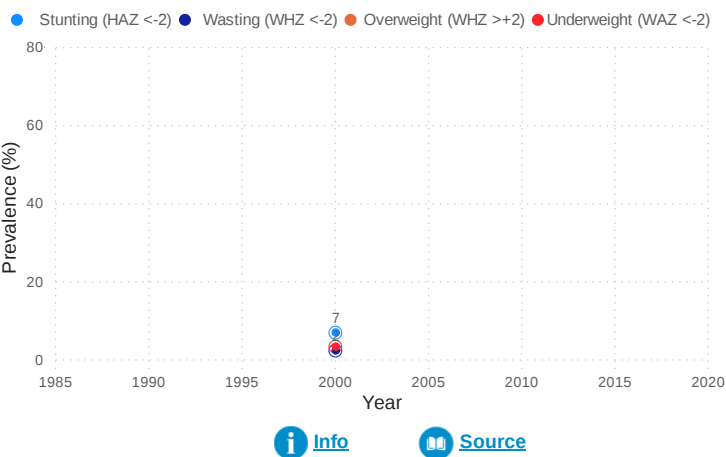




Cuba

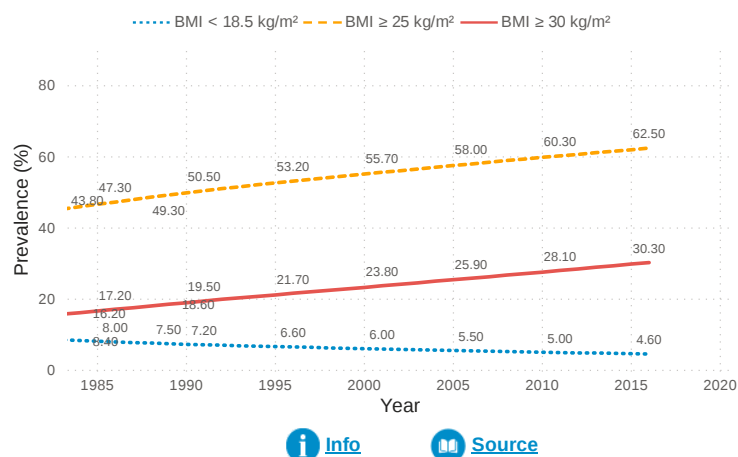
This country profile provides the most recent data contributing to a comprehensive view of the nutrition status, as well the nutrition-related health and development indicators.

Child Malnutrition



Indicator	Info	Year	Value	Source
Low birth weight (<2500 g) (%)	i	2015	5.3	View
Overweight (BMI-for-age >+1 SD) in school-age children and adolescents 5-19 years (%)	i	2016	30	View

Malnutrition in Women



Vitamin and Mineral Deficiencies

Indicator	Info	Year	Value	Source
Anaemia children <5 y (Hb<110 g/L) (%)	i	2016	29.3	View
Anaemia in women of reproductive age (%)	i	2016	25.13	View
Anaemia in non-pregnant women (Hb <120 g/L) (%)	i	2016	25.04	View
Anaemia in pregnant women (Hb <110 g/L) (%)	i	2016	28.52	View
Subclinical vitamin A deficiency in preschool-age children (serum/plasma retinol <0.70 µmol/L) (%)	i	2000	3.6	View
Clinical vitamin A deficiency in women (history of night blindness during most recent pregnancy) (%)	i		No data	
Median urinary iodine concentration in children 6-12 years (µg/L)	i	1995	95	View

Health Services

Indicator	Info	Year	Value	Source
Any antenatal iron supplementation (%)	i		No data	
Births attended by skilled health personnel (%)	i	2018	99.9	View
Births in baby-friendly facilities (%)	i	2016	100	View
Mothers of children 0-23 months receiving counselling, support or messages on optimal breastfeeding at least once in the last year (%)	i		No data	
Children aged 1 year immunized against measles (%)	i	2018	99	View
Children aged 6-59 months receiving vitamin A supplements (dose 1) (%)	i		No data	
Children aged 6-59 months receiving vitamin A supplements (dose 2) (%)	i		No data	
Children <5 years with diarrhoea receiving ORS (%)	i	2010-2011	51.1	View
Children with diarrhoea receiving zinc and ORS (%)	i	2014	17.3	View
Population using improved drinking-water sources (%)	i	2015	94.9	View
Population using improved sanitation facility (%)	i	2015	93.2	View

