Tanzania Diabetes Association (TDA) was formed 31 years ago. Today, it is the focal point for diabetes activity in Tanzania.

World Partnership Project: grants funds for diabetes clinic at Muhimbili National Hospital and establishing diabetes services in three district hospitals in Dar es Salaam and Zanzibar (8).

Data collection on diabetes and risk factor prevalence

TDA established

5th Pan African Diabetes Study Group Meeting provides seed funding for TDA

Diabetes/NCD clinics rolled out/strengthened to all zonal (4), regional (28) and district hospitals (187) Under National Diabetes/NCD program including integrated training - funded by WDF

Diabetes clinics established in district hospitals in Lake region - WDF Funding
Tanzania Diabetes Association

- Curriculum development
- Training
- Capacity building - tools
- Establishment of Association Branches
- Monitoring & Evaluation
- Supply & logistics system

Ministry of Health

- Human resources
- Clinic space

Donors

- World Diabetes Foundation
- Novo Nordisk Fund Raising
- Dr Zolli – Venice, Italy
- NN World Partnership Project
- Handicap International / EU

“Seed” funding

SUSTAINABLE QUALITY DIABETES SERVICE

MULTI-SECTORAL PARTNERSHIP
TDA has developed successful long-term relationships with key stakeholders.

**National Stakeholders**

**International Stakeholders**
Tanzania National Diabetes/NCD Program

- Implementation under the National Strategy for Non Communicable Diseases.
- Coordination under the Ministry of Health, Community Development, Gender, Elderly & Children
- Tanzania Diabetes Association (TDA) as project implementer.
- Funded by World Diabetes Foundation (WDF)

- **Goal** - Reduction of morbidity & mortality due to Diabetes/NCDs in Tanzania through development of a comprehensive system of care for people with NCDs and public awareness creation.
<table>
<thead>
<tr>
<th>Facility Level</th>
<th>NCD Clinics</th>
<th>Specialty Clinics</th>
<th>Nutrition</th>
<th>Sensitization</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zonal Referral Hospitals</td>
<td>2 MO/AMO/CO 2 Nurses</td>
<td>2 HCP RCH 2 HCP TB/Leprosy 2 HCP Eye/Dental 2 HCP HIV/AIDS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Regional Referral Hospitals</td>
<td>2 MO/AMO/CO 2 Nurses</td>
<td>2 HCP RCH 2 HCP TB/Leprosy 2 HCP Eye/Dental 2 HCP HIV/AIDS</td>
<td>1 Regional Nutritionist</td>
<td>2 RHMTs</td>
</tr>
<tr>
<td>District Hospitals</td>
<td>2 MO/AMO/CO 2 Nurses</td>
<td>1 HCP RCH 1 HCP TB/Leprosy 1 HCP Eye/Dental 1 HCP HIV/AIDS</td>
<td>1 District Nutritionist</td>
<td>1 CHMT</td>
</tr>
<tr>
<td>Health Centers</td>
<td>1 MO/AMO/CO 1 Nurse</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Dispensaries: Provided 5 copies of IEC Manual to each public dispensary
Currently, TDA’s core activities are policy advocacy, fundraising and capacity building.

- Worked with MoHCDGEC and TANCDA to develop NCD strategy and to strengthen NCD Unit
- Liaise with international funders to procure grants for expansion of diabetes care
- Provide equipment and training to District, Regional and Zonal hospitals
- Initiated certificate course in diabetes at MUHAS
The next five years will require TDA’s capacity to grow, as diabetes/ NCD programs in the country expand. Patient mobilization and community based prevention will be priorities, requiring intensive TDA involvement.

Level of Organizational Effort

- Awareness among key policymakers
- Financial and political support
- Diagnostic and basic treatment capacity
- Patient mobilization
- Community based prevention programming
- Regular surveillance / operations research capacity
- Widespread tertiary care capacity
- Clinical research capacity

Tanzania, 2015

Institutionalization of care

Source: Stakeholder interviews