ANTIBIOTIC RESISTANCE
WHAT HEALTH WORKERS CAN DO

Antibiotic resistance happens when bacteria change and become resistant to the antibiotics used to treat the infections they cause.

1. Prevent infections by ensuring your hands, instruments and environment are clean
2. Keep your patients’ vaccinations up to date
   - If you think a patient might need antibiotics, where possible, test to confirm and find out which one
3. Only prescribe and dispense antibiotics when they are truly needed
4. Prescribe and dispense the right antibiotic at the right dose for the right duration

www.who.int/drugresistance
#AntibioticResistance