Influenza Update N° 383

21 December 2020, based on data up to 06 December 2020

Information in this report is categorized by influenza transmission zones, which are geographical groups of countries, areas or territories with similar influenza transmission patterns. For more information on influenza transmission zones, see: https://www.who.int/influenza/surveillance_monitoring/updates/Influenza_Transmission_Zones20180914.pdf

Summary

▪ The current influenza surveillance data should be interpreted with caution as the ongoing COVID-19 pandemic has influenced to varying extents health seeking behaviours, staffing/routines in sentinel sites, as well as testing priorities and capacities in Member States. The various hygiene and physical distancing measures implemented by Member States to reduce SARS-CoV-2 virus transmission have likely played a role in reducing influenza virus transmission.

▪ Globally, despite continued or even increased testing for influenza in some countries, influenza activity remained at lower levels than expected for this time of the year.

▪ In the temperate zone of the northern hemisphere, influenza activity remained below inter-seasonal levels, though sporadic detections of influenza A and B viruses were reported in some countries.

▪ In the temperate zone of the southern hemisphere, influenza activity was reported at inter-seasonal level.
In the Caribbean and Central American countries, sporadic influenza B detections were reported in recent weeks. Severe acute respiratory infection (SARI) activity, likely due to COVID-19, was elevated in some reporting countries.

In tropical South America, there were no influenza detections in this reporting period.

In tropical Africa, influenza activity continued to be reported in Western Africa.

In Southern Asia, no influenza detections were reported.

In South East Asia, influenza detections of predominately influenza A(H3N2) continued to be reported in Lao People’s Democratic Republic (PDR).

Worldwide, influenza A and B viruses were detected in similar proportions.

National Influenza Centres (NICs) and other national influenza laboratories from 87 countries, areas or territories reported data to FluNet for the time period from 23 November 2020 to 06 December 2020 (data as of 2020-12-21 10:42:23 UTC). The WHO GISRS laboratories tested more than 204150 specimens during that time period. A total of 385 specimens were positive for influenza viruses, of which 189 (49.1%) were typed as influenza A and 196 (50.9%) as influenza B. Of the sub-typed influenza A viruses, 16 (19.3%) were influenza A(H1N1)pdm09 and 67 (80.7%) were influenza A(H3N2). Of the characterized B viruses, 3 (10.3%) belonged to the B-Yamagata lineage and 26 (89.7%) to the B-Victoria lineage.

During the COVID-19 pandemic, WHO encourages countries to continue routine influenza surveillance, test samples from influenza surveillance sites for influenza and SARS-CoV-2 viruses where resources are available and report epidemiological and laboratory information in a timely manner to established regional and global platforms. Updated considerations for addressing disruptions in the influenza sentinel surveillance and extending to include COVID-19 wherever possible are available in the interim guidance, Maintaining surveillance of influenza and monitoring SARS-CoV-2 – adapting Global Influenza surveillance and Response System (GISRS) and sentinel systems during the COVID-19 pandemic. Updated algorithms for testing of both influenza and SARS-CoV-2 for surveillance are also included.

For more detailed information, see the Influenza reports from WHO Regional Offices:

- WHO Region of the Americas (AMRO): [www.paho.org/influenzareports](http://www.paho.org/influenzareports)
- WHO Western Pacific Region (WPRO): [https://www.who.int/westernpacific/emergencies/surveillance/seasonal-influenza](https://www.who.int/westernpacific/emergencies/surveillance/seasonal-influenza)
- EuroMOMO Bulletin: [https://www.euromomo.eu](https://www.euromomo.eu)

Countries in the temperate zone of the northern hemisphere

- In the temperate zones of the northern hemisphere, influenza activity remained at inter-seasonal level overall.
In the countries of North America, influenza activity indicators, including the percent of tests positive for influenza and influenza like illness (ILI) activity, were at very low levels, despite testing at usual or increased levels. In the United States of America, the percentage of deaths attributed to pneumonia, influenza or COVID-19 increased and was above the epidemic threshold for pneumonia and influenza mortality established from historical data.

