Alcohol and health

3.3 deaths every year from harmful use of alcohol

Harmful use of alcohol causes

- 100% of fetal alcohol syndrome
- 100% of alcohol use disorders
- 22% of suicides
- 22% of interpersonal violence
- 15% of traffic injuries
- 50% of liver cirrhosis
- 30% of mouth and throat cancers
- 25% of pancreatitis
- 12% of tuberculosis
- 10% of colorectal cancer
- 8% of breast cancer
- 8% of heart disease

Reduce harmful use of alcohol

- Best buy interventions
- Regulate availability
- Restrict advertising
- Use pricing policies

More key interventions

- Raise awareness of alcohol-attributable health burden
- Support community action to prevent and reduce the harmful use of alcohol
- Provide consumer information on alcohol containers
- Regulate informally produced alcohol
- Develop surveillance systems for alcohol consumption, health consequences and policy

10% reduction in the harmful use of alcohol by 2020