Food Security

Indicator	Info	Year	Value	Source
Population below minimum level of dietary energy requirement (undernourishment) (%)	i	2016-2018	<2.5	View
Households consuming adequately iodized salt (15 parts per million or more) (%)	i		No data	
Population below the international poverty line (%)	i		No data	

Caring Practices

Indicator	Info	Year	Value	Source
Early initiation of breastfeeding within 1 hour of birth (%)	i	2014	47.9	View
Continued breastfeeding at 1 year in infants 12-15 months (%)	i	2014	39.1	View
Continued breastfeeding at 2 years in infants 20-23 months (%)	i	2014	24	View
Introduction to solid, semisolid or soft foods in infants 6-8 months (%)	i	2014	91.1	View
Availability of national-level provision for breastfeeding counselling services in public health and/or nutrition programmes	i		No data	
Minimum dietary diversity (MDD) in children 6-23 months (%)	i	2014	70.1	View
Minimum acceptable diet (MAD) in children 6-23 months (%)	i	2014	56	View
Children with diarrhoea <5 y receiving oral rehydration therapy (ORT) and continued feeding (%)	i	2011	43.3	View
Adolescent birth rate (per 1,000 women aged 15-19 years)	i	2017	52	View

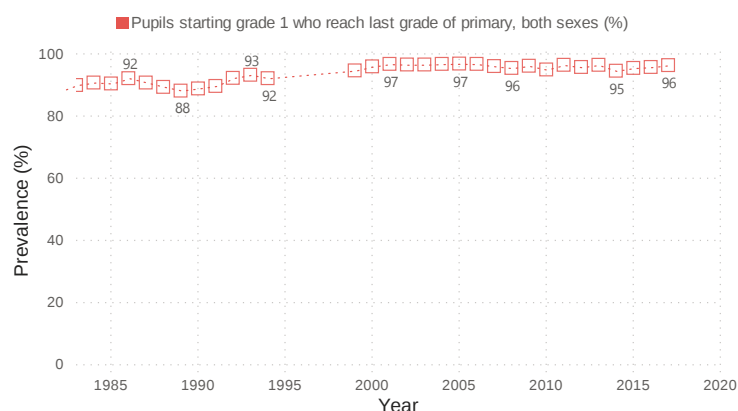
Commitment

Indicator	Info	Year	Value	Source
General government expenditure on health as % of total government expenditure	i	2014	18.01	View
Total expenditure on health as % of gross domestic product	i	2014	11.06	View
Per capita total expenditure on health (US\$)	i	2014	2475	View
Nutrition component of the United Nations Development Assistance Framework (UNDAF)	i		No data	
Nutrition component of Poverty Reduction Strategy Paper (PRSP)	i		No data	
Nutrition Governance score	i		No data	
International Code on Marketing of Breast-milk Substitutes: Legal status of the Code	i	2018	Few provisions in law	View
Maternity protection: Compliance with international labour standards	i	2019	Meets recommended provisions of R191	View

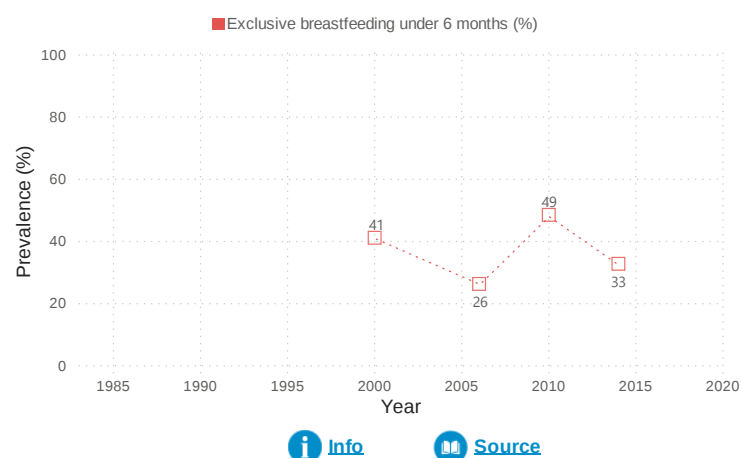
Meta-indicators

Indicator	Info	Year	Value	Source
Seats held by women in national parliament (%)	i	2019	53.2	View
Averaged aggregate governance indicators	i	2018	-0.5	View
Gender Parity Index in primary level enrolment (ratio of girls to boys)	i	2018	1	View
Gender Inequality Index (GII)	i	2017	0.3	View
Global Hunger Index (GHI)	i		No data	
Human development index (HDI)	i	2017	0.8	View

