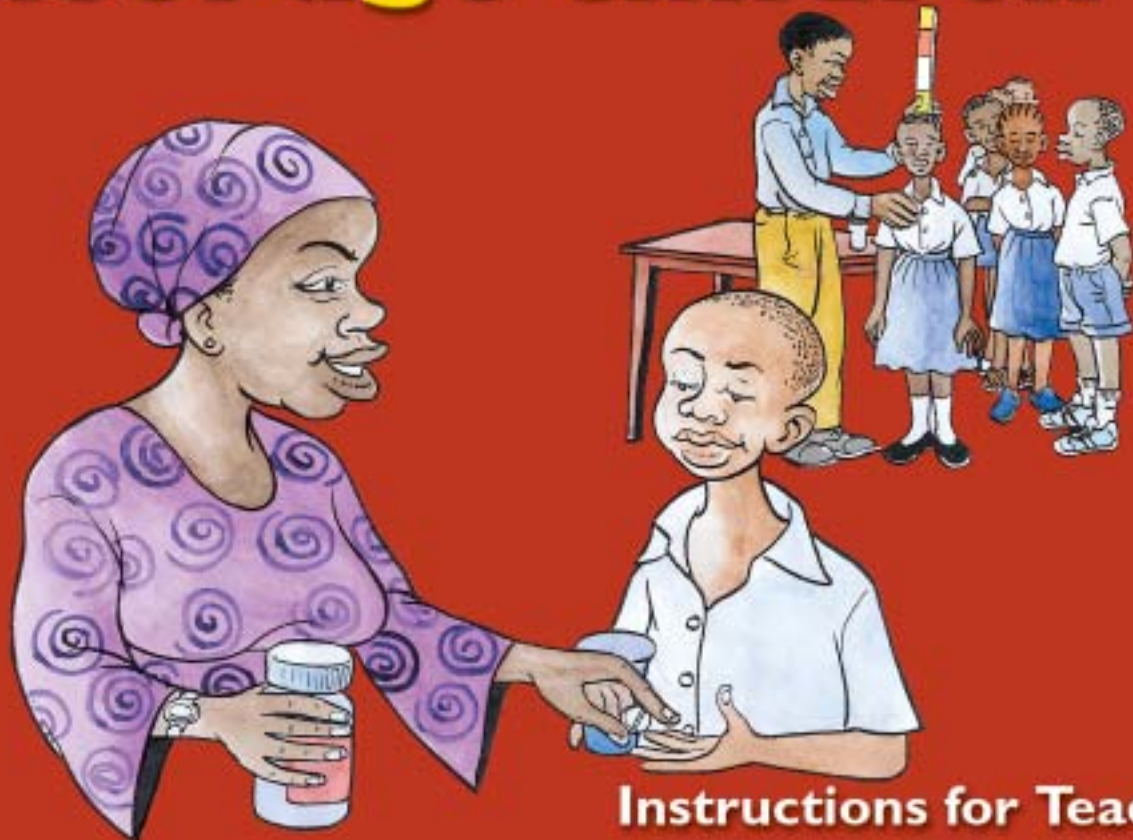


How to deworm school-age children



Instructions for Teachers

Drug distribution: Instruction for teachers.
Designed and illustrated by Katti-ka-Batembo
Edited by Antonio Montresor PVC/WHO

