MENTAL HEALTH

The Regional Committee,

Recalling the *Regional Agenda for Implementing the Mental Health Action Plan 2013–2020 in the Western Pacific* and subsequent efforts by Member States and partners to promote a social movement for action on mental health and well-being;

Affirming that promoting and protecting mental health is critical throughout the life course to ensure the highest attainable quality of life and level of health and well-being, contributing to the achievement of the vision for the Western Pacific presented in *For the Future: Towards the Healthiest and Safest Region* and the Sustainable Development Goals;

Deeply concerned by the looming mental health crisis in the Western Pacific Region driven by social pressures and vulnerabilities and amplified by the widespread impact of the COVID-19 pandemic on everyday life;

Recognizing that current mental health systems cannot address future challenges unless they meet the full range of mental health needs of all people across every stage of life today and in the future,

1. **ENDORSES** the *Regional Framework for the Future of Mental Health in the Western Pacific 2023–2030*;
2. URGES Member States:

(1) to use the Regional Framework as a guide to refocus the mental health agenda to include well-being, reaching the unreached and promoting mental health for all;

(2) to transform mental health support and care through high-level commitment and intersectoral collaboration among government agencies and civil society organizations, in support of a coordinated approach at national, subnational and community levels;

(3) to ensure adequate resources are devoted to national strategies or plans to embed culturally appropriate mental health approaches into the settings and practices of daily life in communities;

3. REQUESTS the Regional Director:

(1) to provide technical support for Member States to put into effect national strategies and plans in line with the Regional Framework;

(2) to facilitate dialogue and the exchange of knowledge, experiences, lessons and innovations among Member States;

(3) to report periodically on progress in the implementation of the Regional Framework for the Future of Mental Health in the Western Pacific 2023–2030.

Eighth meeting, 28 October 2022