Education


[Info](#)
[Source](#)

Breastfeeding


[Info](#)
[Source](#)

Capacity

Indicator	Info	Year	Value	Source
Degree training in nutrition exists	i	2017	Yes	View
Nutrition is part of medical curricula	i	2017	Yes	View
Nutrition professionals density (per 100,000 population)	i	2017	69.8	View
Nursing and midwifery personnel density per 1,000 population	i	2014	7.98	View
GDP per capita (PPP US\$)	i		No data	
GDP per capita annual growth rate (%)	i		No data	
Official development assistance (ODA) received (net disbursements) (% of GNI)	i	2015	0.6	View
Low-Income Food-Deficit Country (LIFDC)	i	2018	No	View

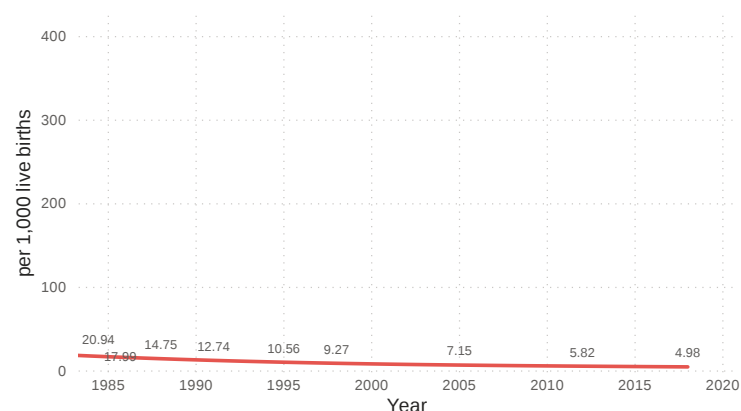
Female Education Levels

● No education ● Primary ● Secondary ● Higher

No data available for this country

[Info](#)
[Source](#)

Under 5 Mortality


[Info](#)
[Source](#)

Policies & Actions in the Global database on the Implementation of Nutrition Action (GINA)

Policy Title	Start Year	View
Marco de Asistencia de Naciones Unidas para el Desarrollo (MANUD)	2013	GINA
Decree 234 on Female Worker's Maternity (Decreto Ley 234 de la Maternidad de las Trabajadoras), of 13 of August 2003, as amended up to Law-Decree No. 285 of 5 September of 2011	2011	GINA
Marco de Asistencia de las Naciones Unidas para el Desarrollo	2008	GINA
Proyecciones de la Salud Publica en Cuba para el 2015	2006	GINA
Plan Nacional De Accion Para La Nutricion De Cuba	1994	GINA
Norma general para el etiquetado de los alimentos preenvasados. NC 108:1988		GINA

Policies & Actions in the Global database on the Implementation of Nutrition Action (GINA)

Programme title and actions	Start Year	View
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q20) Alimentación y estilos de vida saludable - Media promotion of healthy nutrition	2004	GINA
GNPR 2016-2017: Infant and young child nutrition (q6) - Growth monitoring and promotion	1994	GINA
GNPR 2016-2017: Nutrition and infectious disease (q40) - Counselling on nutritional support&care for people living with HIV	1988	GINA
GNPR 2016-2017: Infant and young child nutrition (q10) - Complementary feeding promotion and/or counselling		GINA
GNPR 2016-2017: Infant and young child nutrition (q7) - Breastfeeding promotion and/or counselling		GINA
GNPR 2016-2017: Infant and young child nutrition (q8) - Baby-friendly Hospital Initiative (BFHI)		GINA
GNPR 2016-2017: Infant and young child nutrition (q9a) - Feeding of LBW infants		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q13) - Nutrient declaration		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q21) - Nutrition education and counselling		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q12a) Guías alimentarias para la población cubana mayor de dos años; Guías alimentarias para niños y niñas cubanos hasta dos años de edad. - Food-based dietary guidelines		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q25) - Iron and folic acid supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q26) - Iron and folic acid supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q28) - Wheat flour fortification		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q32) - Salt iodization		GINA