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Drug distribution







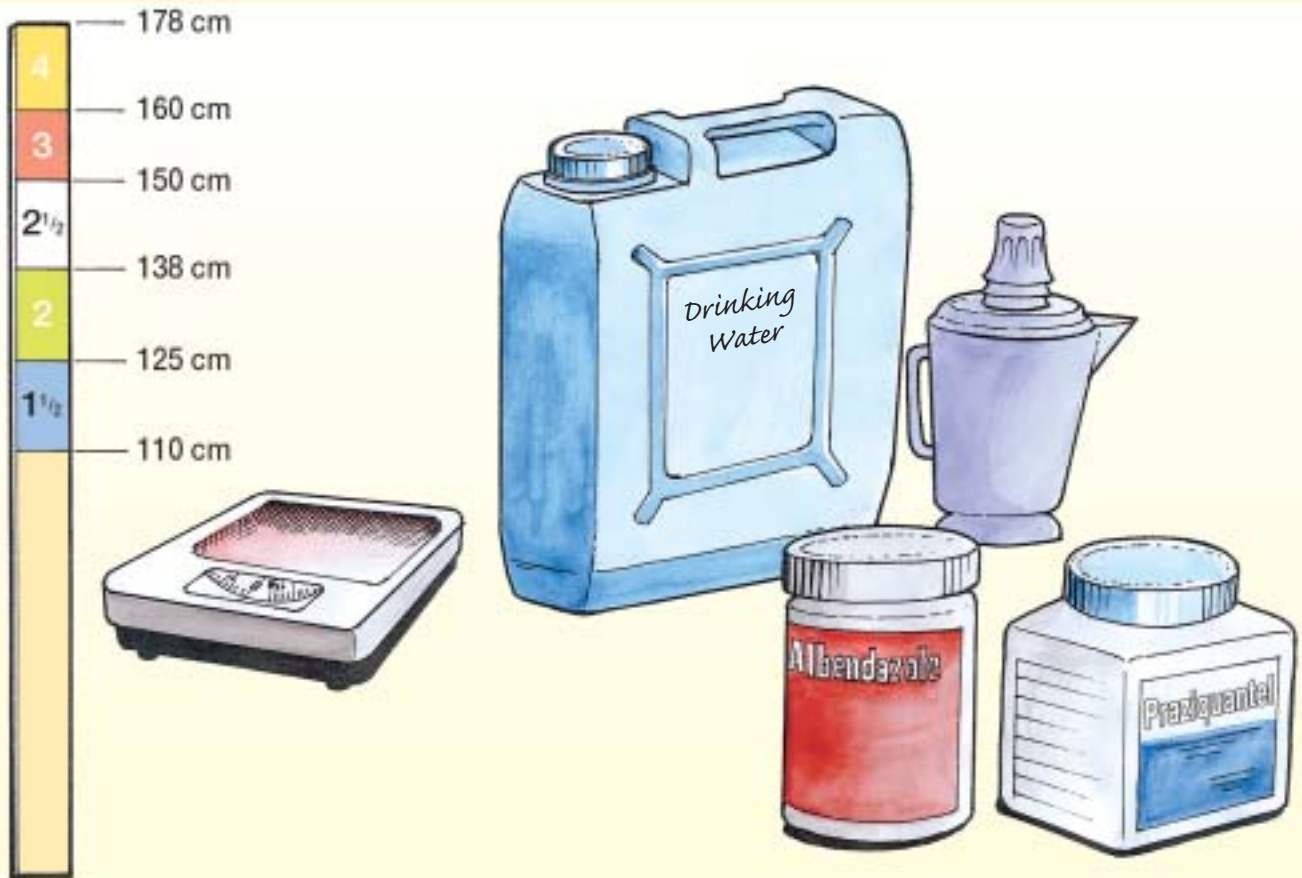
Introduction

Most of the children in developing countries are infected with worms and/or schistosomes.

The distribution of drugs presented in this booklet aims to reduce the number of parasites in each child.

