



Promoting health and well-being in the WHO European Region



Alcohol and tobacco use

Total alcohol consumption per capita decreased by
1.3 litres between 2000 and 2019

Alcohol consumption per capita
decreased from 12 litres in 2000
to 9.5 litres in 2019



But:

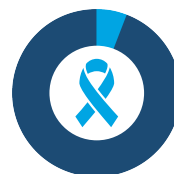
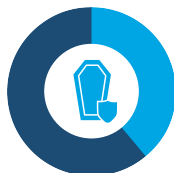


Of the 10 countries that drink
the most in the world, 9 are in
the WHO European Region

Percentage of deaths
from cardiovascular
diseases linked to alcohol
consumption: **11%**



Percentage of deaths from
intentional injuries (suicide,
homicide) linked to alcohol
consumption: **39%**



Percentage of deaths from
cancers linked to alcohol
consumption: **6%**

Tobacco

Only 6 countries will be
able to achieve at least
a **30% reduction** in
tobacco use by 2025

The European Region =
only region not expected to
reach the **30% reduction**
target for women by 2025

26.3% of people
aged 15 and up
use tobacco

Generally, tobacco
consumption is decreasing,
but at a lower rate than
needed to meet SDG targets



Women using tobacco,
down from 23% in 2000
to 19% in 2018



Men using tobacco,
down from 46% in 2000
to 34% in 2018

www.euro.who.int/EHR2021



World Health
Organization
REGIONAL OFFICE FOR Europe