



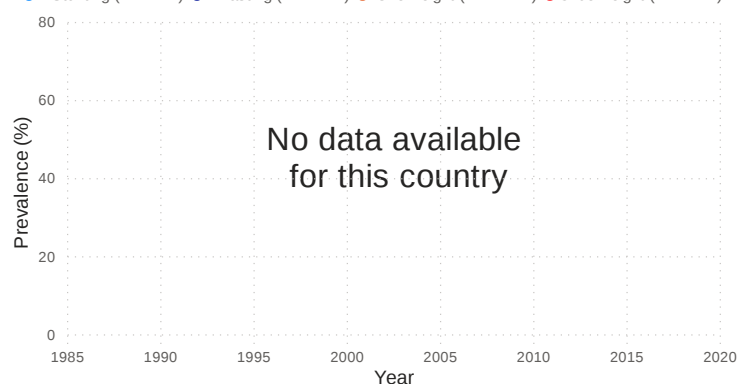
Country Profile

Finland

This country profile provides the most recent data contributing to a comprehensive view of the nutrition status, as well the nutrition-related health and development indicators.

Child Malnutrition

● Stunting (HAZ <-2) ● Wasting (WHZ <-2) ● Overweight (WHZ >+2) ● Underweight (WAZ <-2)

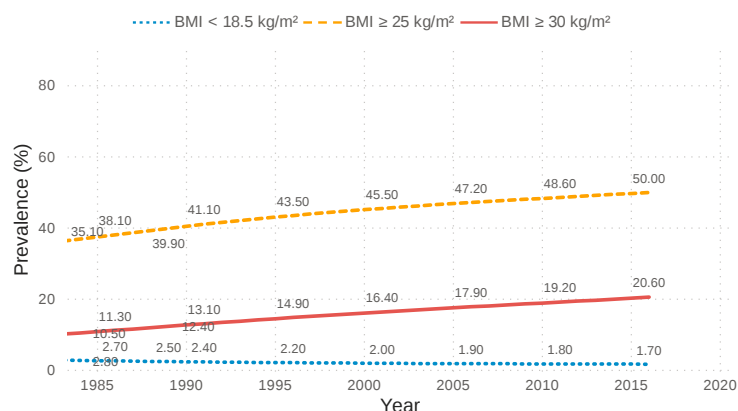


[Info](#)

[Source](#)

Indicator	Info	Year	Value	Source
Low birth weight (<2500 g) (%)	i	2015	4.1	View
Overweight (BMI-for-age >+1 SD) in school-age children and adolescents 5-19 years (%)	i	2016	26.8	View

Malnutrition in Women



[Info](#)

[Source](#)

Vitamin and Mineral Deficiencies

Indicator	Info	Year	Value	Source
Anaemia children <5 y (Hb<110 g/L) (%)	i	2016	12.6	View
Anaemia in women of reproductive age (%)	i	2016	15.9	View
Anaemia in non-pregnant women (Hb <120 g/L) (%)	i	2016	15.7	View
Anaemia in pregnant women (Hb <110 g/L) (%)	i	2016	21.91	View
Subclinical vitamin A deficiency in preschool-age children (serum/plasma retinol <0.70 µmol/L) (%)	i		No data	
Clinical vitamin A deficiency in women (history of night blindness during most recent pregnancy) (%)	i		No data	
Median urinary iodine concentration in children 6-12 years (µg/L)	i		No data	

Health Services

Indicator	Info	Year	Value	Source
Any antenatal iron supplementation (%)	i		No data	
Births attended by skilled health personnel (%)	i	2018	100	View
Births in baby-friendly facilities (%)	i	2016	8.2	View
Mothers of children 0-23 months receiving counselling, support or messages on optimal breastfeeding at least once in the last year (%)	i		No data	
Children aged 1 year immunized against measles (%)	i	2018	96	View
Children aged 6-59 months receiving vitamin A supplements (dose 1) (%)	i		No data	
Children aged 6-59 months receiving vitamin A supplements (dose 2) (%)	i		No data	
Children <5 years with diarrhoea receiving ORS (%)	i		No data	
Children with diarrhoea receiving zinc and ORS (%)	i		No data	
Population using improved drinking-water sources (%)	i	2015	100	View
Population using improved sanitation facility (%)	i	2015	97.6	View

