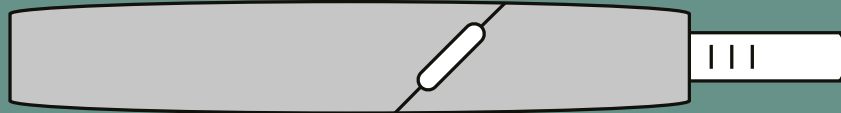


FACTS ABOUT HEATED TOBACCO PRODUCTS



- Like all other tobacco products, heated tobacco products (HTPs) are inherently toxic and contain nicotine and carcinogens.
- HTPs produce aerosols upon heating of the tobacco, which are then inhaled by users.
- HTPs expose users to toxic emissions, many of which cause cancer. Currently there is not enough evidence to suggest that they are less harmful than conventional cigarettes.
- There is no evidence that HTPs help people to quit conventional smoking.
- Currently, there is insufficient evidence on the effects of second-hand emissions produced by HTPs, though the emissions from these products contain harmful and potentially harmful chemicals.
- HTPs should be regulated like any other tobacco product when it comes to setting policies.

Source

Heated tobacco products: a brief. Copenhagen: WHO Regional Office for Europe; 2020 (<https://apps.who.int/iris/handle/10665/350470>, accessed 15 June 2023).



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