**Facts:**
- In Mongolia, chronic diseases accounted for 66% of all deaths in 2002 (see chart, right).
  - Total deaths in Mongolia, 2002 = 19,000.
  - Total deaths related to chronic disease in Mongolia, 2002 = 13,000.

**Note:**
The data presented in this information sheet were estimated by WHO using standard methods to maximize cross-country comparability. They are not necessarily the official statistics of WHO Member States.

**Chronic diseases are the major cause of death and disability worldwide**

**Deaths by cause, all ages, Mongolia, 2002**

- Cardiovascular disease: 30%
- Cancer: 21%
- Communicable, maternal and perinatal, nutritional deficiencies: 23%
- Other chronic diseases: 12%
- Diabetes: 0%
- Chronic respiratory disease: 3%
- Injuries: 11%
Projected prevalence of overweight, Mongolia, males and females aged 30 years or more, 2005 and 2015

Facts:
- Raised body mass index (overweight and obesity) is an important cause of chronic disease.
- Prevalence of overweight in Mongolia is expected to increase in both men and women over the next 10 years (see charts, left).

Solutions:
- At least 80% of premature heart disease, stroke and type 2 diabetes, and 40% of cancer could be prevented through healthy diet, regular physical activity and avoidance of tobacco products.
- Cost-effective interventions exist, and have worked in many countries: the most successful strategies have employed a range of population-wide approaches combined with interventions for individuals.