Food Security

Indicator	Info	Year	Value	Source
Population below minimum level of dietary energy requirement (undernourishment) (%)	i	2016-2018	<2.5	View
Households consuming adequately iodized salt (15 parts per million or more) (%)	i		No data	
Population below the international poverty line (%)	i	2015	0	View

Caring Practices

Indicator	Info	Year	Value	Source
Early initiation of breastfeeding within 1 hour of birth (%)	i		No data	
Continued breastfeeding at 1 year in infants 12-15 months (%)	i		No data	
Continued breastfeeding at 2 years in infants 20-23 months (%)	i		No data	
Introduction to solid, semisolid or soft foods in infants 6-8 months (%)	i		No data	
Availability of national-level provision for breastfeeding counselling services in public health and/or nutrition programmes	i	2009-2010	Yes	View
Minimum dietary diversity (MDD) in children 6-23 months (%)	i		No data	
Minimum acceptable diet (MAD) in children 6-23 months (%)	i		No data	
Children with diarrhoea <5 y receiving oral rehydration therapy (ORT) and continued feeding (%)	i		No data	
Adolescent birth rate (per 1,000 women aged 15-19 years)	i	2017	4.9	View

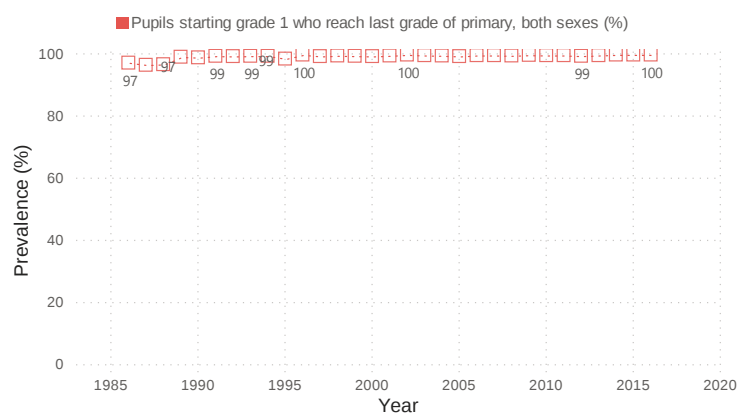
Commitment

Indicator	Info	Year	Value	Source
General government expenditure on health as % of total government expenditure	i	2014	12.35	View
Total expenditure on health as % of gross domestic product	i	2014	9.68	View
Per capita total expenditure on health (US\$)	i	2014	3701	View
Nutrition component of the United Nations Development Assistance Framework (UNDAF)	i		No data	
Nutrition component of Poverty Reduction Strategy Paper (PRSP)	i		No data	
Nutrition Governance score	i		No data	
International Code on Marketing of Breast-milk Substitutes: Legal status of the Code	i	2018	Few provisions in law	View
Maternity protection: Compliance with international labour standards	i	2019	Meets leave length requirement of C183 but not all other indicators or data unclear	View

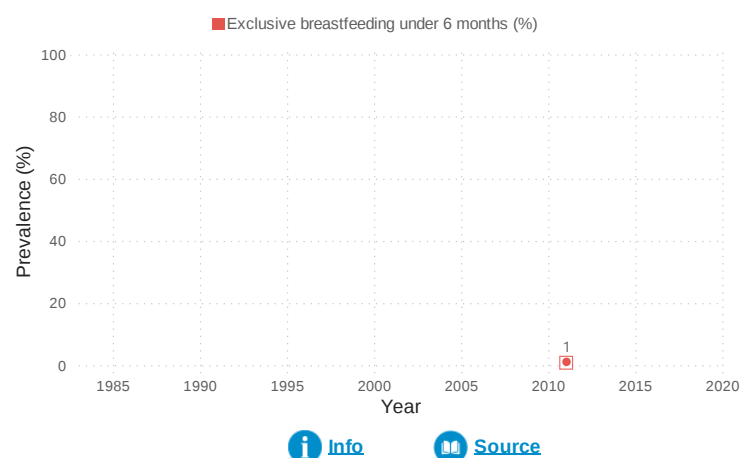
Meta-indicators

Indicator	Info	Year	Value	Source
Seats held by women in national parliament (%)	i	2019	41.5	View
Averaged aggregate governance indicators	i	2018	1.8	View
Gender Parity Index in primary level enrolment (ratio of girls to boys)	i	2017	1	View
Gender Inequality Index (GII)	i	2017	0.058	View
Global Hunger Index (GHI)	i		No data	
Human development index (HDI)	i	2017	0.9	View

