WHAT YOU NEED TO KNOW

Mobilization Of Communities

A Guide For

Testing (VCT)

Voluntary Counselling
Social Mobilization Guide

VCT

Mobilizers for VCT may be:

- All other opinion leaders not mentioned above.
- Religious leaders
- Club leaders
- Parish Development Committees
- Health committees at all levels
- Health Unit Management Committees
- Local Councilors and chiefs
- Traditional Healers
- Community Resource Persons like CHVs, TVAs,
  Workers
- HIV/AIDS Care Providers - counselors and health
DON'T go to VCT centers that do not conform to this or negotiate.

The result of the First test is final, whether positive or negative.

The result of the second test is performed to confirm the first test.

If both tests are positive, a third test is performed.

If both tests are negative, the test is considered negative.

If the second test is negative, the result is considered negative.

If the third test is positive, the result is considered positive.

If the third test is negative, the result is considered negative.

The blood is collected in a special test kit.

The test is performed in the laboratory.

The result is confirmed by the laboratory technician.

If the result is positive, the individual is referred for further testing.

If the result is negative, the individual is referred for further testing.

The cost of VCT is borne by the government.

The process of VCT is explained:

1. **How is Blood Tested?**
   - Blood is collected in a test kit.
   - The test is performed in the laboratory.
   - The result is confirmed by the laboratory technician.

2. **How Long Do You Stay at the VCT Centre?**
   - Approximately 2 hours.
   - The test results are available the next day.

3. **Post-Test Consultation:**
   - The result will be confirmed by the laboratory.
   - The results will be shared with the individual.

4. **Receiving Results:**
   - The results will be shared with the individual.
   - The results will be shared with the individual.

5. **Post-Test Care:**
   - The individual will be advised on the next steps.
   - The individual will be referred for further testing.

The cost of VCT is borne by the government.
WHAT SHOULD YOU EXPECT AT THE VCT CENTER?

At the VCT center, you will receive VCT services and some other services. The health worker will guide you through the process of providing VCT services. If you need help understanding the process, please ask the health worker. They will help you understand the process. The health worker will also guide you through the process of providing VCT services. If you need help understanding the process, please ask the health worker. They will help you understand the process.
<table>
<thead>
<tr>
<th>District</th>
<th>VCT Center</th>
<th>VCT AT Least Once A Week</th>
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<tr>
<td>Bungoma Health Center</td>
<td>1. Bungoma District</td>
<td>Mtoni Health Centre</td>
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<td>Kakamega Hospital</td>
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<td>Mwingi Health Centre</td>
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<td>Nduru Health Centre</td>
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**Where are VCT Services Found?**

To persons with HIV, legal drugs and care.

The problem of HIV concerns us all, you are all urged to utilise

get you opened

written to a previous blood transfusion may have

- Desire to renew a relationship

- Wanting to go into marriage responsibility

- Need to know one's status before getting a child

- Adjust behaviour

- Being cautious and waiting to know one's status so to
When should one go for VCT?

- Regular attendance of the Pre Test Club (PTC) is also useful.
- Certain AIDS-related diseases:
  - Certain STDs (Sexually Transmitted Diseases) can be treated at the Pre Test Center.

- Planning of health and lifestyle changes:
  - Environmental, social, and behavioral changes.

- Fostering relationships with family members and friends.

- Fostering good health habits like personal hygiene, exercise, and healthy eating patterns.

- Involving others by discussing issues and sharing experiences.

Living positively with HIV/AIDS means:

- If found HIV positive, one is counseled on how to live positively.
- If found HIV negative, the person will be counseled on ways to prevent the spread of HIV/AIDS.

Benefits of VCT

- Reduced risk of transmission to persons who are not aware of their HIV status.
- Increased access to medical care and support services.
- Reduced transmission of HIV to others.
- Increased awareness of the risk of HIV transmission.
- Increased knowledge about HIV/AIDS prevention.

VCT is helpful in many ways:

- Checking the blood for HIV/AIDS.
- Reducing the risk of transmission.
- Providing support and counseling to those affected by HIV/AIDS.
- Fostering healthy relationships and behaviors.

Testing and Counseling Services available for HIV/AIDS:

- Support of the mind through discussion.
- Fostering healthy relationships and behaviors.
- Fostering healthy lifestyles and behaviors.
- Reducing the risk of transmission.

VCT is voluntary, confidential, and free.

What is VCT?
I thank you all for the continued support.

The services are much as they possess can.

The volunteers with the people you meet encouraging them to consume
the services from the community leaders to share the information in this
I urge you to unite with the community leaders to be working
prevention and control efforts. UNFPA is committed to working
prevention (VCT) strategy forms the heart of all HIV/AIDS
and testing (VCT) strategy forms the heart of all HIV/AIDS
It is now globally recognized that the voluntary HIV Counseling
development. HIV/AIDS is one such threat we have faced.

The HIV/AIDS population at risk is determined to be between 18 and 64 years old, including both men and women. The Ministry of Health has identified these
target groups for HIV/AIDS as HIV/AIDS: men, women, and children. The Ministry of Health recognizes the need to target these
groups in order to prevent the spread of HIV/AIDS.

The Ministry of Health emphasizes the provision of comprehensive HIV/AIDS services.

Increasing the population's access to health services.

Involving the population in health services, the Ministry of Health prioritizes the health sector.

The Ministry of Health focuses on providing comprehensive health services.

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Plan your life based on facts.

When you can define the mind by visiting a VCT center
and in constant fear and worry.

In diagnosing your own status.

Do not accept to live in anxiety.

The last word is...

In support of VCT.

Encouraging the local leadership to contribute resources.

Improving.

Advertising VCT service providers on means that may require

Who is available.

Informing your friends and neighbors about the center.

Encouraging couples as well as individuals to seek VCT.

I going for an HIV test yourself.

The community.

Everybody gives VCT the support it deserves. You can play your

Planning for now and the future. It is therefore important that

The VCT services are for the people and are intended to guide

Programme

How can you support the VCT?