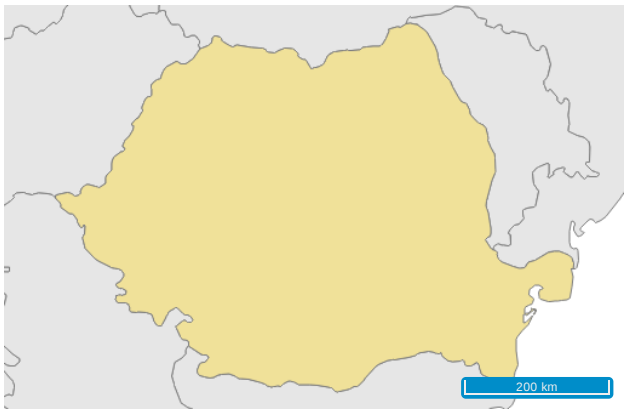
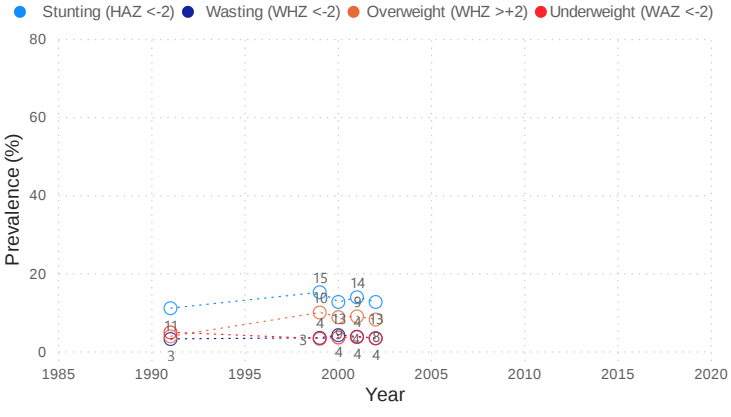


NLiS Nutrition Landscape Information System **Country Profile**

Romania

This country profile provides the most recent data contributing to a comprehensive view of the nutrition status, as well the nutrition-related health and development indicators.

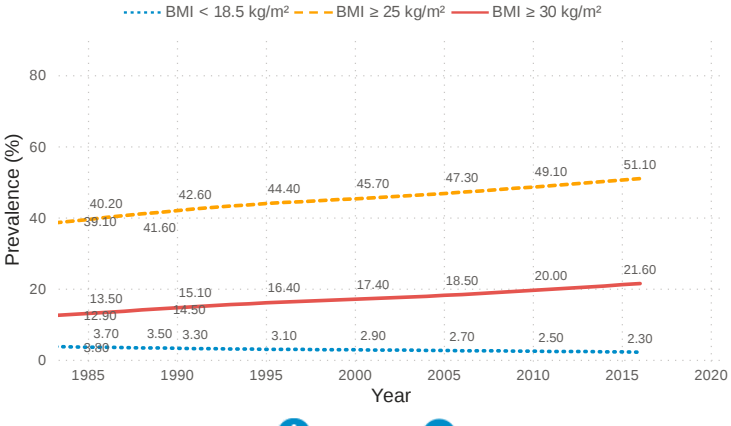
Child Malnutrition



Info Source

Indicator	Info	Year	Value	Source
Low birth weight (<2500 g) (%)	i	2015	8.2	View
Overweight (BMI-for-age >+1 SD) in school-age children and adolescents 5-19 years (%)	i	2016	24.5	View

Malnutrition in Women



Info Source

Vitamin and Mineral Deficiencies

Indicator	Info	Year	Value	Source
Anaemia children <5 y (Hb<110 g/L) (%)	i	2016	26.8	View
Anaemia in women of reproductive age (%)	i	2016	26.68	View
Anaemia in non-pregnant women (Hb <120 g/L) (%)	i	2016	26.66	View
Anaemia in pregnant women (Hb <110 g/L) (%)	i	2016	27.43	View
Subclinical vitamin A deficiency in preschool-age children (serum/plasma retinol <0.70 µmol/L) (%)	i		No data	
Clinical vitamin A deficiency in women (history of night blindness during most recent pregnancy) (%)	i		No data	
Median urinary iodine concentration in children 6-12 years (µg/L)	i		No data	

