Finland

Total population: 5 368 000 ➤ Population aged 15 years and older (15+): 83% ➤ Population in urban areas: 85% ➤ Income group (World Bank): High income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010
Data refer to litres of pure alcohol per capita (15+).

Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010

Alcohol per capita (15+) consumption (in litres of pure alcohol)

Recorded 9.7 10.0 ➤
Unrecorded 2.8 2.3 ➤
Total 12.5 12.3 ➤
Total males / females 17.5 7.3 ➤
WHO European Region 11.9 10.9

Prevalence of heavy episodic drinking* (%), 2010

Population Drinkers only
Males (15+) 51.8 69.8
Females (15+) 22.0 35.4
Both sexes (15+) 36.5 53.7

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+) 23.6
Females (15+) 11.8
Both sexes (15+) 18.1

Abstainers (%), 2010

Males Females Both sexes
Lifetime abstainers (15+) 7.2 20.4 14.0
Former drinkers* (15+) 18.6 17.4 18.0
Abstainers (15+), past 12 months 25.9 37.8 32.0

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

Liver cirrhosis, males / females 28.5 10.0 73.0 72.2
Road traffic accidents, males / females 8.7 2.6 22.4 8.7

*Per 100 000 population (15+).

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 > MOST

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

Males Alcohol use disorders** 11.5 6.1
Females 2.8 1.5
Both sexes 7.0 3.7
WHO European Region 7.5 4.0

*12-month prevalence estimates (15+).
**Including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan

Yes (2003/2011) / Yes

Excise tax on beer / wine / spirits

Yes / Yes / Yes

National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)

18 / 18 / 20

National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)

18 / 18 / 18

Restrictions for on-/off-premise sales of alcoholic beverages:

Hours, days / places, density Specific events / intoxicated persons / petrol stations

Yes, Yes / Yes, Yes Yes, Yes / Yes, Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %

0.05 / 0.05 / 0.05

Legally binding regulations on alcohol advertising / product placement

Yes / Yes

Legally binding regulations on alcohol sponsorship / sales promotion

Yes / Yes

Legally required health warning labels on alcohol advertisements / containers

No / No

National government support for community action

Yes

National monitoring system(s)

Yes