## Mental Health ATLAS 2017 Member State Profile

### Afghanistan

| Total population (UN official estimate)/ | 31,734,456  
| WHO Region: | EMF  
| Income group: | Low income  
| Total mental health expenditure per person (reported currently) | 0.12 USD  

### MENTAL HEALTH SYSTEM GOVERNANCE

#### Mental health policy / plan

- **Stand-alone policy or plan for mental health:** Yes  
- **Year of policy / plan:** 2016  
- **The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored:** Yes  
- **Policy / plan is in line with human rights treaties:** Yes  
- **Plan or strategy for child and/or adolescent mental health:** Yes  
- **Year of policy / plan:** 2016

### Multisectoral Collaboration

There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups.

### RESOURCES FOR MENTAL HEALTH

**Mental health financing**

- The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country: Yes

**Mental health workforce (rate per 100'000 population)**

- Psychiatrists: 0.23
- Child psychiatrists: None or not reported
- Other specialist doctors: 0.15
- Mental health nurses: 0.10
- Psychologists: 0.10
- Social workers: None or not reported
- Occupational therapists: None or not reported
- Speech therapists: None or not reported
- Other paid mental health workers: 0.68

### MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

#### Outpatient care (total facilities)

<table>
<thead>
<tr>
<th>Facility type</th>
<th>Number of visits made by service users in the last year in mental health outpatient facilities (e.g. day care)</th>
<th>Rate per 100,000 population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental health outpatient facilities attached to a hospital</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>&quot;Community-based / non-hospital&quot; mental health outpatient facility</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Other outpatient facility (e.g. Mental health day care or treatment facility)</td>
<td>None or not reported</td>
<td></td>
</tr>
<tr>
<td>Outpatient facility specifically for children and adolescents (including services for developmental disorders)</td>
<td>None or not reported</td>
<td></td>
</tr>
<tr>
<td>Other outpatient services for children and adolescents (e.g. day care)</td>
<td>None or not reported</td>
<td></td>
</tr>
</tbody>
</table>

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</tr>
</thead>
<tbody>
<tr>
<td>Mental hospitals</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Psychiatric units in general hospitals</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Forensic inpatient units</td>
<td>None or not reported</td>
<td></td>
</tr>
<tr>
<td>Residential care facilities</td>
<td>None or not reported</td>
<td></td>
</tr>
</tbody>
</table>

#### Mental hospitals

- Admissions that are involuntary: 2,687
- Follow-up of people with mental disorder discharged from hospital in the last year: 100%

#### Treated prevalence (total cases)

- Treated cases of severe mental disorder: None or not reported

### MENTAL HEALTH PROMOTION AND PREVENTION

**Existence of at least two functioning programmes**

<table>
<thead>
<tr>
<th>Programme examples</th>
<th>Category of programme</th>
<th>Scope of programme</th>
<th>Programme Management</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental Health Awareness</td>
<td>Mental health awareness/prevention/anti-stigma</td>
<td>National</td>
<td>Jointly managed</td>
</tr>
<tr>
<td>Suicide prevention</td>
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<td>National</td>
<td>Jointly managed</td>
</tr>
</tbody>
</table>

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Note: Suicide mortality rate - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.