

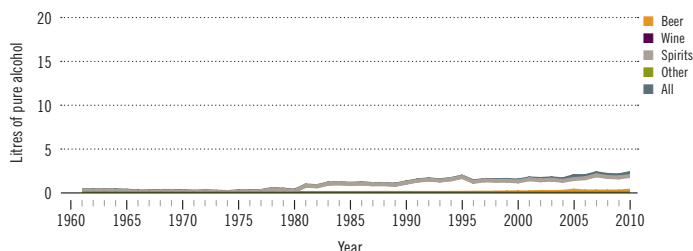
Sri Lanka

Total population: 20 759 000 > Population aged 15 years and older (15+): 75% > Population in urban areas: 14% > Income group (World Bank): Lower middle income

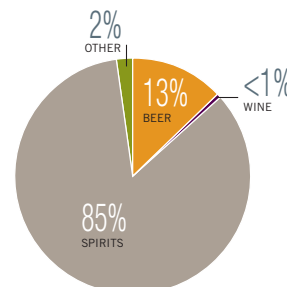
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

| | Average 2003–2005 | Average 2008–2010 | Change |
|----------------------------|-------------------|-------------------|--------|
| Recorded | 1.8 | 2.2 | ↗ |
| Unrecorded | 0.4 | 1.5 | ↗ |
| Total | 2.2 | 3.7 | ↗ |
| Total males / females | | 7.3 / 0.3 | |
| WHO South-East Asia Region | 2.9 | 3.5 | |

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

| | |
|------------------|------|
| Males (15+) | 26.7 |
| Females (15+) | 2.9 |
| Both sexes (15+) | 20.1 |

Prevalence of heavy episodic drinking* (%), 2010

| | Population | Drinkers only |
|------------------|------------|---------------|
| Males (15+) | 0.8 | 3.1 |
| Females (15+) | <0.1 | 0.3 |
| Both sexes (15+) | 0.4 | 2.3 |

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

| | Males | Females | Both sexes |
|----------------------------------|-------|---------|------------|
| Lifetime abstainers (15+) | 56.9 | 80.5 | 69.1 |
| Former drinkers* (15+) | 15.9 | 9.6 | 12.6 |
| Abstainers (15+), past 12 months | 72.8 | 90.1 | 81.7 |

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

| | ASDR* | | AAF (%) | |
|-----------------------------------------|------------|---------------|------------|---------------|
| | Population | Drinkers only | Population | Drinkers only |
| Liver cirrhosis, males / females | 37.3 | 5.3 | 57.0 | 37.7 |
| Road traffic accidents, males / females | 26.8 | 8.0 | 20.3 | 0.8 |

*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

| | Alcohol use disorders** | Alcohol dependence |
|----------------------------|-------------------------|--------------------|
| Males | 5.6 | 4.9 |
| Females | 0.6 | 0.6 |
| Both sexes | 3.0 | 2.7 |
| WHO South-East Asia Region | 2.2 | 1.7 |

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

| | | | |
|-------------------------------------------------------------------------------------------------|--------------------|------------------------------------------------------------------------------------------------------------------------|--------------------|
| Written national policy (adopted/revised) / National action plan | No / — | National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in % | 0.08 / 0.08 / 0.08 |
| Excise tax on beer / wine / spirits | Yes / Yes / Yes | Legally binding regulations on alcohol advertising / product placement | Yes / Yes |
| National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits) | 21 / 21 / 21 | Legally binding regulations on alcohol sponsorship / sales promotion | Yes / Yes |
| National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits) | 21 / 21 / 21 | Legally required health warning labels on alcohol advertisements / containers | No / No |
| Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density | No, Yes / Yes, Yes | National government support for community action | Yes |
| Specific events / intoxicated persons / petrol stations | Yes / No / Yes | National monitoring system(s) | — |