15-year-olds, 5.8% of boys and 2.2% of girls were regular drinkers. The corresponding rates for 16–17-year-olds were 12.2% for boys and 4.6% for girls.  

**Youth drinking (binge drinkers)**

According to the 2001/2002 HBSC survey (total sample size \( n = 2614 \)), the proportion of 15-year-olds who report drinking beer, wine or spirits at least weekly. Total sample size \( n = 2614 \).  

According to the 1999 ESPAD survey. Total sample size \( n = 2284 \), males \( n = 1174 \) and females \( n = 1110 \); age group 15 to 16 years. Binge drinking was defined as consuming five or more drinks in a row three times or more in the last 30 days.  

**Youth drinking (drunkenness)**

According to the 2001/2002 HBSC survey (total sample size \( n = 2614 \)), the proportion of 15-year-olds who reported ever having been drunk two or more times was 22.2% for boys and 15% for girls.  

A 2000 national survey of 13 685 subjects aged 12 to 75 years found that at 17 years of age, 63.3% of boys and 49.5% of girls admitted to having already been intoxicated during their lives. Among the latter, the prevalence of intoxication increases with age, reaching 74.8% among 19-year-olds.  

In the 1999 ESPAD study of subjects 15 to 16 years old (total sample size \( n = 2284 \); males \( n = 1174 \) and females \( n = 1110 \)) the proportion of subjects who reported being drunk three times or more in the last 30 days was 6% (total), 7% (males) and 4% (females).
Alcohol dependence

Data from the 2000 Health Survey of 13,685 subjects aged 12 to 75 years (according to test data). Data shows percentage at risk for alcohol dependence using the DETA (Diminuer entourage trop alcohol: Reduce alcohol-based surroundings) test.4

Drunkenness

A 2000 national survey of 13,685 subjects aged 12 to 75 years found that among those aged 18 years and above, 14% have had at least one episode of intoxication during the last 12 months. Such episodes are more frequent among men (22%) than women (7%) and occur most often between the ages of 18 and 25 (51% of men and 22% of women).5

Unrecorded alcohol consumption

The unrecorded alcohol consumption in France is estimated to be 1.0 litre pure alcohol per capita for population older than 15 for the years after 1995 (estimated by a group of key alcohol experts).2

Mortality rates from selected death causes where alcohol is one of the underlying risk factors

The data represent all the deaths occurring in a country irrespective of whether alcohol was a direct or indirect contributor.

Chronic mortality

Note: Chronic mortality time-series measured on two axes, ischaemic heart disease on right axis and the other causes on the left.
Acute mortality

Source: WHO Mortality Database

**Morbidity, health and social problems from alcohol use**

With regards to trauma, alcohol is the cause of 30% to 40% of mortal road accidents, of 10% to 20% of work accidents and of at least 20% of domestic accidents. For suicides, the range is between 5% and 25%.

Alcohol is blamed for one third of all road deaths, 30% of domestic violence and up to 20% of industrial accidents.

From 1999–2001, the figures from the BAAC (analysis form of road traffic accidents with personal injury that is completed within six days from the accident) show that between 5% and 6% of drivers involved in accidents with personal injury were above the legal alcohol limit, with the proportion rising to 16% and 17% for fatal accidents. Around 10% of accidents with personal injury involve a driver over the legal limit; for fatal accidents this proportion stands at around 30%.

Data from the National Interdepartmental Observatory of Road Safety show that in 1998 there were a total of 107,873 driving offences committed by drivers in a state of drunkenness. There were 4,545 cases of homicides/injuries committed by drunk drivers (469 were charged with manslaughter and 4046 with voluntary manslaughter).

In an analysis of road traffic accidents in France during a 52-month period (September 1995 to December 1999), the blood alcohol concentration was over the legal limit (0.50 g/L in France) in 9.8% of the accidents with casualties overall. Considering only fatal accidents, the rate of positive alcohol test in drivers was approximately 31.5%. This rate varied depending on the period and the type of accident, raising up to 71.2% in single-vehicle accidents (loss of control) at night during the weekend. The percentage of positive alcohol tests also dramatically increased with the number of fatalities per accident (87.5% in single-vehicle accidents during weekend nights involving three or more killed).

