United Arab Emirates

**Mental Health ATLAS 2017 Member State Profile**

| Total population (UN official estimate) | 8,134,302 |
| WHO Region: | EMR |
| Income group: | High income |
| Total mental health expenditure per person (reported currency): | Not reported |
| Availability / status of mental health reporting | A specific report focusing on mental health activities in the public sector only has been published by the Health Department or any other responsible government unit in the last two years |

### Mental Health Legislation

- Stand-alone law for mental health: Yes
- (Year of law): 2016
- The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights: Yes
- Law is in line with human rights covenants: Yes
- Self-ratings of mental health legislation: 5
- Jointly managed: Yes
- (self-rated 5-point checklist score; 5 = fully in line) 5

### Mental Health Policy/Plan

- Stand-alone policy or plan for mental health: Yes
- (Year of policy/plan): 2016
- The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored: Yes
- Policy/plan in line with human rights covenants: Yes
- (well-rated 5-point checklist score; 5 = fully in line) 5
- Plan or strategy for child and/or adolescent mental health: Yes
- (Year of policy / plan): 2016

### Multisectoral Collaboration

There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups: No

### Resources for Mental Health

**Mental Health Financing**

- The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country: Yes
- Persons pay nothing at the point of service-use (fully insured): 0.0%

**Mental Health Workforce (data per 100 000 population)**

- Psychiatrists: 1.65
- Child psychiatrists: None or not reported
- Other specialist doctors: None or not reported
- Mental health nurses: 4.27
- Psychologists: 0.76
- Social workers: 0.16
- Speech therapists: 0.07
- Occupational therapists: 0.84

**Mental Health Awareness/prevention/anti-stigma**

- Suicide mortality rate (per 100,000 population): 9.15
- Suicide mortality rate (self-rated 5-point checklist score; 5 = fully in line) 9.15

**Mental Health Service Availability and Uptake**

**Outpatient care (total facilities)**

- Mental health outpatient facilities attached to a hospital: 10
  - Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital: 1,476.6
- "Community-based / non-hospital" mental health outpatient facility: 31
  - Number of visits made by service users in the last year in "Community-based / non-hospital" mental health outpatient facility: 69
- Other outpatient facility (e.g. Mental health day care or treatment facility): None or not reported
  - Number of visits made by service users in the last year in other outpatient facility (e.g. Mental Health day care or treatment facility): None or not reported
- Outpatient facility specifically for children and adolescents (including services for developmental disorders): 7
  - Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders): None or not reported
- Other outpatient services for children and adolescents (e.g. day care): None or not reported
  - Number of visits made by service users in the last year in other outpatient services for children and adolescents (e.g. day care): None or not reported

**Inpatient care (total facilities)**

- Mental hospitals: 13
  - Number of inpatients: 68
    - Number of admissions that are involuntary: None or not reported
    - Percentage of discharges from hospital in the last year: 38.2%
  - Mental hospitals (length of stay):
    - Inpatients staying less than 1 year: 13.8%
    - Inpatients staying 1-5 years: 8.8%
    - Inpatients staying more than 5 years: 18.2%
- Psychiatric units in general hospitals: 5
  - General hospital psychiatric unit beds / annual admissions: 2.93 / 1.08
- Forensic inpatient units: 2
  - Forensic inpatient unit beds / annual admissions: None or not reported
- Residential care facilities: 3
  - Residential care beds / annual admissions: None or not reported
- Inpatient facility specifically for children and adolescents: None or not reported
  - Number of admissions that are involuntary: None or not reported
  - Child and adolescent specific inpatient beds / annual admissions: None or not reported

**Mental Health Promotion and Prevention**

- Suicide mortality rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.

**In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or is zero.**

**Existence of at least two functioning programmes**

- Yes

**Programme examples**

- **Mental Health Awareness for RTA drivers**
- **Workplace mental health promotion**
- **Mental Health ATLAS 2017 Member State Profile**

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* UN World Population Prospects, 2015; http://esa.un.org/unpd/wpp/
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* WHO, 2018: World Health Statistics data visualisation dashboard; http://apps.who.int/gho/data/
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* WHO, 2018: World Health Statistics data visualisation dashboard; http://apps.who.int/gho/data/
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