1. GEOGRAPHY, CLIMATE AND CLOTHING

The climate in Turkey in June is around a maximum of 22°C, a minimum of 8°C, with an average of 16°C. The mean rainfall is around 45 mm. It may be cool in the evenings, so a sweater or a light jacket is recommended. Other than that, comfortable clothing and shoes are recommended since we will be constantly moving. You may wish to bring your swim suit, at least in Karaburun (İzmir) you will have a chance to swim.

The traveling seminar will take participants from İstanbul to Bursa, Balıkesir and then to İzmir in 6 days, covering 611 km of road.

2. VENUE OF THE TRAINING COURSE

Since this training is a traveling seminar, accommodation will be provided in a number of hotels on the way. Participants will travel during the day and sleep in a hotel in a city on route.

All participants must check in at the following hotel upon arrival to Istanbul. The first meeting will be held at the hotel on at 8:00 am on Monday, June 1, 2009.

All participants should note that the bus will leave the hotel in Istanbul after opening session that is 10:30am. GTN/VQ does not take any responsibility if you are late in arrival in Istanbul. Therefore it is extremely important that you check in GRAND ÖZTANIK HOTEL (****) latest on Sunday 31 May.

GRAND ÖZTANIK HOTEL (****)
Topçu Caddesi No: 9-11 Taksim- İstanbul
Tel: +90 212 3616090  Fax: +90 212 3616078/79
e-mail: sales@grandoztanik.com  http://www.grandoztanik.com
Please note that you will NOT be met on arrival. Please change some money before you go out of the arrival hall. Banks are located on the same floor on your right after the customs. You need approximately TL 30 (USD 20) for taxi during day time and TL 45 (USD 30) for those arriving after midnight. All taxis are yellow cabs and operate on taximeter. Should you have any problems on arrival please call Dr. Hakan Gonendik at mobile: 0 533 394 8967 (for international calls +90 533 394 89 67)
3. TRAVEL ITINERARY AND ARRIVAL

As soon as flight reservations have been confirmed, participants should inform the WHO Office in Switzerland as follows:

Tel: + 41 22 791 3201
E-mail: Sinéad Jones jonessi@who.int
Fax: + 41 22 791 4384

This information is required for informing the GRAND ÖZTANIK HOTEL regarding your expected check in time on arrival and check out time in İzmir for departure after the course.

4. HOTEL ACCOMMODATION AND MEALS

With the USD 5,000 course fee, you have already paid for all hotels and meals. This coverage starts on 31 May 2009 and ends on 7 June 2009. Please note that there will be no organized lunch and/or dinner on 31 May 2009 and 7 June 2009. If you incur any personal expenses in regard to lunch or dinner for these dates, you have to obtain an invoice in order to get reimbursed by the local organizer, Tip Kurumu. Please contact Dr Hakan Göndoğuk for reimbursement (maximum reimbursement amount for these two days are established as 150 TL (Turkish Lira) per day (approximately USD 90). If you arrive before 31 May 2009 and/or leave after 7 June 2009, these days will not be covered by the course fee and you have to cover your own expenses separately.

If you are vegetarian, please inform the secretariat when you receive your acceptance letter for the course.

Hotels that the group will be staying during the course are listed below:

<table>
<thead>
<tr>
<th>Date</th>
<th>Hotel Name</th>
<th>Category</th>
<th>Address</th>
<th>Contact Information</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>31 May and 1 June</td>
<td>GRAND ÖZTANIK HOTEL (****)</td>
<td>Topçu Caddesi No: 9-11 5-11 Taksim - İSTANBUL</td>
<td>Tel: +90 212 3616090  Fax: +90 212 3616078/79</td>
<td><a href="mailto:sales@grandoztanik.com">sales@grandoztanik.com</a>  <a href="http://www.grandoztanik.com">http://www.grandoztanik.com</a></td>
<td><a href="http://www.grandoztanik.com">http://www.grandoztanik.com</a></td>
</tr>
<tr>
<td>2 June</td>
<td>KERVANSAFAR THERMAL HOTEL (****)</td>
<td>Cekirge Meydani 18080 BURSA</td>
<td>Tel: +90 224 233900 (24 Lines)  Faks: +902242339324</td>
<td><a href="mailto:termal@kervansarayhotels.com">termal@kervansarayhotels.com</a>  <a href="http://www.kervansarayhotels.com/termal/">http://www.kervansarayhotels.com/termal/</a></td>
<td><a href="http://www.kervansarayhotels.com/termal/">http://www.kervansarayhotels.com/termal/</a></td>
</tr>
<tr>
<td>3 June</td>
<td>ASYA PAMUKÇU THERMAL HOTEL (****)</td>
<td>İzmir Yolu Üzeri 14. Km. Pamukçu - BALIKESİR</td>
<td>Tel: +90 266 2571040  Fax: +90 266 2571240</td>
<td><a href="mailto:info@termalasya.com">info@termalasya.com</a>  <a href="http://www.thermalasya.com/">http://www.thermalasya.com/</a></td>
<td><a href="http://www.thermalasya.com/">http://www.thermalasya.com/</a></td>
</tr>
<tr>
<td>7 June</td>
<td>KARABURUN 5 and 6 June</td>
<td>ASTORIA HOTEL (**)</td>
<td>Mavi Burun Otelcilik ve Tic.Ltd. Şti. Bodrum Caddesi 50 35960 Karaburun – İzmir</td>
<td>Tel: +90 232 7312075; +90 232 7312665  Fax: +90 232 7314455</td>
<td><a href="http://www.karaburunastoria.com">http://www.karaburunastoria.com</a></td>
</tr>
</tbody>
</table>
5. VISA

