9.30am-10.15am
- Event start and warm-ups
- 9.30am-9.45am: United Colours of Dance’n Drums
- 9.45am-10am: ASEAN – Asia moves for health
- 10am-10.15am: SDGs Dance

10.15am-10.45am
- Official opening speeches including from Dr Tedros, WHO Director-General; Geneva/Swiss authorities; H.E. Margaret Kenyatta, First Lady of Kenya; Bruno Bruins, Minister of Health, Welfare and Sport, Netherlands.
- VIP group photo

10.45am
- Ribbon-cutting ceremony:
  - Wave 1: 8km running “master class” with Mary Keitany and Tadesse Abraham
  - Wave 2: 3km VIP walking group
  - Wave 3: Controlled departure of walkers, joggers, wheelchair users, etc

11.15am (approx.)
- First participants return to Place des Nations
- United Colours of Dance’n Drums session

11.20am-11.50am
- Mass yoga session led by Government of India and Geneva yoga schools
- Indian dance led by the World Heart Federation

12pm-12.15pm
- Let’s talk … women’s health. Speakers include:
  - Mary Keitany (champion marathon runner)
  - Princess Dina Mired (President, Union for International Cancer Control)
  - Zoleka Mandela (advocate on road safety, cancer control, preventing sexual violence)
  - Dr Veronica Espinosa (Minister of Health, Ecuador)

12.15-12.45pm:
- Musical interlude, performance by Nigerian music star and mental health advocate Korede Bello.

12.45pm-1pm
- Let’s talk … leaving no one behind. Speakers include:
  - Cynthia Germanotta (mental health advocate, co-founder with Lady Gaga of the Born this Way Foundation)
  - Celine van Till (champion Swiss Paralympian, founder Association Tout est Possible)
  - Tadesse Abraham (champion Swiss-Eritrean marathon runner)

1pm
- Closing remarks