Mental Health ATLAS 2017 Member State Profile

Jamaica

| Total population (UN official estimate): 8 | 2,677,004 | Rates of mental disorders (WHO official estimates) |
| WHO Region: | AMR | Disability-adjusted life years (per 100,000 population): 7 |
| Income group: | Upper middle income | Suicide mortality rate (per 100,000 population): 8 |
| Total mental health expenditure per person (reported currency) | JMD 1,632.7 (USD) | 4.0 |

Availability / status of mental health reporting

A specific report focusing on mental health activities in the public sector only has been published by the Health Department or any other responsible government unit in the last two years.

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy / plan

- Stand-alone policy or plan for mental health: Yes
- (Year of policy / plan): 2015
- The mental health policy / plan contains specific indicators or targets against which its implementation can be monitored: Yes
- Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): 4
- Plan or strategy for child and/or adolescent mental health (Year of policy / plan): 2015

Mental health legislation

- Stand-alone law for mental health: Yes
- (Year of law): 1099
- The existence of a dedicated authority or independent body to assess compliance of mental health legislation with international human rights: Yes
- Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): 3

Multisectoral Collaboration

There is ongoing collaboration in the area of mental health with Service users and family or caregiver advocacy groups.

Yes

RESOURCES FOR MENTAL HEALTH

Mental health financing

The care and treatment of persons with major mental disorders (psychosis, bipolar disorder, depression) included in national health insurance or reimbursement schemes in your country: None or not reported

How the majority of persons with mental disorders pay for mental health services: None or not reported

The government’s total expenditure on mental health as % of total government expenditure health: None or not reported

Human resources for mental health

| Total number of mental health professionals (gov. and non-gov) | 763 |
| Total mental health workers per 100,000 population | 26.57 |
| Total number of child psychiatrists (gov. and non-gov) | 1 |

Mental health workforce (rate per 100 000 population)

- Psychiatrists: 1.15
- Child psychiatrists: 0.03
- Other specialist doctors: None or not reported
- Mental health nurses: 10.27
- Psychologists: 0.18
- Social workers: 0.45
- Speech therapists: None or not reported
- Other paid mental health workers: 14.28

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)

- Mental health outpatient facilities attached to a hospital: 16
- “Community-based / non-hospital” mental health outpatient facility: 139
- Other outpatient facility (e.g. Mental health day care or treatment facility): 5
- Outpatient facility specifically for children and adolescents (including services for developmental disorders): 20
- Other outpatient services for children and adolescents (e.g. day care): None or not reported

Outpatient care (per 100,000 population)

- Number of visits made by service users in the last year in mental health outpatient facilities attached to a hospital: None or not reported
- Number of visits made by service users in the last year in “Community-based / non-hospital” mental health outpatient facility: 4,585.0
- Number of visits made by service users in the last year in other outpatient facility (e.g. Mental health day care or treatment facility): None or not reported
- Number of visits made by service users in the last year in outpatient facility specifically for children and adolescents (including services for developmental disorders): 341.23
- Number of visits made by service users in the last year in other outpatient services specifically for children and adolescents (e.g. day care): None or not reported

Inpatient care (total facilities)

- Mental hospitals: 2
- Psychiatric units in general hospitals: 2
- Forensic inpatient units: None or not reported
- Residential care facilities: None or not reported

Inpatient care (per 100,000 population)

- Number of mental hospital beds / annual admissions: 27.86
- General hospital psychiatric unit beds / annual admissions: 1.67
- Forensic inpatient unit beds / annual admissions: None or not reported
- Residential care beds / annual admissions: None or not reported

Inpatient facility specifically for children and adolescents

- Child and adolescent specific inpatient beds / annual admissions: None or not reported

Mental hospitals (length of stay)

- Number of patients staying less than 1 year: None or not reported
- Inpatients staying 1-5 years: None or not reported
- Inpatients staying more than 5 years: None or not reported

Treated prevalence (total cases)

- Treated cases of severe mental disorder: 16,889

Treated prevalence (per 100,000 population)

- Treated prevalence (per 100,000 population): 588.07

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes

- Yes

Programme examples

- Health promotion & education in maternal & child health and general medical clinics, workplaces, churches, schools, community groups.
- PROMAC/Programme for Reduction of Maternal and Child Mortality

Category of programme

- Mental health awareness/prevention/anti-stigma
- Mental health promotion

Scope of programme

- National

Programme Management

- Government

Note: Suicide mortality rate - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.

AMR: African Mediterranean

1 WHO Regional Office, 2015 (http://www.euro.who.int/)
3 Mental Health ATLAS 2017: Mental Health ATLAS 2017 Member State Profile
5 Income group estimates: www.who.int/healthinfo/global_burden_disease
6 aWHO, 2015: World Health Statistics data visualization dashboard; http://apps.who.int/gho/data/