Enhancing integrated, patient-centred TB prevention & care

How to become a Voice for Change to

Phumeza Tisile; TB Proof

Addis Ababa, 12 November 2015
Phumeza Tisile, 2010

- Student with unexplained weight loss
  - Previously well
  - No prior TB or known TB contact
  - Tested negative for DM and HIV
- Sputum: smear negative, no culture or sensitivities requested
- CXR suggestive: started on DST TB treatment 25/05/2010
- Not better after month – culture = MDR-TB
- But only after 2 months on wrong treatment!
MDR-TB ‘treatment’

- 1 week after MDR-TB DOTS Rx
- Right hemiparesis couldn’t walk: ?TB meningitis
- Admitted: initial good response
  - ~20 tablets
  - Daily painful injection
- Then: 

  **SILENCE!**
2nd missed opportunity

• 4 months after 1st diagnosis: = pre-XDR-TB
• Kanamycin that took my hearing & caused kidney damage = never worked in 1st place!
• Only weighed 33kg!
• Inadequate side-effect monitoring/management of co-morbidities
• Started on pre-XDR-TB treatment
“We think you will die” – three times!

Pre-XDR-TB treatment stopped working after 4 months:

NOW full XDR-TB Resistant to at least 8 drugs

Chest surgery to remove TB nodes around heart: pneumothorax, broken rib, chest drain
MSF & Linezolid to the rescue

• 26/07/2011:
• 1 injection: capreomycin (Cap)
• 8 tablets: EMB / Mfx / Trd / Eto / para-aminosalicylic acid (PAS) / clofazimine (Cfz)
• Including: linezolid (LZD) $$$
16/08/2013 – 3 years and 3 months later!
Help TB activist Phumeza Tisile #DefeatTheSilence and get her hearing back with implant surgery

20,025.00 USD of 20,000.00 USD Project Target raised so far, with 1 Activist helping out*

20,000 USD Target Reached
Months of preparation, a team of experts, a whole day of surgery...
Hi Phumeza

Everything went very well. Good responses on all the tests. Hope you soon feel 100% again.

Take care, Gill
TB activist can hear again

July 28 2015 at 04:51pm
By Sipokazi Fokazi

Cape Town - Phumeza Tisile, of Khayelitsha, was 19 when she was diagnosed with drug resistant tuberculosis - a disease that would later leave her with permanent hearing loss.

But today she is not only cured of the deadliest form of TB - XDR TB - she has also regained her hearing after cochlear implants. “For five years my world was silent. I couldn’t listen to my favourite music. Suddenly I couldn’t have conversations with people… it was complete silence.”

Tisile, 24, regained her hearing four months ago after Cape Town doctors Arne von Delft and his wife, Dalene, started an online campaign to raise funds.
PILLAR 2: Bold policies & supportive systems

- Test Me, Treat Me Manifesto
- 67th World Health Assembly
WHEN A VIRUS (HIV) AND A BACTERIA (TB) CAN WORK SO WELL TOGETHER – WHY CAN’T WE?

MICHEL SIDIBE

UNAIDS Director, Michel Sidibe

Global TB Caucus, Nick Herbert, UK MP

WHO TB, Mario Raviglione
PILLAR 3: Intensified Research & Innovation

MCC: NO MORE DELAYS
REGISTER GENERIC LINEZOLID

FIX THE PATENT LAWS!

PEOPLE OVER PROFIT
Unmasking the stigma behind TB

Pat Bond (Multi Drug Resistant (MDR) TB survivor, nurse), Jolene Samuels (MDR TB survivor, nurse), Thapelo Mosid (Extensive DR TB survivor, doctor) and Dalene von Delft (MDR TB survivor, doctor).

Unmask Stigma Challenge Winner

Yvonne Chaka Chaka

Healthcare students
SA Vice-president & Minister of Health

SA National TB Ambassadors promoting TB Screening in Parliament
Anyone can get TB

1.5 million each year do not survive.

“UBUNTU” – I am because we are

Our duty to treat everybody the same!
2 Billion infections = 2 billion solutions

Together we can END TB