A child that is regularly treated for worms

- **Is more active in school**
- **Grows and learns better**
- **Is more resistant to other infections**



Materials needed

To give the drugs to the children you need

- *The tablets*
- *Drinking water*
- *Forms to register the children treated*
- *Weighing scale or “tablet pole” if praziquantel is distributed*

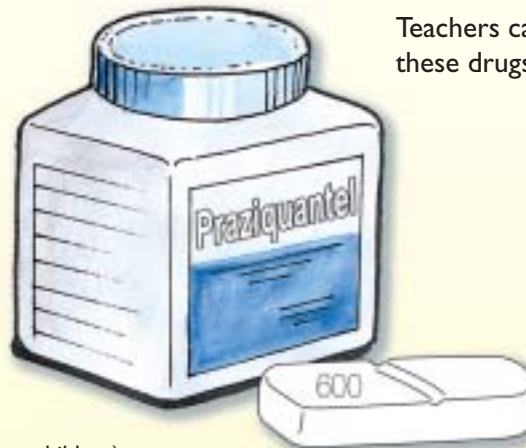
The following drugs can be used for deworming:

- **Albendazole 400 mg** (single dose)* for the worms that are transmitted through contaminated soil
- **Praziquantel 40 mg/kg** for the schistosomes that are transmitted through contaminated water

These drugs are extremely effective and safe.

Several million children have already been treated without problems.

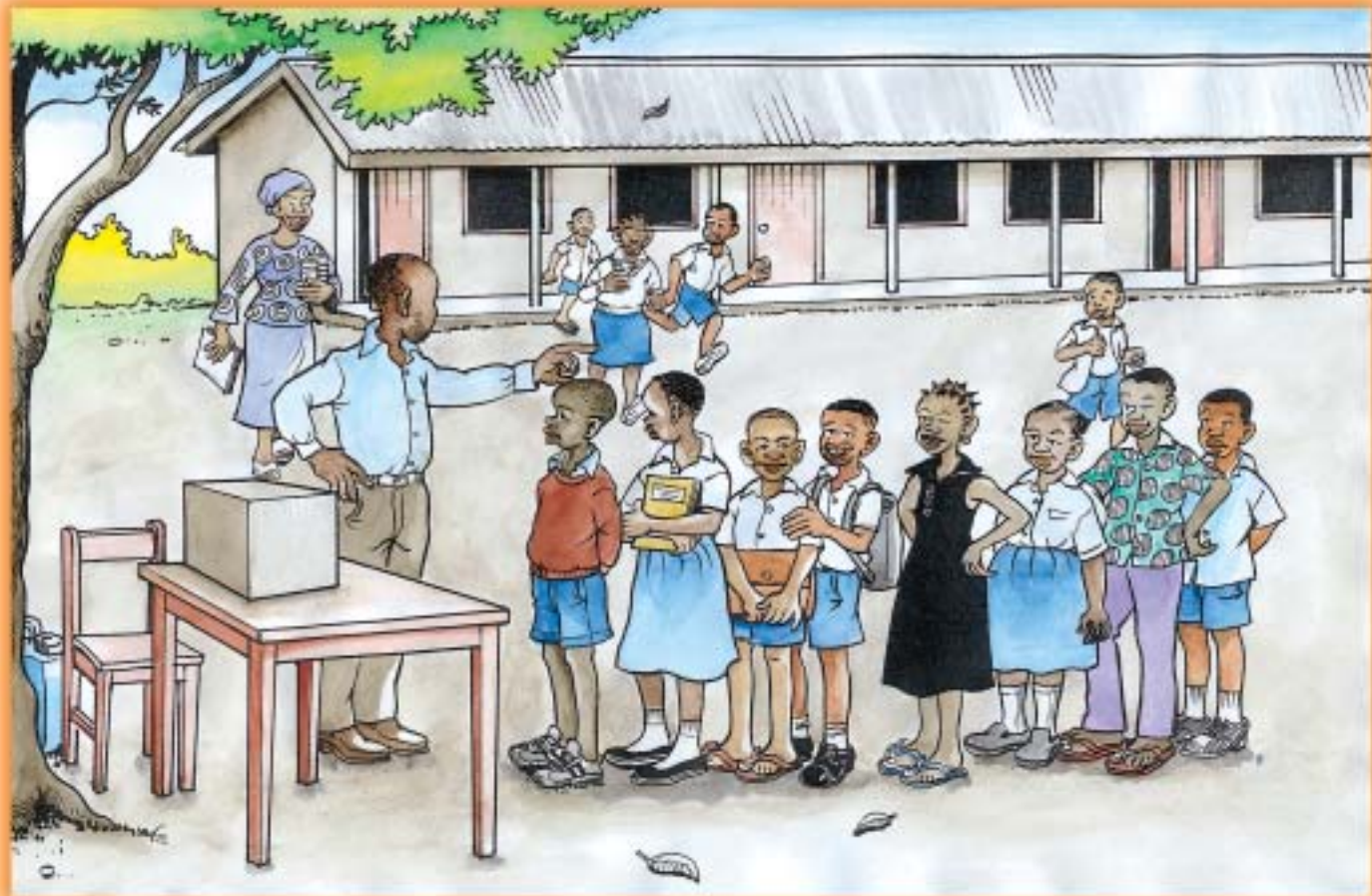
Teachers can easily and safely distribute these drugs.



