HOW TO DILUTE AND USE BLEACH

WEAR PERSONAL PROTECTIVE EQUIPMENT
When preparing and using diluted bleach
- goggles OR face shield
- gown
- gloves
- closed shoes

PREPARE 0.5% BLEACH SOLUTION
For blood/bodily fluid spills disinfection

1 part 5% bleach
+ 9 parts water
= 0.5% bleach

PREPARE 0.1% BLEACH SOLUTION
A more diluted bleach solution is suitable for disinfecting other surfaces

1 part 0.5% bleach
+ 4 parts water
= 0.1% bleach

DO NOT store diluted bleach in direct sunlight.
Prepare solution in a well-ventilated area.
Prepare new daily bleach solution in a container that is clean and dry (e.g. a bucket).
Label bucket with concentration, date and time when it was made. Cover with a lid.
DO NOT use mixed solutions for more than 24 hours. They are no longer effective.
Clean surfaces first with detergent and water before disinfecting with bleach solution.
DO NOT spray detergent or diluted bleach directly onto surface, apply with a cloth or paper towel to protect the user.
HOW TO DILUTE AND USE BLEACH

WEAR PERSONAL PROTECTIVE EQUIPMENT
When preparing and using diluted bleach
- goggles or face shield
- long sleeve shirt & covered legs
- gloves
- apron
- closed shoes

PREPARE 0.5% BLEACH SOLUTION
For blood/bodily fluid spills disinfection
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### VISITORS

**YOU CAN HELP KEEP EVERYONE SAFE IN THIS HEALTHCARE FACILITY**

<table>
<thead>
<tr>
<th><strong>DO’s</strong></th>
<th><strong>DON’Ts</strong></th>
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<tbody>
<tr>
<td>Wash hands or use alcohol-based handrub before entering and when leaving the patient’s room</td>
<td>Do not visit the hospital if you are unwell</td>
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<tr>
<td>Listen to healthcare worker instructions at all times</td>
<td>Do not touch, hug or kiss the patient</td>
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<tr>
<td>Limit the time you spend in the patient’s room</td>
<td>Do not use the patient’s toilet</td>
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<tr>
<td>Keep at least 1m physical distance between yourself and the patient</td>
<td>Do not sit on the patient’s bed or on a chair inside the patient’s room</td>
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<td>Use an alternative, non-touch greeting</td>
<td>Do not bring anything into or take anything out from the patient’s room without checking with a healthcare worker</td>
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<tr>
<td>Reconsider the need to visit, e.g. use mobile technology to connect instead</td>
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