Health Services

Indicator	Info	Year	Value	Source
Any antenatal iron supplementation (%)	i		No data	
Births attended by skilled health personnel (%)	i	2018	97.1	View
Births in baby-friendly facilities (%)	i	2016	0	View
Mothers of children 0-23 months receiving counselling, support or messages on optimal breastfeeding at least once in the last year (%)	i		No data	
Children aged 1 year immunized against measles (%)	i	2018	90	View
Children aged 6-59 months receiving vitamin A supplements (dose 1) (%)	i		No data	
Children aged 6-59 months receiving vitamin A supplements (dose 2) (%)	i		No data	
Children <5 years with diarrhoea receiving ORS (%)	i		No data	
Children with diarrhoea receiving zinc and ORS (%)	i		No data	
Population using improved drinking-water sources (%)	i	2015	100	View
Population using improved sanitation facility (%)	i	2015	79.1	View

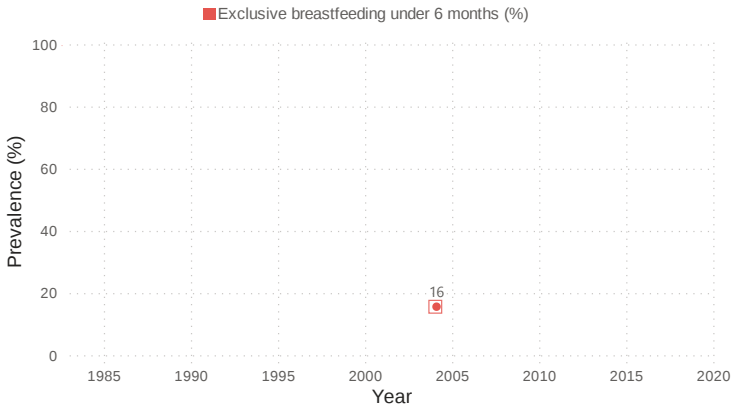
Food Security

Indicator	Info	Year	Value	Source
Population below minimum level of dietary energy requirement (undernourishment) (%)	i	2016-2018	<2.5	View
Households consuming adequately iodized salt (15 parts per million or more) (%)	i		No data	
Population below the international poverty line (%)	i	2015	5.7	View

Caring Practices

Indicator	Info	Year	Value	Source
Early initiation of breastfeeding within 1 hour of birth (%)	i	2004	57.7	View
Continued breastfeeding at 1 year in infants 12-15 months (%)	i		No data	
Continued breastfeeding at 2 years in infants 20-23 months (%)	i		No data	
Introduction to solid, semisolid or soft foods in infants 6-8 months (%)	i		No data	
Availability of national-level provision for breastfeeding counselling services in public health and/or nutrition programmes	i	2009-2010	Yes	View
Minimum dietary diversity (MDD) in children 6-23 months (%)	i		No data	
Minimum acceptable diet (MAD) in children 6-23 months (%)	i		No data	
Children with diarrhoea <5 y receiving oral rehydration therapy (ORT) and continued feeding (%)	i		No data	
Adolescent birth rate (per 1,000 women aged 15-19 years)	i	2017	38.1	View

Breastfeeding



Info Source

Commitment

Indicator	Info	Year	Value	Source
General government expenditure on health as % of total government expenditure	i	2014	12.84	View
Total expenditure on health as % of gross domestic product	i	2014	5.57	View
Per capita total expenditure on health (US$)	i	2014	1079	View
Nutrition component of the United Nations Development Assistance Framework (UNDAF)	i		No data	
Nutrition component of Poverty Reduction Strategy Paper (PRSP)	i		No data	
Nutrition Governance score	i		No data	
International Code on Marketing of Breast-milk Substitutes: Legal status of the Code	i	2018	Few provisions in law	View
Maternity protection: Compliance with international labour standards	i	2019	Meets basic provisions of C183	View

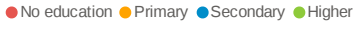
Capacity

Indicator	Info	Year	Value	Source
Degree training in nutrition exists	i	2017	Yes	View
Nutrition is part of medical curricula	i		No data	
Nutrition professionals density (per 100,000 population)	i	2017	7	View
Nursing and midwifery personnel density per 1,000 population	i	2013	6.42	View
GDP per capita (PPP US$)	i	2018	28206	View
GDP per capita annual growth rate (%)	i	2018	4.7	View
Official development assistance (ODA) received (net disbursements) (% of GNI)	i		No data	
Low-Income Food-Deficit Country (LIFDC)	i	2018	No	View