Education


[Info](#)
[Source](#)

Breastfeeding


[Info](#)
[Source](#)

Capacity

Indicator	Info	Year	Value	Source
Degree training in nutrition exists	i		No data	
Nutrition is part of medical curricula	i		No data	
Nutrition professionals density (per 100,000 population)	i		No data	
Nursing and midwifery personnel density per 1,000 population	i	2014	15.03	View
GDP per capita (PPP US\$)	i	2018	47930	View
GDP per capita annual growth rate (%)	i		No data	
Official development assistance (ODA) received (net disbursements) (% of GNI)	i		No data	
Low-Income Food-Deficit Country (LIFDC)	i	2018	No	View

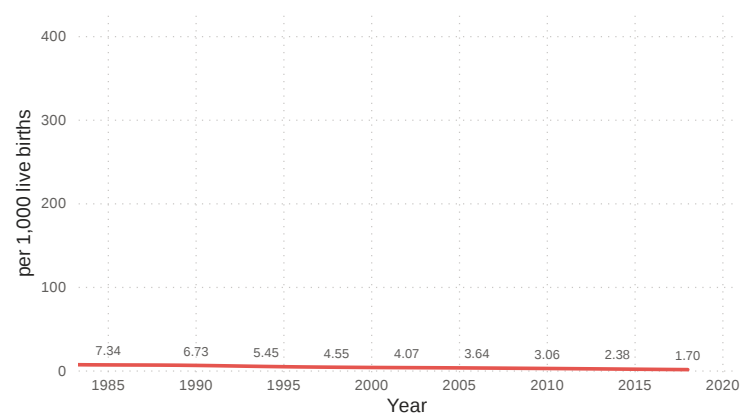
Female Education Levels

● No education ● Primary ● Secondary ● Higher

No data available for this country

[Info](#)
[Source](#)

Under 5 Mortality


[Info](#)
[Source](#)

Policies & Actions in the Global database on the Implementation of Nutrition Action (GINA)

Policy Title	Start Year	View
Commission Regulation (EU) 2019/649 of 24 April 2019 amending Annex III to Regulation (EC) No 1925/2006 of the European Parliament and of the Council as regards trans fat, other than trans fat naturally occurring in fat of animal origin	2021	GINA
EU Regulation 1169/2011	2016	GINA
National Obesity Programme 2012–2018 "Overcoming obesity – wellbeing from healthy nutrition and physical activity"	2012	GINA
Breastfeeding Promotion in Finland. Action Programme 2009-2012. National Institute for Health and Welfare THL, Report 32/2009. Helsinki	2009	GINA
Government resolution on policies to develop health-enhancing physical activity and nutrition	2008	GINA
National Action Plan to Reduce Health Inequalities	2008	GINA
Commission Directive 2006/141/EC of 22 December 2006 on infant formulae and follow-on formulae and amending Directive 1999/21/EC Text with EEA relevance	2007	GINA
EU Regulation 1924/2006	2007	GINA
Health Insurance Act, Act No. 1224 of 2004; Finlands författningssamling, 28 December 2004, No. 1224, pp. 3283-3334, as amended up to Act 1203 of 2007.	2007	GINA
KTM asetus äidinmaidonkorvikkeesta ja vieroitusvalmisteesta 1217/2007 (Decree on Infant Formula and Follow-up Formula)	2007	GINA
Lasten ympäristö ja terveys [Recommendation for children's health: school vending machines]	2007	GINA
Occupational Safety and Health Act, Act No. 738/2002, as amended up to Act No. 562 of 2007 [online version available as of 2002].	2007	GINA
The policy programme for health promotion: resolution on the Government Strategy Document	2007	GINA
A better life through diet and physical activity: Nordic plan of action on better health and quality of life through diet and physical activity	2006	GINA
Nutrition in Finland	2006	GINA
Toimintaohjelma kansallisten ravitsemussuositusten toteuttamiseksi [National nutrition action plan to implement the recommendations]	2003	GINA
STM päätös imeväisten ja pikkulasten ruokintaa koskevasta tiedotusaineistosta 807/1994 (Decision on marketing material on feeding infants and small children)	1994	GINA
Action Programme for Implementing National Nutrition Recommendations		GINA
Better choice labelling system		GINA

