

Treatment and testing policy in countries

In 2018, WHO published interim guidance to recommend dolutegravir (DTG) as a preferred first-line antiretroviral drug for everyone living with HIV older than six years and weighing more than 15kg, including women and adolescent girls of childbearing potential who are using consistent and reliable contraception. The table summarizes current treatment, monitoring, PrEP, lay provider testing, and self-testing policies for selected countries in the Region in 2018.

<u>Country policy</u>	Cambodia	China	Fiji	Kiribati	Lao People's Democratic Republic	Malaysia	Micronesia (Federated States of)
TREATMENT POLICY							
	Treat All	Treat All	Treat All	Treat All	Treat All	Treat All	Treat All
DTG introduced in national guidelines and procurement initiated	Yes	No	Yes	No	Yes	Yes	No
DTG introduced in national guidelines	Yes ¹	No	Yes	Yes	Yes	Yes	Yes
DTG introduction in national guidelines planned	Yes ²	No					
TREATMENT REGIMEN (preferred 1st line)							
Adults and adolescents	TDF+3TC+DTG	TDF+3TC+EFV	TDF+3TC+DTG	TDF+3TC+EFV	TDF+3TC+DTG	TDF+FTC+EFV	TDF+3TC+EFV
Children 3 - 10 years	ABC+3TC+EFV	AZT+3TC+EFV (or NVP)	AZT+3TC+EFV	AZT+3TC+NVP	AZT+3TC+EFV	AZT+3TC+EFV	AZT+3TC+NVP
Children less than 3 years	ABC+3TC+LPV/r	AZT+3TC+LPV/r (or NVP)	AZT +3TC+NVP	AZT+3TC+NVP	ABC+ 3TC+LPV/r	AZT+3TC+NVP	AZT+3TC+NVP
MONITORING							
Viral load	Routine	Routine	Routine	Routine (planned)	Routine	Routine	Routine (planned)
Clinic visit for stable patients	3-6 months	3 months	2-3 months	3 months	3-6 months	6 months	3 months
ARV pick up for stable patients	3-6 months	3 months	2-3 months	3 months	3-6 months	1 month	3 months
PREVENTION AND TESTING							
PrEP	No	Pilot	No	No	No	Yes	No
HIV testing by trained lay provider	Yes	Yes	No	No	Pilot	Yes	No
HIV self-testing	piloting	Pilot	No	No	No	available but no policy	No

¹ Supplement operational Guidance: Use of DTG in Cambodia is under amendment ² National guidelines will be updated in 2019 to include DTG ³ Uninfected partner of serodiscordant couple

<u>Country policy</u>	Mongolia	Nauru	Palau	Papua New Guinea	Philippines	the Republic of the Marshall Islands	Solomon Islands
TREATMENT POLICY							
	Treat All	Treat All	Treat All	Treat All	Treat All	Treat All	Treat All
DTG introduced in national guidelines and procurement initiated	No	No	No	No	No	No	No
DTG introduced in national guidelines	No	Yes	Yes	Yes	No	yes	yes
DTG introduction in national guidelines planned					No		
TREATMENT REGIMEN (preferred 1st line)							
Adults and adolescents	TDF+3TC (or FTC)+EFV	TDF+3TC+EFV	TDF+3TC+EFV	TDF+3TC+EFV	AZT+3TC+EFV (or NVP)	TDF+3TC+EFV	TDF+3TC (or FTC)+EFV
Children 3 - 10 years	ABC+3TC+EFV	AZT+3TC+NVP	AZT+3TC+NVP	ABC+3TC+EFV	AZT+3TC+EFV (or NVP)	AZT+3TC+NVP	ABC + 3TC + EFV
Children less than 3 years	ABC (or AZT) +3TC+LPV/r	AZT+3TC+NVP	AZT+3TC+NVP	ABC (or AZT)+3TC+LPV/r	AZT+3TC+NVP (or EPV or LPV/r)	AZT+3TC+NVP	ABC (or AZT) + 3TC + LPV/r
MONITORING							
Viral load	Routine	Routine (planned)	Routine (planned)	Routine (in selected sites)	Routine (in selected sites)	Routine (planned)	Routine
Clinic visit for stable patients	3 months	3 months	3 months	2-3 months	6 months	3 months	3 months
ARV pick up for stable patients	3 months	3 months	3 months	2-3 months	3 months	3 months	3 months
PREVENTION AND TESTING							
PrEP	Yes ³	No	No	No	Pilot	No	No
HIV testing by trained lay provider	No	No	No	Yes	Yes	No	Yes
HIV self-testing	No	No	No	No	No	No	No

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<u>Country policy</u>	Tonga	Tuvalu	Vanuatu	Viet Nam
TREATMENT POLICY				
	Treat All	Treat All	Treat All	Treat All
DTG introduced in national guidelines and procurement initiated	No	No	No	No
DTG introduced in national guidelines	Yes	Yes	Yes	Yes
DTG introduction in national guidelines planned				Yes
TREATMENT REGIMEN (preferred 1st line)				
Adults and adolescents	TDF+3TC+EFV	TDF+3TC+EFV	TDF+3TC+EFV	TDF+3TC+EFV
Children 3 - 10 years	AZT+3TC+NVP	AZT+3TC+NVP	AZT+3TC+NVP	AZT+3TC+EFV
Children less than 3 years	AZT+3TC+NVP	AZT+3TC+NVP	AZT+3TC+NVP	ABC+3TC+LPV/r
MONITORING				
Viral load	Routine (planned)	Routine (planned)	Routine	Routine
Clinic visit for stable patients	3 months	3 months	3 months	3 month
ARV pick up for stable patients	3 months	3 months	3 months	3 month
PREVENTION AND TESTING				
PrEP	No	No	No	Yes
HIV testing by trained lay provider	No	No	No	Yes
HIV self-testing	No	No	No	Yes

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