* as an alternative:
mebendazole 500 mg (single dose)
levamisole 80 mg (single dose for school-age children)
pyrantel 10 mg/kg can also be used



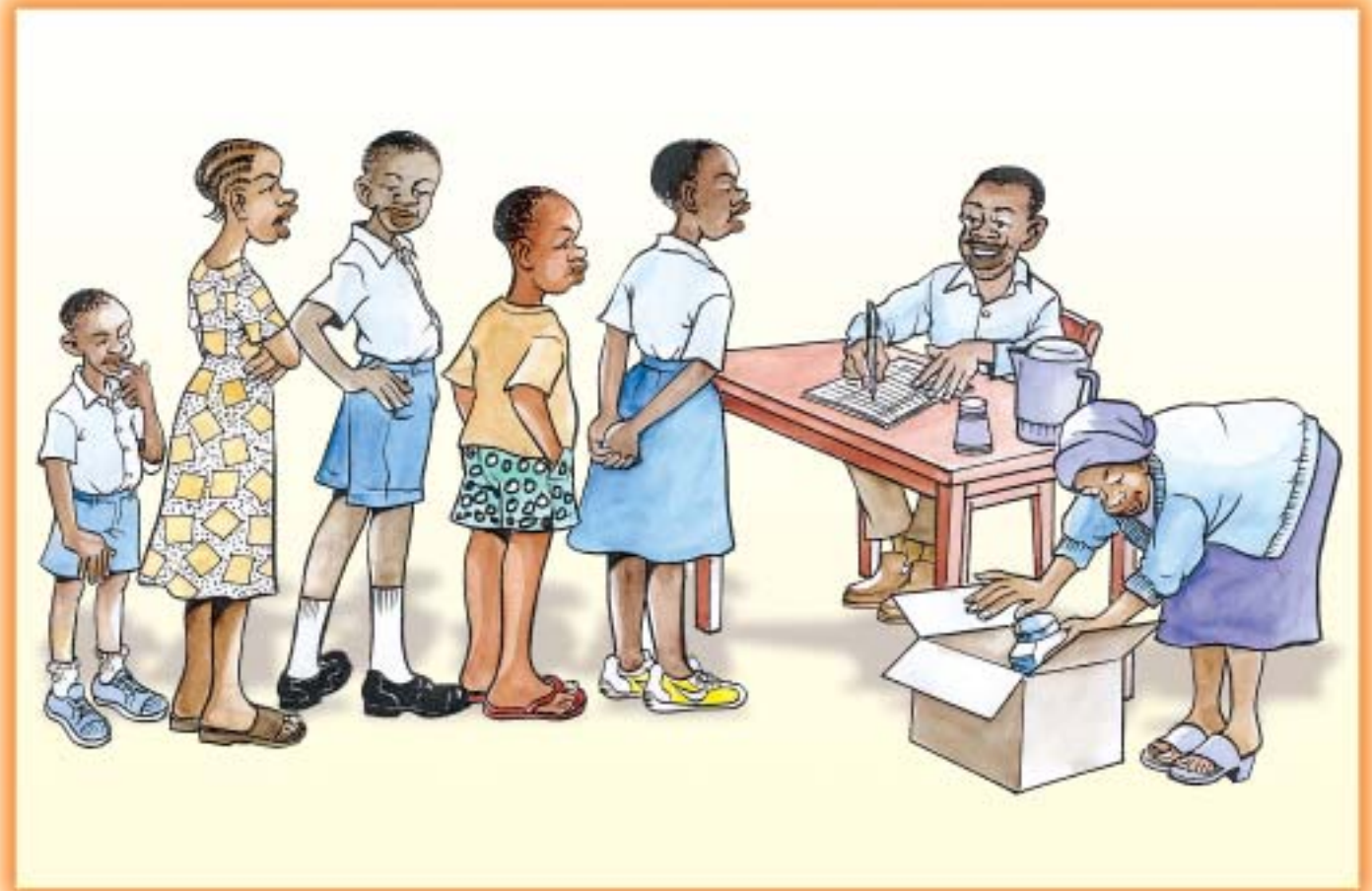
Steps for the administration of the drugs



