

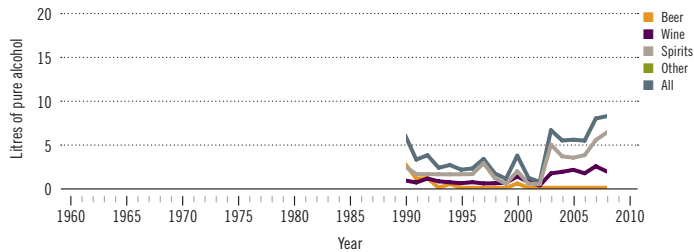
Cook Islands

Total population: 20 000 ➤ Population aged 15 years and older (15+): 69% ➤ Population in urban areas: 75% ➤ Income group (World Bank): —

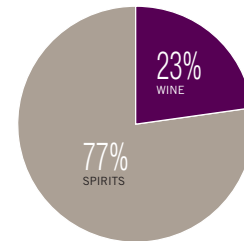
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	3.2 [†]	5.9 [†]	↗
Unrecorded	0.5	0.5	→
Total	3.7	6.4	↗
Total males / females		10.5 / 2.1	
WHO Western Pacific Region	5.4	6.8	

[†] Tourist consumption deducted when at least as many tourists as inhabitants.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	18.9
Females (15+)	6.1
Both sexes (15+)	14.1

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	21.0	45.6	33.1
Former drinkers* (15+)	23.2	20.3	21.8
Abstainers (15+), past 12 months	44.2	65.9	54.9

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	—	—
Females (15+)	—	—
Both sexes (15+)	—	—

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	—	—	—	—
Liver cirrhosis, males / females	—	—	—	—
Road traffic accidents, males / females	—	—	—	—

*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	7.8	5.2
Females	1.4	0.7
Both sexes	4.7	3.0
WHO Western Pacific Region	4.6	2.3

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2012

LEAST No information available MOST

*Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density	Yes, Yes / Yes, Yes
Specific events / intoxicated persons / petrol stations	Yes / Yes / Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.08 / 0.08 / 0.08
Legally binding regulations on alcohol advertising / product placement	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion	Yes / Yes
Legally required health warning labels on alcohol advertisements / containers	No / No
National government support for community action	No
National monitoring system(s)	Yes