Meta-indicators

Indicator	Info	Year	Value	Source
Seats held by women in national parliament (%)	i	2019	20.7	View
Averaged aggregate governance indicators	i	2013	0.1	View
Gender Parity Index in primary level enrolment (ratio of girls to boys)	i	2016	1	View
Gender Inequality Index (GII)	i	2017	0.31	View
Global Hunger Index (GHI)	i		No data	
Human development index (HDI)	i	2017	0.8	View

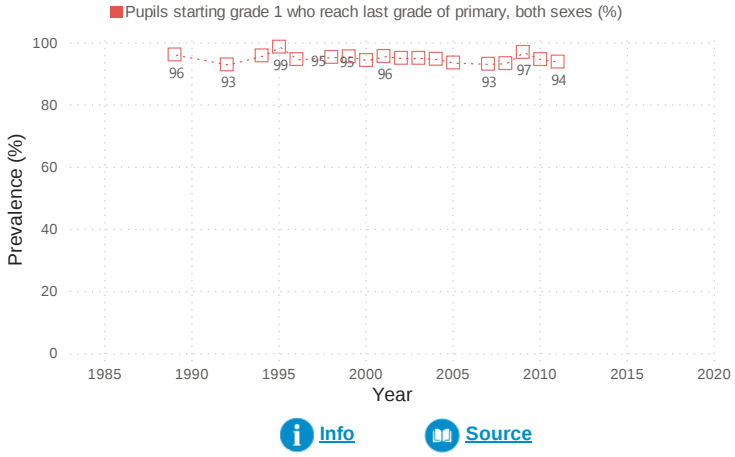
Female Education Levels



No data available for this country

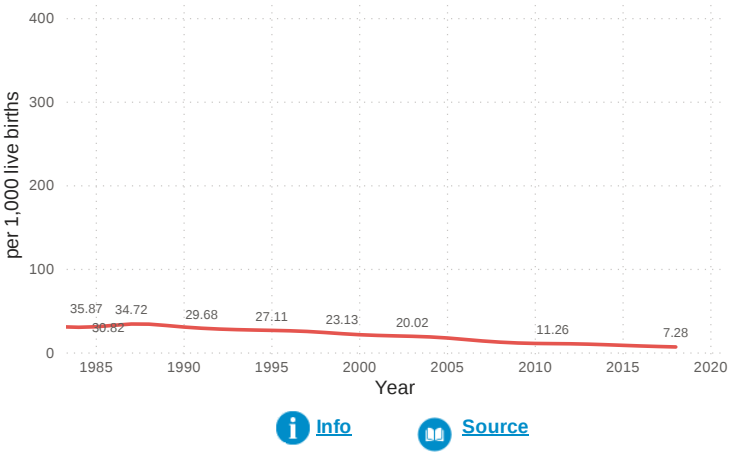
Info Source

Education



Info Source

Under 5 Mortality



Info Source

Policies & Actions in the Global database on the Implementation of Nutrition Action (GINA)

