South Asia Earthquake October 2005

Initial List of Urgently Required Medical Items*
Provided by the Joint Pakistan Ministry of Health/World Health Organization Emergency Co-ordinating Centre in Islamabad

Given the initial nature of this list, the rapidly changing situation in Pakistan and the local availability of many items, please coordinate all donations/procurement with the Joint Pakistan Ministry of Health/WHO Emergency Co-ordinating Centre in Islamabad. All contact should be sent Attention: Joint Pakistan Ministry of Health/WHO Emergency Co-ordinating Centre at this e-mail address: health@whopak.org. Updated contact e-mail and telephone numbers will be sent shortly.

To permit tracking of medical supplies entering Pakistan for the earthquake emergency, recipients of this list are kindly requested to inform WHO of any quantities shipped to Pakistan. Please inform by e-mail: health@whopak.org with copy to SHOC@emro.who.int.

Antibiotics
1. Amoxycylin: Tablets, Tablets 250 mg and Syrup 125 mg/5ml, Bottle of 60 or 100 ml
2. Cephradine,: Tablets 250 mg and Syrup 125 mg/5ml Bottles
3. Ciprofloxacin: Tablets either 250mg or 500 mg
4. Metronidazole: Injection 500 mg in 100 ml bottle
5. Clarithromycine or Erythromycin: Tablets 500 mg and Syrup 200 mg / 5 ml, Bottle of 60 or 100 ml

Antidiabetics
1. Insulin pens & cartridges. Cartridges to be supplied: 1/3 of quantity Human Rapid Acting, 2/3 of quantity Human Intermediate Acting

Anaesthetics
1. Ketamine: injection 50 mg/ ml, vials of 20 ml
2. Lidocaine: injection 1%, ampoules
3. Lidocaine: injection 2%, vials of 20 ml

Bronchodilators
1. Salbutanol inhalers
2. Salbutanol: tablets, 2 mg

Antiepileptics
1. Carbamazepine: Syrup 200 mg
2. Diazepam: Injectable 10 mg/2ml (local procurement recommended)
3. Ethosuximide: Capsule/Tablet 250 mg and Syrup 250 mg/5 ml
4. Phenobarbitone: Tablet 30 mg and Injectable 200 mg/ml( local procurement recommended)
5. Phenytoin (as sodium):Tablet/Capsule 100 mg
6. Phenytoin (as sodium): Syrup 30 mg/5 ml
7. Valproate (as sodium): Tablet 200 mg and Syrup 200 mg/5 ml

I.V. Infusions
1. 5% Dextrose
2. Normal Saline
3. 5% Dextrose / 0.45% Saline
4. Ringers Lactate

Sutures
1. Silk and Chromic with needles, all sizes
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Surgical Disposables
1. Chest tubes, sizes: 28, 32, 36
2. Nasogastric tubes, sizes: 16, 18, 20
3. IV Canulas, sizes: 18, 22, 24
4. Nelgon drains, sizes: 24, 28

Kits
1. New Emergency Health Kits

Equipment
1. Ventilators, portable
2. Ambu bags, sizes: adult and children
3. Nebulisers
4. Suction machines with one or two bottles, portable
5. Glucose meters with strips
6. Very basic, electric instrument autoclave, 10-15 liters

Disposables/consumables
1. Bandages, all sizes
2. Plaster of Paris bandages
3. Cervical collars
4. Ankle supports, all sizes
5. Masks
6. Gowns
7. Gloves
8. Rubber boots

Surgical Items
1. Basic orthopaedic surgical instrument set
2. External fixation sets for children and adults
3. Orthopaedic splints, metal for children and adults
4. Splints, inflatable for children and adults
5. Lumbar sacral iliac fixation devices, no implants

Non Medical Items
1. Blankets (for cold weather)
2. Water purification tablets
3. Water purification powder
4. Water testing kits
5. Disinfectant sprays
6. Ambulances, right hand drive, four wheel drive
7. Pickups, right hand drive, four wheel drive
8. Communications equipment, radio and satellite
9. Tents for shelter of health care staff

* The above indicated items are not grouped as kits as they are singled out as items depleted or at risk of depletion from hospital and other health facilities stocks.