Step One



Ask all the children to stand in a queue.



Step Two



Register the name of each child to be treated on the form provided.

Weight



Height



OR

Step Three

Skip this step
if you are not
distributing praziquantel



**If praziquantel is distributed,
a scale or tablet pole is needed to determine
the number of tablets that will be given
to each child.**

See table on page 20



Step Four



Give one tablet of albendazole to every child.



Step Five



Provide water and make sure that every child swallows the tablet(s).



Treating non-enrolled children



**The teacher can also treat children
who are not enrolled in school.**

178 cm
160 cm
150 cm
138 cm
125 cm
110 cm

Tablet pole for determining number of tablets to be given.

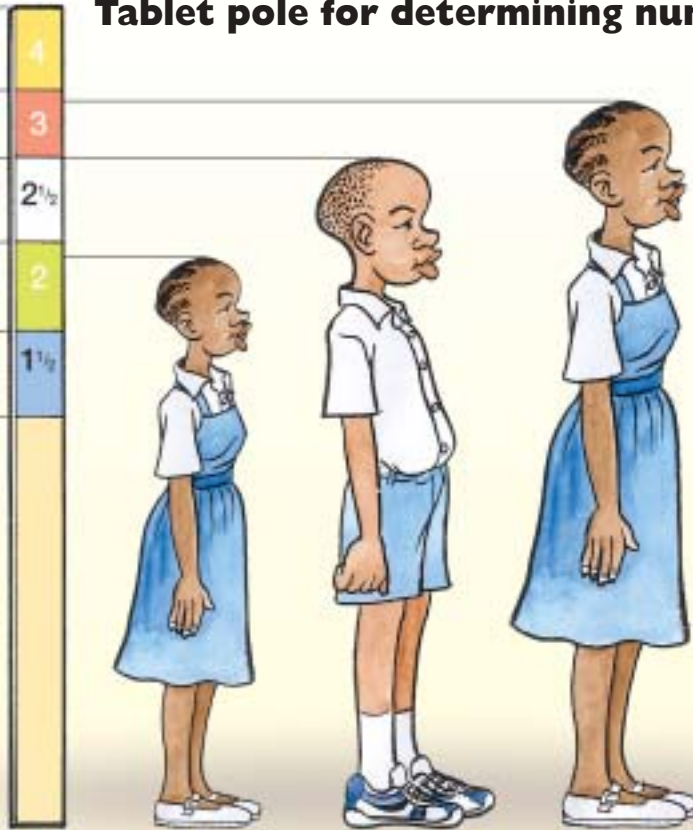


Table for administration of praziquantel

Body weight in kg	Tablets
15 – 22.5	1 1/2
22.5 – 30	2
30 – 37.5	2 1/2
37.5 – 45	3
45 – 60	4

