### *Antimony*

Elemental antimony forms very hard alloys with copper, lead and tin. Antimony compounds have various therapeutic uses. Antimony is used in solders as a replacement for lead, but there is little evidence of any significant contribution to drinking-water concentrations from this source. Total exposure from environmental sources, food and drinking-water is very low compared with occupational exposure.

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| Guideline value | 0.02 mg/l (20 µg/l) |
| Occurrence | Concentrations in groundwater less than 0.001 µg/l; concentrations in surface water less than 0.2 µg/l; concentrations in drinking-water appear to be less than 5 µg/l |
| Tolerable daily intake (TDI) | 6 µg/kg body weight, based on a NOAEL of 6.0 mg/kg body weight per day for decreased body weight gain and reduced food and water intake in a 90-day study in which rats were administered potassium antimony tartrate in drinking-water, using an uncertainty factor of 1000 (100 for interspecies and intraspecies variation, 10 for the short duration of the study) |
| Limit of detection | 0.01 µg/l by electrothermal atomic absorption spectrometry (AAS); 0.1–1 µg/l by inductively coupled plasma mass spectrometry (ICP-MS); 0.8 µg/l by graphite furnace AAS; 5 µg/l by hydride generation AAS |
| Treatment performance | Conventional treatment processes do not remove antimony. However, antimony is not normally a raw water contaminant. As the most common source of antimony in drinking-water appears to be dissolution from metal plumbing and fittings, control of antimony from such sources would be by product control. |
| Guideline value derivation | |
| • allocation to water | 10% of TDI |
| • weight | 60 kg adult |
| • consumption | 2 litres/day |
| Assessment date | 2003 |
| Principal reference | WHO (2003) *Antimony in drinking-water* |

There has been a significant increase in the toxicity data available since the previous review, although much of it pertains to the intraperitoneal route of exposure. The form of antimony in drinking-water is a key determinant of the toxicity, and it would appear that antimony leached from antimony-containing materials would be in the form of the antimony(V) oxo-anion, which is the less toxic form. The subchronic toxicity of antimony trioxide is lower than that of potassium antimony tartrate, which is the most soluble form. Antimony trioxide, owing to its low bioavailability, is genotoxic only in some in vitro tests, but not in vivo, whereas soluble antimony(III) salts exert genotoxic effects in vitro and in vivo. Animal experiments from which the carcinogenic potential of soluble or insoluble antimony compounds may be quantified are not available. IARC has concluded that antimony trioxide is possibly carcinogenic to humans (Group 2B) on the basis of an inhalation study in rats, but that antimony trisulfide was not classifiable as to its carcinogenicity to humans (Group 3). However,

chronic oral uptake of potassium antimony tartrate may not be associated with an additional carcinogenic risk, as antimony after inhalation exposure was carcinogenic only in the lung but not in other organs and is known to cause direct lung damage following chronic inhalation as a consequence of overload with insoluble particulates. Although there is some evidence for the carcinogenicity of certain antimony compounds by inhalation, there are no data to indicate carcinogenicity by the oral route.

### *Arsenic*[1]

Arsenic is found widely in Earth's crust in oxidation states of –3, 0, +3 and +5, often as sulfides or metal arsenides or arsenates. In water, it is mostly present as arsenate (+5), but in anaerobic conditions, it is likely to be present as arsenite (+3). It is usually present in natural waters at concentrations of less than 1–2 µg/l. However, in waters, particularly groundwaters, where there are sulfide mineral deposits and sedimentary deposits deriving from volcanic rocks, the concentrations can be significantly elevated.

Arsenic is found in the diet, particularly in fish and shellfish, in which it is found mainly in the less toxic organic form. There are only limited data on the proportion of inorganic arsenic in food, but these indicate that approximately 25% is present in the inorganic form, depending on the type of food. Apart from occupational exposure, the most important routes of exposure are through food and drinking-water, including beverages that are made from drinking-water. Where the concentration of arsenic in drinking-water is 10 µg/l or greater, this will be the dominant source of intake. In circumstances where soups or similar dishes are a staple part of the diet, the drinking-water contribution through preparation of food will be even greater.

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| Provisional guideline value | 0.01 mg/l (10 µg/l) |
| | The guideline value is designated as provisional on the basis of treatment performance and analytical achievability. |
| Occurrence | Levels in natural waters generally range between 1 and 2 µg/l, although concentrations may be elevated (up to 12 mg/l) in areas containing natural sources |
| Basis of guideline value derivation | There remains considerable uncertainty over the actual risks at low concentrations, and available data on mode of action do not provide a biological basis for using either linear or non-linear extrapolation. In view of the practical difficulties in removing arsenic from drinking-water, as well as the practical quantification limit in the region of 1–10 µg/l, the guideline value of 10 µg/l is retained and designated as provisional. |
| Limit of detection | 0.1 µg/l by ICP-MS; 2 µg/l by hydride generation AAS or flame AAS |
| Treatment performance | It is technically feasible to achieve arsenic concentrations of 5 µg/l or lower using any of several possible treatment methods. However, this requires careful process optimization and control, and a more reasonable expectation is that 10 µg/l should be achievable by conventional treatment (e.g. coagulation). |

[1] As arsenic is one of the chemicals of greatest health concern in some natural waters, its chemical fact sheet has been expanded.