Policies & Actions in the Global database on the Implementation of Nutrition Action (GINA)

Programme title and actions	Start Year	View
GNPR 2016-2017: School health and nutrition (q11) Eating and learning together --guidelines for school meals/dining - Nutrition education included in school curriculum	2017	GINA
GNPR 2016-2017: School health and nutrition (q11) Eating and learning together --guidelines for school meals/dining - School feeding programmes	2017	GINA
GNPR 2016-2017: School health and nutrition (q11) Eating and learning together --guidelines for school meals/dining - School fruit and vegetable scheme	2017	GINA
GNPR 2016-2017: School health and nutrition (q11) Eating and learning together --guidelines for school meals/dining - School milk scheme	2017	GINA
GNPR 2016-2017: School health and nutrition (q11) Eating and learning together --guidelines for school meals/dining - Standards for marketing of food and non-alcoholic beverages to children in school setting	2017	GINA
GNPR 2016-2017: School health and nutrition (q11) Eating and learning together --guidelines for school meals/dining - Standards or rules for foods and beverages available in schools	2017	GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q12a) Terveystä ruoasta. Suomalaiset ravitsemussuositukset 2014 [Finnish nutrition recommendations 2014] - Food-based dietary guidelines	2014	GINA
GNPR 2009-2010: Maternal, infant and young child nutrition - Breastfeeding promotion and/or counselling		GINA
GNPR 2009-2010: Maternal, infant and young child nutrition - Complementary feeding promotion and/or counselling		GINA
GNPR 2009-2010: Maternal, infant and young child nutrition - Promotion of improved hygiene practices including handwashing		GINA
GNPR 2009-2010: Obesity and diet-related NCDs - Food-based dietary guidelines		GINA
GNPR 2009-2010: School-based nutrition - Growth monitoring and promotion		GINA
GNPR 2009-2010: School-based nutrition - Implementation of legislation on marketing of unhealthy foods and beverages to children		GINA
GNPR 2009-2010: School-based nutrition - Improved food safety at vending places		GINA
GNPR 2009-2010: School-based nutrition - Provision of safe water		GINA
GNPR 2009-2010: School-based nutrition - School feeding programmes		GINA
GNPR 2009-2010: School-based nutrition - School fruit and vegetable scheme		GINA
GNPR 2009-2010: School-based nutrition - School milk scheme		GINA
GNPR 2009-2010: Vitamin and mineral nutrition - Calcium supplementation		GINA
GNPR 2009-2010: Vitamin and mineral nutrition - Folic acid supplementation		GINA
GNPR 2009-2010: Vitamin and mineral nutrition - Iron supplementation		GINA
GNPR 2009-2010: Vitamin and mineral nutrition - Margarine/butter fortification		GINA
GNPR 2009-2010: Vitamin and mineral nutrition - Multiple micronutrients supplementation		GINA
GNPR 2009-2010: Vitamin and mineral nutrition - Salt iodization		GINA
GNPR 2009-2010: Vitamin and mineral nutrition - Wheat flour fortification		GINA
GNPR 2016-2017: Infant and young child nutrition (q10) - Complementary feeding promotion and/or counselling		GINA
GNPR 2016-2017: Infant and young child nutrition (q6) - Growth monitoring and promotion		GINA
GNPR 2016-2017: Infant and young child nutrition (q7) - Breastfeeding promotion and/or counselling		GINA
GNPR 2016-2017: Infant and young child nutrition (q8) - Baby-friendly Hospital Initiative (BFHI)		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q13) - Front-of-pack labelling system		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q13) - Nutrient declaration		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q13) - Nutrition and health claims		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q15) - Reformulation of foods and/or beverages to reduce saturated fatty acid, trans fatty acid, sugars or salt/sodium content		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q17) - Taxation and price policies		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q18) - Implementation of legislation on marketing of unhealthy foods and beverages to children		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q21) - Nutrition education and counselling		GINA