# Mental Health ATLAS 2017 Member State Profile

## Burundi

**Total population (UN official estimate):** 10,198,270

**WHO Region:** Africa

**Income group:** Low income

**Total mental health expenditure per person (reported currency):** 16,678.87 BIF

**Burden of mental disorders (WHO official estimates):**

- Disability-adjusted life years (per 100,000 population): 3,014.33
- Suicide mortality rate (per 100,000 population): 9.1

**Mental Health System Governance**

<table>
<thead>
<tr>
<th>Mental health policy / plan</th>
<th>Mental health legislation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes (Year of policy / plan: 2015)</td>
<td>None or not reported (Year of law: None or not reported)</td>
</tr>
</tbody>
</table>

**The mental health policy / plan contains specified indicators or targets against which its implementation can be monitored (self-rated 5-point checklist score; 5 = fully in line):** 3

**Plan or strategy for child and/or adolescent mental health (Year of policy / plan):** Yes 2015

**Multisectoral Collaboration**

- There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups: No

## Resources for Mental Health

**The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country:** Yes

**How the majority of persons with mental disorders pay for mental health services:** Persons pay mostly or entirely out of pocket for services and medicines

**The government’s total expenditure on mental health as % of total government health expenditure:** 0.20%

**Human Resources for Mental Health**

- **Total number of mental health professionals (gov. and non-gov.):** 70
- **Total mental health workers per 100,000 population:** 0.09
- **Total number of child psychiatrist (gov. and non-gov.):** None or not reported
- **Other paid mental health workers:** None or not reported

## Mental Health Service Availability and Uptake

<table>
<thead>
<tr>
<th>Outpatient care (total facilities)</th>
<th>Outpatient care (per 100,000 population)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental health outpatient facilities attached to a hospital: 1</td>
<td>Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital: 6.58</td>
</tr>
<tr>
<td>&quot;Community-based / non-hospital&quot; mental health outpatient facility: None or not reported</td>
<td>Number of visits made by service users in the last year in &quot;Community-based / non-hospital&quot; mental health outpatient facility: None or not reported</td>
</tr>
<tr>
<td>Other outpatient facility: 3</td>
<td>Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility): 25.64</td>
</tr>
<tr>
<td>Outpatient facility specifically for children and adolescents (including services for developmental disorders): None or not reported</td>
<td>Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders): None or not reported</td>
</tr>
<tr>
<td>Other outpatient services for children and adolescents (e.g. day care): None or not reported</td>
<td>Number of visits made by service users in the last year in other outpatient facilities specifically for children and adolescents (e.g. day care): None or not reported</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Inpatient care (total facilities)</th>
<th>Inpatient care (per 100,000 population)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental hospital: 1</td>
<td>Inpatient beds / annual admissions 1.18 / 3.49</td>
</tr>
<tr>
<td>Psychiatric units in general hospitals: None or not reported</td>
<td>General hospital psychiatric unit beds / annual admissions None or not reported / None or not reported</td>
</tr>
<tr>
<td>Forensic inpatient units: None or not reported</td>
<td>Forensic inpatient unit beds / annual admissions None or not reported / None or not reported</td>
</tr>
<tr>
<td>Residential care facilities: None or not reported</td>
<td>Residential care beds / annual admissions None or not reported / None or not reported</td>
</tr>
<tr>
<td>Inpatient facility specifically for children and adolescents: None or not reported</td>
<td>Child and adolescent specific inpatient beds / annual admissions None or not reported / None or not reported</td>
</tr>
</tbody>
</table>

**Mental hospitals**

- **Total number of inpatients:** 356
- **Admissions that are involuntary:** None or not reported
- **Follow-up of people with mental disorder discharged from hospital in the last year:** 20% or less of discharged inpatients received a follow-up outpatient visit within one month
- **Inpatients staying less than 1 year:** 82.3%
- **Inpatients staying 1-5 years:** 16.0%
- **Inpatients staying more than 5 years:** 0.8%

**Treated prevalence (total cases):** 2,515

**Treated cases of severe mental disorder:** 24.66

## Mental Health Promotion and Prevention

**Existence of at least two functioning programmes:** No (or not reported)

**Programme examples:***

- Depression screening and treatment
- Substance abuse treatment

**Scope of programme:** Mental health awareness/prevention/anti-stigma

**Programme Management:** National

---

* World Health Statistics; data visualization dashboard: https://apps.who.int/gho/data/
* Suicide mortality rate - computed using standard categories, definitions and methods - are reported by Service users over time and between countries, and may not be an official national estimate.