## Mental Health ATLAS 2017 Member State Profile

**Bhutan**

| Total population (UN official estimate) |  
| WHO Region | Lower middle-income |
| Total mental health expenditure per person (reported currency) |  
| Burden of mental disorders (WHO official estimates) |  
| Disability-adjusted life years (per 100,000 population) |  
| Suicide mortality rate (per 100,000 population) |  

### MENTAL HEALTH SYSTEM GOVERNANCE

**Mental health policy / plan:** 
- Yes
- 2015

**Mental health legislation:** 
- Stand-alone law for mental health: None or not reported
- (Year of law): None or not reported
- The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights: Does not exist
- Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): 2
- Plan or strategy for child and/or adolescent mental health: None or not reported

**Multilateral Collaboration:**
- There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups No

### RESOURCES FOR MENTAL HEALTH

**Mental health financing:**
- No

**Mental health workforce (rate per 100’000 population):**
- Psychiatrists: 0.51
- Child psychiatrists: None or not reported
- Other specialist doctors: None or not reported
- Mental health nurses: 0.13
- Psychologists: None or not reported
- Social workers: None or not reported
- Speech therapists: None or not reported
- Other paid mental health workers: None or not reported

### MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

**Outpatient care (total facilities):**
- Mental health outpatient facilities attached to a hospital: 28
- Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital: None or not reported
- “Community-based / non-hospital” mental health outpatient facility: None or not reported
- Other outpatient facility (e.g. Mental health day care or treatment facility): None or not reported
- Outpatient facility specifically for children and adolescents (including services for developmental disorders): None or not reported
- Other outpatient services for children and adolescents (e.g. day care): None or not reported

**Outpatient care (per 100,000 population):**
- Mental hospital beds / annual admissions: None or not reported
- General hospital psychiatric unit beds / annual admissions: None or not reported
- Forensic inpatient unit beds / annual admissions: None or not reported
- Residential care beds / annual admissions: None or not reported
- Child and adolescent specific inpatient beds / annual admissions: None or not reported

**Inpatient care (total facilities):**
- Mental hospital: None or not reported
- Psychiatric units in general hospitals: 1
- Forensic inpatient units: None or not reported
- Residential care facilities: None or not reported
- Inpatient facility specifically for children and adolescents: None or not reported

**Inpatient care (per 100,000 population):**
- Mental hospital beds / annual admissions: None or not reported
- General hospital psychiatric unit beds / annual admissions: None or not reported
- Forensic inpatient unit beds / annual admissions: None or not reported
- Residential care beds / annual admissions: None or not reported
- Child and adolescent specific inpatient beds / annual admissions: None or not reported

**Mental hospitals:**
- Total number of inpatients: None or not reported
- Admissions that are involuntary: None or not reported
- Follow-up of people with mental disorder discharged from hospital in the last year: None or not reported
- More than 75% of discharged inpatients received follow-up outpatient visit within one month: None or not reported

**Treated prevalence (total cases):**
- Treated cases of severe mental disorder: None or not reported

**Mental health promotion and prevention:**
- Existence of at least two functioning programmes: Yes
- Programme examples: None or not reported
- Category of programme: None or not reported
- Scope of programme: None or not reported
- Programme management: None or not reported

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**Notes:**
- *Suicide mortality rate - computed using standard categories, definitions and methods - are reported by facilitators in comparison over time and between countries, and may not be the same as official national estimates.
- A specific report focusing on mental health activities in the public sector only has been published by the Health Department or any other responsible government unit in the last two years.
- In case a mental health workforce appears as 0.0, it has either not been reported by the Member State or area.