

EMERGENCY ACTIONS IN CASE OF CHOKING

ATTENTION!

WHEN THE CHILD IS CHOKING, DON'T PANIC! YOU CAN SAVE LIFE BY REACTING IMMEDIATELY, FOLLOWING THE BELOW STEPS CAREFULLY

FOR INFANTS LESS THAN 1 YEAR



1. LAY THE INFANT ON YOUR ARM OR THIGH IN A HEAD DOWN POSITION
2. GIVE 5 BLOWS TO THE INFANT'S BACK WITH HEEL OF HAND

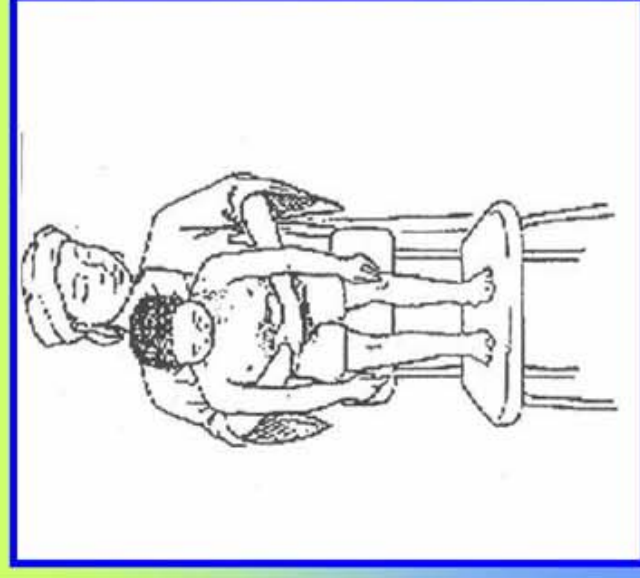


IF OBSTRUCTION PERSISTS
TURN THE INFANT OVER AND GIVE 5 CHEST THRUSTS WITH 2 FINGERS, ONE FINGER BREADTH BELOW NIPPLE LEVEL IN MID-LINE

FOR CHILDREN MORE THAN 1 YEAR OLD



GIVE 5 BLOWS TO THE CHILD'S BACK WITH HEEL OF HAND WITH CHILD LYING



IF THE OBSTRUCTION PERSISTS,
GO BEHIND THE CHILD AND PASS YOUR ARMS AROUND THE CHILD'S BODY; FORM A FIST WITH ONE HAND IMMEDIATELY BELOW THE CHILD'S STERNUM; PLACE THE OTHER HAND OVER THE FIST AND PULL UPWARDS INTO THE ABDOMEN; REPEAT THIS HEIMLICH MANEUVER 5 TIMES CHECK THE CHILD'S MOUTH FOR ANY OBSTRUCTION,