**ALCOHOL CONSUMPTION: LEVELS AND PATTERNS**

Recorded alcohol per capita (15+) consumption, 1961–2010
Data refer to litres of pure alcohol per capita (15+).


**Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010**

- **Beer**: 2010: 20
- **Wine**: 2010: 20
- **Spirits**: 2010: 20
- **Other**: 2010: 20
- **All**: 2010: 20

**Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010**
- **Males (15+)**: 33.3
- **Females (15+)**: 15.0
- **Both sexes (15+)**: 26.5

**Prevalence of heavy episodic drinking* (%)**, 2010

<table>
<thead>
<tr>
<th>Population</th>
<th>Drinkers only</th>
</tr>
</thead>
<tbody>
<tr>
<td>Males (15+)</td>
<td>9.0</td>
</tr>
<tr>
<td>Females (15+)</td>
<td>1.6</td>
</tr>
<tr>
<td>Both sexes (15+)</td>
<td>5.3</td>
</tr>
</tbody>
</table>

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

**Health Consequences: Mortality and Morbidity**

**Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012**

<table>
<thead>
<tr>
<th>Liver cirrhosis, males / females</th>
<th>ASDR*</th>
<th>AAF (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>45.5 / 23.1</td>
<td>67.0</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Road traffic accidents, males / females</th>
<th>ASDR*</th>
<th>AAF (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>36.4 / 14.6</td>
<td>32.5</td>
<td></td>
</tr>
</tbody>
</table>

*Per 100 000 population (15+).

**Years of life lost (YLL) score**, 2012

- **Liver cirrhosis**: Males: 12, Females: 6
- **Road traffic accidents**: Males: 10, Females: 4

**Prevalence of alcohol use disorders and alcohol dependence (%)**, 2010*

<table>
<thead>
<tr>
<th>Alcohol use disorders**</th>
<th>Alcohol dependence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Males</td>
<td>9.3</td>
</tr>
<tr>
<td>Females</td>
<td>1.8</td>
</tr>
<tr>
<td>Both sexes</td>
<td>5.5</td>
</tr>
</tbody>
</table>

WHO African Region
- Males: 9.3
- Females: 1.8
- Both sexes: 5.5

*12-month prevalence estimates (15+).
**Including alcohol dependence and harmful use of alcohol.

**Policies and Interventions**

- **Written national policy (adopted/revised) / National action plan**: No / —
- **Excise tax on beer / wine / spirits**: Yes / Yes / Yes
- **National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)**: No / No / No
- **National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)**: 18 / 18 / 18
- **Restrictions for on-off-premise sales of alcoholic beverages**: Hours, days / places, density: Yes, No / No / No
- **National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %**: 0.08 / 0.08 / 0.08
- **Legally binding regulations on alcohol advertising / product placement**: No / No
- **Legally binding regulations on alcohol sponsorship / sales promotion**: No / No
- **Legally required health warning labels on alcohol advertisements / containers**: Yes / No
- **National government support for community action**: No
- **National monitoring system(s)**: No

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