Iran, Islamic Republic of

Mental Health ATLAS 2017 Member State Profile

| Total population (UN official estimate): 6 | 78,389,407 |
| WHO Region: | EMR |
| Income group: | Lower middle income |
| Total mental health expenditure per person (reported currently): | Rial |
| Availability / status of mental health reporting: | Not reported |

Mental Health System Governance

Mental Health Legislation

- Stand-alone policy or plan for mental health: Yes
- (Year of policy / plan): 2015
- Mental health policy / plan contains specified indicators or targets against which its implementation can be monitored: Yes
- Policy / plan is in line with human rights covenants: 4
- Plan or strategy for child and/or adolescent mental health: Yes

- (Year of policy / plan): 2015

Multidisciplinary Collaboration

Yes

Resources for Mental Health

Mental Health Financing

- The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country: Yes
- How the majority of persons with mental disorders pay for mental health services: Persons pay 20%-100% of mental health services and nothing at point of use (psychiatric medicines)
- The government’s total expenditure on mental health as % of total government health expenditure: None or not reported

Mental Health Workforce (rate per 100,000 population)

- Psychiatrists: 2.02
- Child psychiatrists: 0.15
- Other specialist doctors: 0.63
- Mental health nurses: 9.45
- Psychologists: 5.17
- Social workers: 1.54
- Speech therapists: 0.63
- Other paid mental health workers: None or not reported

Outpatient Care (total facilities)

- Mental health outpatient facilities attached to a hospital: Yes
- “Community-based / non-hospital” mental health outpatient facility: 3.75
- Other outpatient facility (e.g. Mental health day care or treatment facility): 142
- Outpatient facility specifically for children and adolescents (including services for developmental disorders): 26
- Other outpatient services for children and adolescents (e.g. day care): 81

Inpatient Care (total facilities)

- Mental hospitals: 30
- Psychiatric units in general hospitals: 459
- Forensic inpatient units: None or not reported
- Residential care facilities: 178
- Inpatient facility specifically for children and adolescents: 55

Mental Health Service Availability and Uptake

Outpatient Care (per 100,000 population)

- Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital: 1,197.1
- Number of visits made by service users in the last year in “Community-based / non-hospital” mental health outpatient facility: 3,961.2
- Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility): 10.71
- Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders): 78.63
- Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care): None or not reported

Inpatient Care (per 100,000 population)

- Mental hospital beds / annual admissions: 8.4
- General hospital psychiatric unit beds / annual admissions: 4.6
- Forensic inpatient unit beds / annual admissions: None or not reported
- Residential care beds / annual admissions: 11.35
- Child and adolescent specific inpatient beds / annual admissions: 0.23

Mental Health Promotion and Prevention

Existence of at least two functioning programmes: Yes