# **CALL FOR PROPOSALS**

WHO Special Initiative for Mental Health Philippines: Virtual/Online mhGAP Capacity Building for Master Trainers and Health Care Providers



### 1. Summary

The World Health Organization (WHO) Philippines is searching for a contractual partner or institutional partner to support the Virtual/Online mhGAP Capacity Building for Master Trainers and Health Care Providers under an Agreement for Performance of Work (APW) contract.

The proposals are due by 10 August 2021.

# 2. Background

The expansion of mental health workforce in non-specialized settings is essential to ensure access to quality mental health care and support to people with mental, neurological and substance use (MNS) disorder. In 2017, burden of mental disorders in the Philippines measured by Disability-adjusted life years (DALYs) was at 2,762.88 per 100,000 population. With a rate of 0.52 per 100,000 population in 2017, mental health care services were provided by an estimated 5 Psychiatrist for every 1 million population. Situational Analysis for the WHO Special Initiative for Mental Health (March, 2020) described the specialist Human Resources for Mental Health including Neurologists, Psychiatrist, Psychologist, Psychiatric Nurses, and Mental Health Social Workers. Analysis showed that data as of March 2020, there were around 483 Neurologist (0.5 per 100,000), 548 Psychiatrists (0.5 per 100,000), 133 Psychologist (0.1 per 100,000), and around 516 Psychiatric Nurses (0.5 per 100,000). More info: WHO Special Initiative for Mental Health: Philippines

As access to mental health service cannot be provided by specialist alone, demand for health care workers trained in mental health has created a need to expand the mental health workforce in primary and secondary facilities. A significant primary care workforce in the Philippines is already trained in WHO mhGAP, however there remains limited access to quality mental health care and support. The Mental Health Gap Action Programme (mhGAP) was developed to scale up care for identified MNS disorder, accompanied by the mhGAP-Intervention Guide (mhGAP-IG) as a resource to facilitate delivery of evidence-based MNS care guidelines in non-specialized settings. The latest version of the mhGAP Intervention Guide - Version 2.0 (who.int)

Changes and Innovations in treatment interventions have enabled people with mental health conditions to receive cost-effective care, support and advocacies on the protection of their basic human rights. Integrating mental health care with general health care has been a viable strategy for increasing access to mental health care, as well as reduce stigma associated with seeking mental health services. These, however, would require general health care staff to gain necessary competencies to detect mental health disorders, provide basic care, and refer more complex cases to higher levels of care.

Overall, the WHO Special Initiative for Mental Health will support and augment the delivery of target outputs and outcomes under the Service Delivery and Governance pillar of the

Philippines' Mental Health Strategic Plan 2019-2023 and strengthen the effective implementation of the Mental Health Act.

#### 3. Timeline

The implementation timeline is from 16 August 2021 to 23 December 2021.

## 4. Place of Assignment

Manila, Philippines

## 5. Scope of Work

Under the direct supervision of the WHO Country Office for the Philippines, the contractual partner/institution shall perform the following tasks/responsibilities in close collaboration with the respective officers within the DOH DPCB – Mental Health Division and related offices.

The contractual partner/institution is expected to:

## Method(s) to carry out the activity

- 1. Strengthen and institutionalize mhGAP implementation process focusing on situation analysis and adaptation;
- 2. Provide the comprehensive mhGAP training package on priority MNS conditions for specialist and non-specialist health care providers in primary care/general health care settings. Reference materials: <a href="mailto:mhGAP">mhGAP</a> Operations Manual (who.int) <a href="mailto:mhGAP">mhGAP</a> training manuals for the mhGAP intervention guide for mental, neurological and substance use disorders in non-specialized health settings (who.int)
- 3. Conduct a virtual/online Training of Trainers to establish a core group of 25 master trainers and supervisors that will provide adequate support, mentoring, and supervision to non-specialist mental healthcare providers.
- Conduct and co-facilitate the master trainers in the (total of 25 batches) virtual/online mhGAP capacity building activities to healthcare providers to the LGUs of the UHC Implementation Sites.

#### **Outputs and Deliverables:**

### Output 1: Inception Report with itemized work plan and Gantt chart of activities

**Deliverable 1.1:** Develop a work plan with Gantt chart of activities. The work plan will be part of the inception report that will be submitted to WHO Philippines at the beginning of the engagement. The inception report, to be submitted within 7 days of commencing the assignment, will demonstrate the contractual partner's conceptual and implementation approach and methodology, scope of work, resources required, and the timeline of activities to guide the assignment and to meet the agreed upon deliverables.