Policy Title	Start Year	View
Commission Regulation (EU) 2019/649 of 24 April 2019 amending Annex III to Regulation (EC) No 1925/2006 of the European Parliament and of the Council as regards trans fat, other than trans fat naturally occurring in fat of animal origin	2021	GINA
EU Regulation 1169/2011	2016	GINA
Strategia Națională de Sănătate 2014-2020/ NATIONAL HEALTH STRATEGY	2014	GINA
Government Decision GD 723/2011	2011	GINA
Emergency Ordinance No. 158/2005 on the social health insurance leaves and indemnities, Official Journal No. 1074, 29 November 2005 Amended by the Emergency Ordinance No. 36 of 2010.	2010	GINA
OUG 24/2010 privind implementarea programului de incurajare a consumului de fructe in scoli/ Ordinance for the Implementation of Fruit scheme in schools	2010	GINA
ORDIN nr. 1563 pentru aprobarea Listei alimentelor nerecomandate preşcolarilor şi şcolarilor şi a principiilor care stau la baza unei alimentaţii sănătoase pentru copii şi adolescenţi/ ORDER for approval List of non-recommended foods in schools	2008	GINA
Ordinul Ministrului no.687/2008 pentru stabilirea Nationala a Alimentelor si Comitetului pentru Nutritie [Ministerial Order no.687/2008 for establishing the National Food and Nutrition Committee]	2008	GINA
Commission Directive 2006/141/EC of 22 December 2006 on infant formulae and follow-on formulae and amending Directive 1999/21/EC Text with EEA relevance	2007	GINA
EU Regulation 1924/2006	2007	GINA
Joint Ministers' Order with regards to foods with special destination 1764/883/2007	2007	GINA
A National Strategy for the elimination of Iodine Deficiency Disorders	2004	GINA
Law for adopting Emergency Ordinance nr 96/2003 on Maternity protection at work (Ordonanta de Urgenta a Guvernului nr. 96 din 14 octombrie 2003 privind protectia maternitatii la locurile de munca), Published in the Monitorul Oficial, No. 750 of 27 October	2003	GINA
Joint Ministers' Order with regards to foods with special destination 387/251/2002	2002	GINA
JUDGMENT no. 568 of 5 June 2002 on the universal iodization of salt for human consumption, animal nutrition and use in the food industry	2002	GINA
Ordonata de Urgenta privind acordarea de produse lactate si de panificatie pentru elevii din clasele I - VIII din/ Emergency Ordinance to provide Dairy and Bakery products to students of Education Institutions of I to VIII Grade	2002	GINA
National Plan for Food and Nutrition		GINA

Policies & Actions in the Global database on the Implementation of Nutrition Action (GINA)

Programme title and actions	Start Year	View
GNPR 2016-2017: School health and nutrition (q11) RO 19 04 project - Extracurricular nutrition education	2016	GINA
GNPR 2016-2017: School health and nutrition (q11) RO 19 04 project - School fruit and vegetable scheme	2016	GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q20) Life - Media promotion of healthy nutrition	2011	GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q20) Breastfeeding - Media promotion of healthy nutrition	2010	GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q20) European mobility week - Media promotion of healthy nutrition	2010	GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q20) IEC campaign against obesity - Media promotion of healthy nutrition	2010	GINA
GNPR 2016-2017: School health and nutrition (q11) School health promotion and health monitoring in school - Extracurricular nutrition education	2010	GINA
GNPR 2016-2017: School health and nutrition (q11) School health promotion and health monitoring in school - Monitoring children's growth in schools	2010	GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q20) Healthy lifestyle messages - Media promotion of healthy nutrition	2009	GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q12a) Reguli pentru o alimentaţie sănătoasă [Guidelines for a healthy diet] - Food-based dietary guidelines	2006	GINA
GNPR 2009-2010: Maternal, infant and young child nutrition - Breastfeeding promotion and/or counselling		GINA
GNPR 2009-2010: Maternal, infant and young child nutrition - Counselling on nutritional support&care for people living with HIV		GINA
GNPR 2009-2010: Obesity and diet-related NCDs - Food-based dietary guidelines		GINA
GNPR 2009-2010: Obesity and diet-related NCDs - Salt reduction		GINA
GNPR 2016-2017: Infant and young child nutrition (q6) - Growth monitoring and promotion		GINA
GNPR 2016-2017: Infant and young child nutrition (q7) - Breastfeeding promotion and/or counselling		GINA
GNPR 2016-2017: Infant and young child nutrition (q9a) - Feeding of LBW infants		GINA
GNPR 2016-2017: Infant and young child nutrition (q9b) - Infant feeding in the context of HIV		GINA
GNPR 2016-2017: Prevention and management of acute malnutrition (q37) - Food distribution/supplementation for prevention of acute malnutrition		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q12b) Healthy Nutrition Guidelines - Nutrient-based dietary guidelines		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q13) - Front-of-pack labelling system		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q13) - Nutrient declaration		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q13) - Nutrition and health claims		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q21) - Nutrition education and counselling		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q25) - Iodine supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q25) - Iron and folic acid supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q25) - Multiple micronutrients supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q26) - Iron and folic acid supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q27) - Iron supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q27) - Vitamin D supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q31) - Oil fortification		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q32) - Salt iodization		GINA