The percentage of persons, among hospitalized patients, who can be considered as having a problem with alcohol is between 13% and 20%. In the short-stay services, the range is from 18% to 24%. The prevalence of alcohol problems among hospitalized persons is three to four times higher among men than women. With regards to age, persons aged 45 to 55 years appear to be more affected. In most surveys, these patients were seen most often in the psychiatric services (30% to 40%).
The SDR per 100,000 population for chronic liver disease and cirrhosis was 15.26 in 1998 and 14.58 in 1999. In 1998, there were 23,110 deaths related to chronic alcohol poisoning. 11% were due to alcohol addiction, 38.4% to cirrhosis of the liver, and 50.6% were due to upper aerodigestive tract cancer (lips, oral cavity, pharynx, oesophagus, and larynx).

According to the Observatoire Français des Drogues et des Toxicomanies (OFDT, French Observatory of Drugs and Drug Addiction), 43,963 people lost their lives in France in 1997 because of their own alcohol consumption (35,446 males and 8,517 females). This figure includes deaths due to various pathologies linked to alcohol (35,888), to suicides (4,130), to accidents (37,120), road fatalities in particular (27,160), and to homicides (233). The number of years of life lost totals 742,098. Not considering comorbidity, the 43,963 deaths represent 8.3% of the annual mortality in France in 1997. Moreover, alcohol consumption led to 383,381 hospitalizations, that is 3,642,120 days spent at the hospital.

The findings of a study (using data from 1947 to 1987) imply that a 1-liter increase in per capita consumption of alcohol entails a 3–4% increase in the suicide rate.

In the month of December 1999, approximately 700 people had recourse to the CSST (centres de soins spécialisés pour toxicomanies, specialized centers for the care of drug addicts) due to their consumption of alcohol as a primary drug and approximately 1,800 as a secondary drug.

On the basis of a survey conducted in 1999, general practitioners saw, on average, a little less than two patients who wished to stop drinking during the week preceding the survey. If this figure is extrapolated to all general practitioners, it is equivalent to approximately 92,000 persons seen per week throughout the country.

**Economic and social costs**

Alcohol is the drug that gives rise to the greatest cost in France, i.e. 115,420,91 million francs (FF) or 1.42% of the gross domestic product in 1997. The greatest share of the social cost of alcohol comes from the loss of productivity (57,555,66 million FF), due to premature death (53,168,60 million FF), morbidity (38,844 million FF) and imprisonment (503,06 million FF).

**Country background information**

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<thead>
<tr>
<th>Total population 2003</th>
<th>Life expectancy at birth (2002)</th>
<th>Male</th>
<th>Female</th>
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<tbody>
<tr>
<td>60,144,000</td>
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<td>76.0</td>
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<tr>
<th>Adult (15+)</th>
<th>Probability of dying under 5 per 1000 (2002)</th>
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<tr>
<td>48,716,640</td>
<td>Male 83.6</td>
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<td>% under 15</td>
<td>Female 6</td>
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<tr>
<th>Population distribution 2001 (%)</th>
<th>Probability of dying under 5 per 1000 (2002)</th>
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<tr>
<td>Urban</td>
<td>Male 83.6</td>
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<tr>
<td>Rural</td>
<td>Female 6</td>
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<th>Gross National Income per capita 2002</th>
<th>US$</th>
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<td>22,010*</td>
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*Data include the French overseas departments of French Guyana, Guadeloupe, Martinique and Réunion.


**References**

1. Preliminary results from the *Gender, Alcohol and Culture: An International Study (GENACIS Project)*. International Research Group on Gender and Alcohol (for more information please see http://www.med.und.nodak.edu/depts/irgga/GENACISProject.html).


