

When high-risk individuals have been advised by a physician to avoid elevated potassium intake from water, the recommended strategy is to limit the addition of potassium to water that will be ingested or to avoid ingesting such water. This can be done by having a proportion of the water bypass the softener altogether; this approach is recommended by several countries. Although technologies are available to remove potassium, they are generally more expensive and redundant when combined with the softening treatment.

Propanil

Propanil (CAS No. 709-98-8) is a contact post-emergence herbicide used to control broad-leaved and grassy weeds, mainly in rice. It is a mobile compound with affinity for the water compartment. Propanil is not, however, persistent, being easily transformed under natural conditions to several metabolites. Two of these metabolites, 3,4-dichloroaniline and 3,3',4,4'-tetrachloroazobenzene, are more toxic and more persistent than the parent compound. Although used in a number of countries, propanil has only occasionally been detected in groundwater.

Reason for not establishing a guideline value	Readily transformed into metabolites that are more toxic; a guideline value for the parent compound is considered inappropriate, and there are inadequate data to enable the derivation of guideline values for the metabolites
Assessment date	2003
Principal reference	WHO (2003) <i>Propanil in drinking-water</i>

Although a health-based value for propanil can be derived, this has not been done, because propanil is readily transformed into metabolites that are more toxic. Therefore, a guideline value for the parent compound is considered inappropriate, and there are inadequate data on the metabolites to allow the derivation of guideline values for them. Authorities should consider the possible presence in water of more toxic environmental metabolites.

Selenium

Selenium is present in Earth's crust, often in association with sulfur-containing minerals. Selenium is an essential trace element, and foodstuffs such as cereals, meat and fish are the principal source of selenium for the general population. Levels in food also vary greatly according to geographical area of production. However, even in high-selenium areas, the relative contribution of selenium from drinking-water is likely to be small in comparison with that from locally produced food.

Provisional guideline value	0.04 mg/l (40 µg/l) The guideline value is designated as provisional because of the uncertainties inherent in the scientific database.
Occurrence	Most drinking-water contains concentrations of selenium that are much lower than 10 µg/l, except in certain seleniferous areas

GUIDELINES FOR DRINKING-WATER QUALITY

Basis of guideline value derivation	An allocation of 20% of the upper tolerable intake of 400 µg/day to drinking-water provides a sensible balance that will assist regulators and suppliers in making decisions about whether further action is needed
Limit of detection	0.5 µg/l by hydride generation AAS
Treatment performance	Selenium is not removed by conventional treatment processes; significant removals of selenium from water using activated alumina adsorption, ion exchange, reverse osmosis and nanofiltration have been reported.
Guideline value derivation	
<ul style="list-style-type: none"> • allocation to water • consumption 	20% of upper tolerable intake 2 litres/day
Additional comments	<p>It is important that a proper balance be achieved between recommended intakes and undesirable intakes in determining an appropriate guideline value for selenium in drinking-water. While for most parts of the world, the concentration of selenium in drinking-water will not exceed 10 µg/l, there are circumstances in which selenium may be elevated significantly above normal concentrations, and guidance may be required. Where selenium intake from the diet is known, this should be used in determining a concentration that ensures that intake is safe and sufficient. Where selenium intake from the diet is not known, guidance may be required.</p> <p>For most Member States, a drinking-water guideline for selenium is unnecessary. Where there are regions of high intake from a number of sources, of which drinking-water may be one, then Member States should take into consideration exposure from all sources in determining actions to reduce exposure. For drinking-water, this may include using alternative sources, blending low-selenium sources with high-selenium sources as well as considering selenium removal.</p>
Assessment date	2010
Principal references	FAO/WHO (2004) <i>Vitamin and mineral requirements in human nutrition</i> WHO (2011) <i>Selenium in drinking-water</i>

Selenium is an essential element for humans, and there are indications that selenium status may be marginal in many parts of the world, including western Europe. The potential for adverse effects from selenium deficiency appears to be dependent on a number of factors, including overall health and nutritional status. Very low selenium status in humans has been associated with a juvenile, multifocal myocarditis called Keshan disease and a chondrodystrophy called Kaschin-Beck disease. Several studies have also found blood selenium levels to be inversely associated with the prevalence of several types of cancer.

High intakes of selenium are also associated with a number of specific diseases and the potential for adverse effects, but, again, this seems to be strongly influenced by other factors. Symptoms in people with high urinary selenium levels included gastrointestinal disturbances, discoloration of the skin, decayed teeth, hair or nail loss, nail abnormalities and changes in peripheral nerves. Slight biochemical changes have also been observed. One case of selenium toxicity directly attributable to a water source (well water containing selenium at a concentration of 9 mg/l) has been reported. The

average dietary intake that is associated with selenosis has been found to be in excess of 900 µg/day.

As selenium is an essential element, various national and international organizations have established recommended daily intakes of selenium. A joint FAO/WHO consultation recommended intakes of 6–21 µg of selenium per day for infants and children, according to age, 26 and 30 µg of selenium per day for adolescent females and males, respectively, and 26 and 35 µg of selenium per day for adult females and males, respectively.

Because of concern about the adverse effects resulting from exposure to excessive levels of selenium, various national and international organizations have established upper limits of exposure for selenium. FAO/WHO established an upper tolerable limit for selenium of 400 µg/day.

Silver

Silver occurs naturally, mainly in the form of its very insoluble and immobile oxides, sulfides and some salts. It has occasionally been found in groundwater, surface water and drinking-water at concentrations above 5 µg/l. Levels in drinking-water treated with silver for disinfection may be above 50 µg/l. Recent estimates of daily intake are about 7 µg per person.

Reason for not establishing a guideline value	Available data inadequate to permit derivation of health-based guideline value
Assessment date	1993
Principal reference	WHO (2003) <i>Silver in drinking-water</i>

Only a small percentage of silver is absorbed. Retention rates in humans and laboratory animals range between 0% and 10%.

The only obvious sign of silver overload is argyria, a condition in which skin and hair are heavily discoloured by silver in the tissues. An oral NOAEL for argyria in humans for a total lifetime intake of 10 g of silver was estimated on the basis of human case reports and long-term experiments with laboratory animals.

The low levels of silver in drinking-water, generally below 5 µg/l, are not relevant to human health with respect to argyria. In contrast, special situations exist where silver salts may be used to maintain the bacteriological quality of drinking-water. Higher levels of silver, up to 0.1 mg/l (this concentration gives a total dose over 70 years of half the human NOAEL of 10 g), could be tolerated in such cases without risk to health.

There are no adequate data with which to derive a health-based guideline value for silver in drinking-water.

Simazine

Simazine (CAS No. 122-34-9) is a pre-emergence herbicide used on a number of crops as well as in non-crop areas. It is fairly resistant to physical and chemical dissipation processes in the soil. It is persistent and mobile in the environment.