**Deliverable 1.2:** Discuss the inception report and work plan with DOH and WHO Philippines.

### **Output 2: Situational Analysis and Adaptation of mhGAP**

**Deliverable 2.1:** Conduct and Submit the Situational Analysis of mhGAP implementation

**Deliverable 2.2:** Conduct Adaptation Workshop with key experts/working group (Adaption of relevant mhGAP components to local context) via virtual/online platform

Deliverable 2.3: Submit locally adapted mhGAP package

**Deliverable 2.4:** Submit Documentation materials (e.g. proceedings, minutes, photos, videos, recordings, etc.)

# Output 3: Deliver a Virtual/Online Comprehensive mhGAP training package

**Deliverable 3.1:** Plan, design, and facilitate an online mhGAP (ToTs) Master Trainers Course focusing on Psychoses (psychosis and bipolar disorder), Depression, Epilepsy, and Self-Harm/Suicide

**Deliverable 3.2:** Plan, design, and co-facilitate with the Master Trainers an online mhGAP training for non-specialist service providers in primary care facilities of the LGUs of the UHC Implementation sites (total of 25 batches)

## **Output 4: Technical Narrative and Financial Report**

**Deliverable 4.1:** Submit Final Technical Report including documentation and analysis of outcome of the capacity building, situation analysis, and adaptation of mhGAP resources, possible recommendations with supporting documentation (e.g. proceedings, minutes, photos, videos, recordings, etc.)

**Deliverable 4.2:** Submit final financial report

**CONFIDENTIALITY** The results, products and reports of this APW are to be treated as confidential and must not be handed over to third parties. The DOH and WHO have the exclusive ownership of the reports and reserve the right to further disseminate relevant information.

The contractual partner will also provide disclaimer on the reports: This document has been produced with the assistance of the World Health Organization. The contents of this publication are the sole responsibility of the author, and does not necessarily reflect the opinions, recommendations, or advice of the World Health Organization.

#### 6. Qualifications

The contractual partner must fulfil the following qualifications:

### Education

- Essential: The team leader and members must have at least a Master's degree in any of the following fields: public health, epidemiology, medicine or related fields from a recognized university.
- Desirable: With post-graduate degree or advanced studies in public health, social sciences, mental health, or similar from a recognized institution.

## Work Experience

- Team Leader must have at least 7 years of relevant work experience in mhGAP capacity building and implementation, public health programmes
- Relevant experience in mental health program planning, operations and mhGAP implementation; familiar with the health system and community system of the country

### Technical Skills and Knowledge:

 With good technical writing and facilitation skills, knowledgeable in basic computer programs and virtual/online platforms, efficient organizational and management skills

## Competencies

- Communicating in a credible, effective and culturally competent way
- Moving forward in a changing environment
- Fostering integration and teamwork
- Producing results

## 7. Contract Time

The work to be done under this contract shall be the WHO Special Initiative for Mental Health Philippines: Virtual/Online mhGAP Capacity Building for Master Trainers and Health Care Providers as set out in the Terms of Reference. The contract will be completed in not more than 4 months from the commencement of the Work, or otherwise as agreed in writing among the Owner and the Contractor. The work shall be done in strict compliance with the Contract, Specifications, Schedules, and all other Contract documents and all Instructions. Failure to do so shall be at the Contractor's risk and account. Submission of Bid by the Contractor shall constitute acknowledgement by the Contractor that it is aware of and concurs with all of the requirements or conditions incorporated in the Call for Proposal and the other documents.

As time is an essential element of this Contract, for failure to complete all work within the stipulated as set out in the Terms of Reference, the Owner shall charge the Contractor liquidated damages. This shall be in the amount the sum of 0.5% of the total contract amount per day (Saturdays, Sundays and holidays are included) but not to exceed on total 10% (ten percent) of the contract amount. These liquidated damages shall be for the added cost incurred by the Owner for such delay and also for the inconvenience caused to the users of the Work. It is understood that this is not a penalty but a fixed sum representing the liquidated damages for each calendar day of the delay. Delay shall be counted from the

agreed completion date, considering further time extensions approved by the Owner, to the date of completion of work.

## 8. Submission Requirements

Interested institutions and/or individuals should submit electronic copies of the following:

- Cover letter
- Curriculum vitae
- Proposal

Address all proposals to: **Dr Rabindra Abeyasinghe**WHO Representative to the Philippines

Ground Floor, Building 3, Department of Health San Lazaro Compound
Rizal Avenue, Sta Cruz, Manila

Please submit the electronic copy of the proposals with the title, WHO Special Initiative for Mental Health Philippines: Virtual/Online mhGAP Capacity Building for Master Trainers and Health Care Providers to Mrs Ying Chen (<a href="mailto:cheny@who.int">cheny@who.int</a>) and <a href="mailto:wpphlwr@who.int">wpphlwr@who.int</a>. Only shortlisted applicants will be contacted by WHO Philippines.

Deadline of submission of application is on 10 August 2021.