Mental Health ATLAS 2017 Member State Profile

Angola

**Total population (UN official estimate)**  
27,859,305

**WHO Region:**  
Afr

**Income group:**  
Upper middle-income

**Total mental health expenditure per person (reported currency):**  
Not reported

**Availability / status of mental health reporting:**  
A specific report focusing on mental health activities in the public sector only has been published by the Health Department or any other responsible government unit in the last two years.

**MENTAL HEALTH SYSTEM GOVERNANCE**

**Mental health policy / plan**  
Stand-alone policy or plan for mental health:  
No or not reported  
(Year of policy / plan):  
No or not reported

**Mental health legislation**  
Stand-alone law for mental health:  
No or not reported  
(Year of law):  
No or not reported

**Policy / plan in line with human rights covenants**  
The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights standards:  
None or not reported

**Plan or strategy for child and/or adolescent mental health**  
Yes  
(Year of policy / plan):  
None or not reported

**Multisectoral Collaboration**

There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups

**No**

**RESOURCES FOR MENTAL HEALTH**

**Mental health financing**

The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country:  
Yes

How the majority of persons with mental disorders pay for mental health services:  
Persons pay nothing at the point of service use (fully insured)

The government’s total expenditure on mental health as % of total government expenditure:  
None or not reported

**Human resources for mental health**

Total number of mental health professionals (gov. and non-gov.):  
414

Total mental health workers per 100,000 population:  
1.49

Total number of child psychiatrist (gov. and non-gov.):  
2

**Mental health workforce (rate per 100,000 population)**

Psychiatrists:  
0.06

Child psychiatrists:  
0.01

Other specialist doctors:  
0.03

Mental health nurses:  
0.66

Psychologists:  
0.18

Social workers:  
0.02

Speech therapists:  
0.01

Outpatient care (total facilities)

<table>
<thead>
<tr>
<th>Mental health outpatient facilities attached to a hospital</th>
<th>None or not reported</th>
<th>Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital:</th>
</tr>
</thead>
<tbody>
<tr>
<td>&quot;Community-based / non-hospital&quot; mental health outpatient facility</td>
<td>None or not reported</td>
<td>Number of visits made by service users in the last year in &quot;Community-based / non-hospital&quot; mental health outpatient facility:</td>
</tr>
<tr>
<td>Other outpatient facility (e.g. Mental health day care or treatment facility)</td>
<td>None or not reported</td>
<td>Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility):</td>
</tr>
<tr>
<td>Outpatient facility specifically for children and adolescents (including services for developmental disorders)</td>
<td>None or not reported</td>
<td>Number of visits made by service users in the last year in other outpatient facility specifically for children and adolescents:</td>
</tr>
<tr>
<td>Other outpatient services for children and adolescents (e.g. day care)</td>
<td>None or not reported</td>
<td>Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents:</td>
</tr>
</tbody>
</table>

Inpatient care (total facilities)

<table>
<thead>
<tr>
<th>Mental hospitals</th>
<th>3</th>
<th>Mental hospital beds / annual admissions:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psychiatric units in general hospitals:</td>
<td>1</td>
<td>General hospital psychiatry unit beds / annual admissions:</td>
</tr>
<tr>
<td>Forensic inpatient units:</td>
<td>1</td>
<td>Forensic inpatient unit beds / annual admissions:</td>
</tr>
<tr>
<td>Residential care facilities:</td>
<td>4</td>
<td>Residential care beds / annual admissions:</td>
</tr>
<tr>
<td>Inpatient facility specifically for children and adolescents</td>
<td>None or not reported</td>
<td>Child and adolescent specific inpatient beds / annual admissions:</td>
</tr>
</tbody>
</table>

Mental hospitals

<table>
<thead>
<tr>
<th>Total number of inpatients</th>
<th>1,711</th>
<th>Inpatients staying less than 1 year:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Admissions that are involuntary</td>
<td>202</td>
<td>Inpatients staying 1-5 years:</td>
</tr>
<tr>
<td>Follow-up of people with mental disorder discharged from hospital in the last year</td>
<td>More than 75% of discharged inpatients received a follow-up outpatient visit within one month</td>
<td>Inpatients staying more than 5 years:</td>
</tr>
</tbody>
</table>

Treated prevalence (total cases)

| Treated cases of severe mental disorder | 15,967 | Treated cases of severe mental disorder: |

**MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE**

**MENTAL HEALTH PROMOTION AND PREVENTION**

Existence of at least two functioning programmes  
Yes

Existence of a suicide prevention strategy (i.e. as a stand-alone document or as an integrated element of the national policy/plan adopted by government)  
No

**Programme examples**

**Category of programme**

Mental health awareness/prevention/anti-stigma

**Scope of programme**

National

**Programme Management**

Government

**Notes**

1. UN World Population Prospects, 2015; http://esa.un.org/unpd/wpp/
3. https://www.who.int/mental_health/mental_health_daycare_or_treatment_facility/en/
4. Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.