In Europe, influenza activity remained at inter-seasonal levels though sporadic detections of influenza A and B viruses were reported across reporting countries. Syndromic surveillance reporting resumed from many countries. Respiratory illness indicators slightly increased in some reporting countries, likely related to SARS-CoV-2 circulation. Rhinovirus activity was reported in some countries performing surveillance for other respiratory viruses. Pooled mortality estimates from the EuroMOMO network showed an increase in excess mortality in some countries and mainly in persons aged 45 years and older.

In Central Asia, sporadic influenza B detections were reported across reporting countries.

In Northern Africa, there were no influenza reports for this period.

In Western Asia, influenza activity remained at inter-seasonal level and ILI activity remained low overall. In Saudi Arabia, SARI activity decreased and sporadic detections of influenza A(H1N1)pdm09 and B viruses continued to be reported.

In East Asia, influenza illness indicators and influenza activity remained at inter-seasonal levels in most reporting countries. ILI activity was at or below usual levels in China for this time of the year, with a few influenza virus detections reported in Southern China.

**Number of specimens positive for influenza by subtype in the northern hemisphere**

![Graph showing influenza activity by subtype](image)

_Data source_: FluNet (www.who.int/toolkits/flunet). Global Influenza Surveillance and Response System (GISRS)
_Data generated on 17/12/2020_
Countries in the tropical zone

Tropical countries of Central America, the Caribbean and South America

- In the Caribbean and Central American countries, sporadic influenza B detections were reported in Mexico. SARI cases returned to extraordinary level in Costa Rica and Honduras, likely related to elevated SARS-CoV-2 circulation.
- In the tropical countries of South America, no influenza detections were reported across reporting countries. SARI activity appeared to decrease but remaining at moderate levels in Ecuador, likely related to SARS-CoV-2 circulation.

Tropical Africa

- In Western Africa, co-circulation of influenza A(H3N2) and B-Victoria lineage viruses continued to be reported in Côte d’Ivoire.
- In Middle Africa, there were no influenza updates for this reporting period.
- In Eastern Africa, no influenza detections were reported for this period.

Tropical Asia

- In Southern Asia, there were no influenza detections for this reporting period. ILI and SARI rates continued to increase in Afghanistan. ILI levels remained elevated also in Bangladesh.
- In South East Asia, influenza activity of predominately influenza A(H3N2) continued to be reported across reporting countries. In Lao PDR, ILI and SARI rates remained elevated and influenza detections continued to be reported. Influenza detections were reported in Timor-Leste in recent weeks.

Countries in the temperate zone of the southern hemisphere

- In the temperate zones of the southern hemisphere, influenza activity remained at inter-seasonal level.
- In Oceania, ILI and other influenza activity indicators remained very low, despite continued testing. Respiratory syncytial virus (RSV) continued to circulate at high level in parts of Australia.
- In South Africa, no influenza viruses were detected in ILI and pneumonia samples from sentinel sites. RSV activity decreased to below the epidemic threshold.
- In temperate South America, no influenza detections were reported across reporting countries. SARI activity was reported at moderate and high level in Argentina and Paraguay, respectively.
Number of specimens positive for influenza by subtype in southern hemisphere

Data source: FluNet (www.who.int/toolkits/flunet). Global Influenza Surveillance and Response System (GISRS)
Data generated on 17/12/2020

Sources of data

The Global Influenza Programme monitors influenza activity worldwide and publishes an update every two weeks. The updates are based on available epidemiological and virological data sources, including FluNet (reported by the WHO Global Influenza Surveillance and Response System), FluID (epidemiological data reported by national focal points) and influenza reports from WHO Regional Offices and Member States. Completeness can vary among updates due to availability and quality of data available at the time when the update is developed.

Seasonal influenza reviews: A review of the 2019 influenza season in the southern hemisphere, was published in January 2020 and can be found here:
https://extranet.who.int/iris/restricted/bitstream/handle/10665/330368/WER9501-02-eng-fre.pdf

Epidemiological Influenza updates:
http://www.who.int/influenza/surveillance_monitoring/updates/latest_update_GIP_surveillance

Virological surveillance updates: http://www.who.int/influenza/gisrs_laboratory/updates/summaryreport

Virological surveillance updates archives: http://www.who.int/influenza/gisrs_laboratory/updates/

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