Most visitors do not need an entry visa to Turkey. Some nationalities can receive the entry visa on arrival. Please check the following web pages for visa requirements or contact the nearest Turkish Embassy.

Who requires a visa?
http://www.mfa.gov.tr/visa-information-for-foreigners.en.mfa

Visa fees at border gates

6. CURRENCY

Monetary System: New Turkish Lira (YTL) was introduced on 1 January 2005. The YTL banknotes are of 1, 5, 10, 20, 50 and 100. Coins of 1, 5, 10, 25, 50 New Kurus and 1 YTL (in coin) are also in circulation. Starting on 1 January 2009, new banknotes are introduced, this time using only TL. New banknotes include 5, 10, 20, 50, 100 and 200. During the time of this meeting, both currency will be in circulation.

Daily official and free-market exchange rates for foreign currencies are published in all newspapers. Foreign currencies can easily be changed at the banks, change offices and PTT branches. You should keep in mind that you will be arriving during the weekend which all banks are closed (but exchange offices are open).

The current exchange rates (by 3 April 2009 and subject to change) are as follows:
1 USD = 1.5959 TL  and 1 EURO = 2.145 TL

Major credit cards like American Express, VISA, Diners Club, MasterCard, Access, JCB and Eurocard are all in use in Turkey, being accepted at most establishments. The most widely accepted are Master Card and Visa. ATM machines are widely available throughout the city.

7. POSTAL SYSTEM

Major post offices are open from 8:00 a.m. till midnight. Monday/Saturday, and 9:00 a.m. till 7:00 p.m., Sunday. Small post-offices have the same hours as the government offices (8:00am till 17:00pm). All PTT branches have the facilities to exchange money at the current international exchange rates, as well as international postal orders and travellers' cheques. To phone from PTT telephone booths, which are extensively found in all areas; telephone cards, and tokens ("jeton") in three sizes are used. Local, inter-city and international calls can be made from all PTT offices. Besides these main offices there are also mobile PTT services in the tourist areas. Some important service numbers are;

<table>
<thead>
<tr>
<th>Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>155 Police</td>
</tr>
<tr>
<td>156 Gendarmerie</td>
</tr>
<tr>
<td>110 Fire</td>
</tr>
<tr>
<td>118 Unknown Numbers</td>
</tr>
<tr>
<td>161 PTT Information</td>
</tr>
</tbody>
</table>
8. HEALTH

Visitors to Turkey do NOT require any vaccinations. Visitors should drink bottled water as water quality may vary widely from town to town. You may want to bring some insect repellent to be used on the skin. Sunblock, sunglasses and a hat would be recommended to protect from sunlight exposure during travel. Please do not forget to take your regular prescription medication, as well as a copy of the prescription(s) if necessary.

Please note that you will have accident insurance while traveling on the seminar bus provided by the bus company.

9. ELECTRICITY

The electricity in Turkey is 220 / 230 volts AC at 50Hz. Recommended plugs are 2-pin round.

10. BUS

The bus is 2008 model Mitsubishi Safir with AC, WC, refrigerator, TV, VDC player and speaker system.

11. OTHERS

Photo hunting contest: Do not forget to bring your digital camera (and interface cables). A photography contest will be conducted in two categories (details to be explained during the first day of the course). Wait and hear the big surprise…

Gala dinner is organized for day 6, Saturday 6 June at 20:00 in Karaburun, Izmir.

Swimming: IF you wish to swim, do not forget to bring your swimming suit(s) especially for Karaburun.

United Nations declares 2009 the International Year of Astronomy.

Moon phases will be as follows during the meeting days (full moon on the June 7th):

<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 31</td>
<td>June 1</td>
<td>June 2</td>
<td>June 3</td>
<td>June 4</td>
<td>June 5</td>
<td>June 6</td>
<td>June 7</td>
</tr>
</tbody>
</table>

Between 31 May-7 June, sun will rise at approx. 04:35 and set at approx 19:40 on course route.