... and prevent hearing loss.

Protect your ears from loud sounds

Seek treatment if you have ear pain or other signs of infection

Ask your doctor if the medicines you are taking might affect your hearing
...and reduce the impact of hearing loss.

Check your hearing regularly

Use hearing devices as indicated

Demand captioning and sign language services
Allocate resources for hearing care
Train hearing care professionals
Ensure access to hearing technologies and communication services
Regulate sound exposure

World Health Organization
whopbd@who.int www.who.int/deafness/world-hearing-day/whd-2018/en